ACADEMY OF LEARNING
DIYA

TIDINGS

2023-2024


-By Praithuthi Rai 7C



“Education is what remains after one has forgotten what one has learned in school.”

Albert Einstein





01 Message from Diya Team

02 Annual Report

03 Events & Achievements

04 Creative Corner

05 Synergy

06 Class Photos

From the Chairman's Desk

Recently, a test flight with 80 passengers onboard made history by becoming the first to use zero paper documentation from start to finish. Biometric recognition, including digital passports, was used to manage the entire journey. This innovative approach is being pioneered by Abu Dhabi's new airport terminal, and other countries like India are already following suit.

This milestone exemplifies the rapid progress of digital technology in various aspects of life. We're witnessing significant advancements in fields like engineering, medicine, law, and literature. These developments demonstrate our growing confidence in embracing change.

At Diya School, we recognize the importance of being future-ready. We're committed to preparing our students for the challenges and opportunities ahead. Our mission requires constant updating and investment in resources, but we're dedicated to moving forward together as a community.

As educators, we've shifted from being mere knowledge distributors to inspiring curiosity and empowering our students to learn. We believe in teaching them how to 'make a meal' rather than just providing one. By doing so, we're creating a generation of lifelong learners and educators. Let's work together to make a lasting impact on future generations.

Principal's Message

Education is the cornerstone of a thriving society, and at the heart of every successful educational institution lies a clear and compelling vision. Our vision for the school is simple yet profound:
Bringing Education and Values Together where Education is not mere scores but the skill sets that a student possesses. This vision guides every decision we make, every program we implement, and every interaction we have with our students and their families.

Education is not merely about imparting knowledge; it is about shaping individuals who can contribute positively to society. While the pursuit of academic excellence is crucial, the integration of values into the education system is equally important.

The challenge lies in creating an educational environment where values and academics coexist, reinforcing each other to produce well-rounded individuals. Today, many educational systems focus heavily on academic achievements, often at the expense of moral and ethical development.

The pressure to perform well in standardized tests, secure admissions to prestigious institutions, and achieve career success can overshadow the importance of developing a strong moral compass. This imbalance can lead to a society where individuals may be highly skilled, yet lack the ethical foundation necessary to use their skills for the greater good.

At Diya, we prioritize values and skills over marks which not only prepares students for the job market but also equips them to lead meaningful lives. Students who develop critical thinking, problem-solving, and emotional intelligence are more likely to succeed in various aspects of life, from building strong relationships to making informed decisions.

Furthermore, a skills-oriented education can lead to a more innovative and adaptable workforce, capable of driving progress in a rapidly changing world. We do this through curriculum reforms as per the global needs, change in assessment methods to identify the gaps and to ensure to fill those gaps, teacher training to adapt to the changing culture, involving parents at every level of their child's academic journey and also through collaborating with the community outside.

Our students achieving success at various National and International competitions, preparing the real time projects, winning scholarships for the projects etc are the testimonials for these efforts.

Our efforts are always to contribute to the society by creating a good citizen with right skill set and the right attitude. This will help them to be ahead in every field they chose to perform.

The integration of education and values is essential for the holistic development of individuals and the betterment of society.
By fostering an environment where values and academics complement each other, we can cultivate a generation of thoughtful, responsible, and ethical leaders. It is time for educators, policymakers, and communities to work together to ensure that the pursuit of knowledge is always accompanied by the cultivation of values.
Today we are proud to say that Team Diya is in this direction and confident in creating a better future through our students!

From the Admin Head's Desk

In recent years, we have seen the increasing importance of addressing social and emotional factors in promoting a positive school culture. By fostering a culture of kindness and respect, we can prevent bullying and support positive mental health outcomes for our learners. To achieve this, we are committed to collecting and analyzing data on safety and health outcomes, enabling us to identify areas of need and develop effective interventions.

Creating a safe and healthy school environment involves more than just addressing issues like bullying, violence, and substance abuse. It requires promoting positive relationships and a strong sense of community among our learners. When students feel safe and valued, they are more likely to participate in school activities, leading to a stronger sense of belonging and connection.

Schools with robust health and wellness programs often experience better attendance rates and overall well-being among learners. By reducing absenteeism and supporting mental health, we can create an environment where all students can thrive.

However, managing school safety comes with challenges, particularly in addressing mental health issues and cyberbullying. Mental health is a critical aspect of school safety, and we are committed to providing access to mental health professionals, offering counseling services, and creating safe spaces for our learners.
Additionally, we are taking proactive steps to combat cyberbullying by promoting responsible digital behavior and ensuring that our students receive the support they need.

Looking to the future, we are excited about the prospects of advancing technology to improve safety and communication within our school. The adoption of the Whole School, Whole Community, Whole Child (WSCC) model has been a significant step forward. This comprehensive framework emphasizes the importance of addressing not only academic achievement but also the social, emotional, and physical needs of our learners.

The safety and health of our school community remain a top priority at Diya Academy of Learning. We believe that creating a safe and healthy learning environment is essential for the well-being and success of our learners and staff.

As we continue to implement health and wellness initiatives, we recognize that effective safety and health management requires the shared commitment of all members of our community, including learners, staff, parents, and community partners.

We know that a safe and healthy school environment has far-reaching benefits. Parents play a crucial role by adhering to safety protocols, and their commitment to these guidelines ensures a secure and positive school environment where our children can thrive.
By taking a holistic approach to learner health and well-being, we are committed to creating a positive school culture and promoting the success of every student.

Thank you for your continued support in making our school a safe and healthy place to learn and grow.

Head Mistress's Message

Fostering a Culture of Creativity and Critical Thinking

The creative process is a journey of discovery, a quest for new ideas and perspectives. It requires critical thinking to evaluate those ideas and choose the best ones.

In today's rapidly changing world, creativity and critical thinking are essential for success. At Diya, we're committed to fostering these vital skills in our students. Our curriculum provides a rich and diverse learning experience that encourages innovation and problem-solving.

Through inquiry-based learning, STEM education, project-based learning, and applied academics, we equip our students with the tools they need to think creatively, analyze information critically, and develop innovative solutions. By providing opportunities for exploration and experimentation, we help our students unlock their full potential and prepare for the future.

Today's competitive job market highly values creativity and critical thinking. Companies are increasingly focusing on these skills when hiring new employees and upskilling their existing workforce. Our goal is to prepare our students for a future where these skills are indispensable.

As Diya works towards fostering a culture of creativity and critical thinking, parents play an important role in many ways. Here are some suggestions.

Avoid providing ready-made answers - experience is the best teacher. Encourage your child to explore, research, and analyse information independently.

Give your child the autonomy to make decisions and solve problems on their own, whenever appropriate. While it is sometimes easier and faster to make choices for your child, there is value in giving them space to practice decision-making. You can offer guidance and support as they test out and flex their growing skills. By giving your child space to think independently and learn from their experiences, you provide them with the scaffolding to become more confident thinkers and decisive in their choices.

Embrace boredom - it can be a catalyst for creativity. Allow your child to experience boredom and let them discover their ways to entertain themselves. For example, instead of constantly providing them with structured activities, encourage them to find their creative outlets, such as drawing, writing, or building.

Involve your child in problem-solving. Discuss small issues at home and see if your child has any innovative solutions. Remember, what may seem like a big problem to you as an adult might be a simple challenge for your child. For example, if you're struggling to organize your child's toys, ask them for their ideas on how to keep their room tidy. You might be surprised by their creative and practical suggestions.

As you make decisions throughout the day, talk through your process aloud with your child. By voicing your thoughts, you are letting your child in on the way you are evaluating options, making decisions, and thinking about the information you receive. Taking this approach will model to your child the critical thinking they are developing for themselves. For example, when planning a family vacation, critical thinking involves gathering information about potential destinations, analyzing the pros and cons of each option, considering alternatives, and evaluating the evidence.

By asking questions like "How do the costs compare?" and "What activities are available?", you can make an informed decision that aligns with your family's interests and preferences. This process demonstrates the ability to think critically and make sound judgments.

Avoid fighting your child's battles. Allow them to analyze the situation and come up with a solution without harming the sentiments of their friends. For example, if your child is having a disagreement with a classmate, encourage them to discuss the issue calmly and find a compromise.

For your child’s ideas, small achievements, or creativity, praise them immediately and explain the reason for your praise. Saying "Well done" or "Good job" is not enough. Your child should understand specifically what you are praising them for. Don't wait for the final result to offer praise. Imagine your child is trying to learn a new skill, like playing a musical instrument.

After practising for several hours, they finally master a difficult piece. You could say, "I'm so impressed with your dedication and hard work. It's amazing how much progress you've made in such a short time. Your perseverance is inspiring." This praise highlights their effort, dedication, and progress, which are all important qualities for fostering creativity and critical thinking.

Together, we can create a nurturing environment that sparks creativity and critical thinking in our students. By equipping them with these essential tools, we're paving the way for a successful and fulfilling future.

ANNUAL REPORT

2023-2024

Pre-Primary

Introduction to Pre-Primary Education

Pre-primary education at Diya Academy of Learning is the foundational stage of a child's educational journey. This critical phase, encompassing the early years from nursery to kindergarten, is designed to provide young learners with a nurturing, stimulating, and supportive environment. Our pre-primary program aims to foster holistic development, ensuring children are well-prepared for the next steps in their education.

Curriculum and Learning Approach

XSEED is a comprehensive educational program designed to enhance the learning experience of students in school. It focuses on developing critical thinking, problem-solving, and communication skills through a structured approach to teaching and learning.

XSEED Curriculum focuses on:

- Enhanced Learning Outcomes: Focus on developing higher-order thinking skills.
- Student Engagement: Hands-on activities and real-life applications make learning interesting and relevant.
- Teacher Empowerment: Continuous professional development and support.
- Parental Involvement: Regular communication and resources for parents.
- Holistic Development: Focus on the cognitive, social, and emotional development of students.

Extracurricular Activities

Overview of sports, arts, music, and other activities:

At Diya Academy of Learning, we believe that extracurricular activities play a vital role in the holistic development of our students. We strive to provide a wide range of opportunities for students to explore their interests, develop new skills, and showcase their talents.

Events and celebrations:

The Pre-primary event with parents was the highlight of the year, featuring a grand showcase of student performances in dance, music, drama, and art. Students from all grades participated enthusiastically, reflecting the cultural richness and diversity of our school.

Pre-Primary

Festival Celebrations:
We celebrated various festivals throughout the year reflecting the diverse cultural backgrounds of our students. These celebrations included special assemblies, cultural performances, and thematic decorations, fostering a sense of unity and respect for different traditions.

Monthly Competitions:
We believe that healthy competition encourages students to strive for excellence, build confidence, and develop a spirit of sportsmanship. To foster these qualities, we organize a variety of monthly competitions throughout the academic year. These competitions provide students with opportunities to showcase their talents, challenge themselves, and learn from their peers.
We invited parents to participate as judges in our monthly competitions. This initiative provided parents with a unique opportunity to engage with the school community, witness students' talents, and contribute their expertise and insights.

Field Trip:
Field trips are an essential part of our curriculum at Diya Academy of Learning, providing students with experiential learning opportunities outside the classroom. Our students enjoyed an enriching nature walk to the nearby Tree Park, where they explored the beauty of nature and learned about the importance of trees and the environment.

Graduation Day:
The PP Graduation Ceremony was a memorable event held to celebrate the achievements of our young graduates. The event was attended by students, parents, teachers, and special guests. It featured a series of speeches, performances, and the formal presentation of graduation certificates. The event celebrated the hard work and achievements of the students and set a positive tone for their future endeavours.

Primary & Secondary

Since its inception in 2005,Diya Academy of Learning has remained committed to nurturing students with 21st Century skills.
Our mission is to foster respectful, tech-savvy, responsible, and compassionate individuals.

As a school Diya is unique in many ways - like its untiring commitment towards academic excellence, its dynamic student body, an incredibly committed faculty, and a loving community where the students and families are proud and supportive of one another.

Diya's co-educational environment reflects the world in which our students will one day live and work. Beyond mastering academic disciplines, our students are taught to respect all people and things, to be honest with themselves and others, put forth maximum effort, and seek ways to support their communities

The Annual Report provides a glimpse into the various events and achievements of the school.

Highlights of the year

I)**Parent Orientations**
The new academic year began with a string of Parent Orientations as we believe in the holistic development of our students and it can only be achieved with the support and encouragement of the parents.
Hence to keep the parents well-versed with the curriculum, rules and regulations of the school, teaching methodologies,co-scholastic activities, assessments , student score card , Parents' Orientation Programmes were organized for all the classes.

II) **Workshop for Teachers**-Teaching and learning are always like two parallel lines that are bound to go together. It is always seen that the students of well-informed and skilled teachers are better than the other students. Our teachers were engaged in a week-long training session at the beginning of the academic session which helped in equipping them with the latest skills of teaching.

II) **Academic Excellence:**We are proud to report that the 2023-24 Batch of grade X students have brought laurels to the school by their excellent results.We achieved 100% results in CBSE Grade X Examination.

III) **Achievements** - Our students participated in various inter-school competitions and brought laurels to the school by winning prizes wherever they went.

IV)**Department Wise Competitions**- Subject wise competitions were conducted throughout the year which focussed on subject specific skills. Each and every student participated in these competitions and showcased their talents.

V)**AA**- Diya introduced Applied Academics as a part of curriculum. We believe in imparting knowledge along with skills to prepare our students for the future. Our applied academics curriculum focuses on building 21 st century skills. For the tech savvy future, we prepare our students through experiential learning. Activities based on problem solving, creative thinking, mechanics,electronics, robotics and data science help the students prepare themselves for the future.Additionally, math and science concepts are taught using hands-on activities, to have a strong understanding of the important concepts.

VI) **Counseling Cell** - Diya has full time dedicated school counselors who cater to the needs of the students on a regular basis.

VII)**External Exams**- Our students participated in external exams like Olympiads and Spellbee throughout the year and won many awards.

EVENTS REPORT

2023-2024

Pre-Primary Events

ENVIRONMENT DAY (JUNE 5TH)

The students and staff of Diya celebrated World Environment Day with great enthusiasm. The objective of the celebration was to raise awareness about the environment, the protection of nature and the planet earth.
There were speeches highlighting the importance of the day, making conscious choices and using environment friendly products and promoting recycling initiatives in our communities.

Through a presentation students were made aware about the importance that the environment has in everyone's lives. There were thematic dances and skits which showed the adverse effects of taking the environment for granted. It was followed by an Environment Day march in which each student expressed their need for a clean environment and a strong revelation that it is only the planet Earth that we all have in common. The celebration ended with the students taking a pledge to take proactive steps towards protecting and preserving the planet.

Our students were successful in spreading the message that each day should be celebrated as Environment Day with everyone doing their bit to save our beautiful world.

MONTHLY COMPETITION (JUNE 23RD)
Colours speak all languages and the little ones have always been fantasized about colours. In order to give wings to the imagination of the students a Colouring Competition was organized for PP 1 and 2 and a Drawing and Colouring Competition was organized for our PP 3 students.

The Competition provided an ideal platform for the students to showcase their artistic skills. This time we invited a few Parents as judges who were provided with rubrics for the judgement. The vivid drawings presented by the students impressed the judges

GARDENING

"Our deep respect for the land and its harvest is the legacy of generations of farmers who put food on our tables, preserved our landscape, and inspired us with a powerful work ethic." - James H Douglas Jr.

Gardening is an interesting activity for students. It is a stress free and effective way to help them learn new skills. Gardening helps them to use their imagination and creativity. Simultaneously, it develops environmental awareness in students and imparts practical skills. It helps them to understand where their food comes from and encourages them to understand the various steps involved in the process.
To foster this thought of hands-on farming we had planned the activity of sowing palak seeds in our school premises. This program was designed to allow the children to be one with their natural environment.
The little ones showed great sense of responsibility and care as they plowed the soil, sowed the seeds and watered the plants regularly. They enjoyed the process of witnessing the growth of seed into a plant.

MONTHLY COMPETITION

Best Out of Waste is a concept that promotes creativity and environmental consciousness by repurposing or upcycling discarded or unused materials to create something new and useful. Best out of waste competition was conducted for PP2 and PP3 students. The idea behind this competition was to minimize waste generation and reduce the burden on our environment. It encouraged our little ones to think, explore their artistic skills, and find innovative ways to transform trash into treasure.

This time we invited parents of Grade 1 students as judges who provided the judgement. They appreciated the artistic skills of each student and their involvement. The judges were indeed impressed with the fantastic ideas demonstrated by the students by using materials like newspapers, used plastic bottles, ropes, ice cream sticks, coconut shells etc.

A Rhyme recitation competition was conducted for PP1 students. Our talented young poets inspired everyone with their amazing recitation skills.

PP-3 DAFFODIL (SAVE OUR EARTH) JULY 29

It is very true to say that the environment is no one's property to destroy, it's everyone's responsibility to protect". Our Pre- primary-lll, Daffodil students showed how to save our earth, through their spectacular performances.
Students delivered speeches, performed dance, presented a skit and a mime about how to save our environment and combat plastic pollution.The strong message that our students spread through their performances left the parents mesmerized.

PP-3 ZINNIA (PATRIOTISM) AUGUST 19TH

Continuing the patriotic fervour from Azadi Ka Amrit Mahotsav celebrations, our Pre-primary-3 Zinnia students celebrated their patriotic day with a lot of enthusiasm on the 19th of August. There was a speech about our great freedom fighters and their sacrifices.
Students also performed a skit which reminded us about the days of freedom struggle and the hard earned independence.
The cultural and the patriotic dances as well as the patriotic songs presented by the students were mesmerizing.
The spirit of patriotism was evident all over the program and the confidence with which the tiny tots presented the different items truly amazed everyone.

ONAM CELEBRATION(AUG 30TH)

Onam is a traditional harvest festival celebrated in the Indian state of Kerala. It's a vibrant and colorful festival that usually falls in the month of August or September.
During the celebration, students and teachers created beautiful flower rangoli designs called "Pookkalam". These designs are made using colorful flowers and are often quite intricate. Symbolizing the welcoming of King Mahabali, a legendary ruler associated with the festival.

Our preprimary students presented a cultural dance. There was a speech about the Onam festival. Students also sang traditional songs and participated in other artistic performances that showcased Kerala's rich culture and heritage. Overall, the celebration provided an opportunity for students to learn about and appreciate the cultural heritage of Kerala while engaging in festive and joyous activities.

PP3 JASMINE (JANMASHTAMI) SEP 9TH

Krishna Jayanthi or Janmashtami is the annual Hindu festival that celebrates the birth of Lord Krishna, one of the incarnations of Lord Vishnu.
Our Preprimary students celebrated Janmashtami with great fervour and zeal. PP 3 Jasmine students led the event, which was a jamboree with music, dance and kept the spirits high throughout the programme.
The event started with the speech on Krishna Janmashtami. Students were dressed in colourful attire which spread a positive vibe. Students were aware of the Krishna Janmashtami celebration etiquettes. The highlight of the event was the Achyutham Keshavam song, where students not only sang but also danced for the tune. It was a splendid performance.
Students performed skits on the birth of Krishna and about the friendship between Krishna and Sudama. They showcased their acting talents amazingly.
Their dance performances exuded divinity.
Everyone was amused by the students' performance and their confidence.A special assembly was also organized on the 7th of September in which the PrePrimary students came to school dressed up as Krishna and Radhas.
The Janmashtami celebration enabled the students to appreciate diversity, respect tradition and learn about our rich culture.

KIDEENS INTER SCHOOL COMPETITION WINNERS (SEP 12)

Our Pre- Primary students Vihana Sriram and Drishtee Jindal bagged several prizes in the inter- school competition organized by KiDeens. We extend our heartiest congratulations to them. A special thanks to the parents whose support and cooperation helped us to participate in the competition.

GANESHA CHATURTHI (SEP 15TH)

Ganesha Chaturthi is a Hindu festival that celebrates the birth of Lord Ganesha, the elephant-headed deity of wisdom and prosperity. Ganesh Chaturthi is not only a religious festival but also a cultural event. It brings communities together and promotes artistic expression through the creation of idols and decorations. The tiny tots of Diya celebrated Ganesh Chaturthi by presenting a mesmerizing show in which there was a dance, song and a beautiful skit. They also made Ganesha idols with clay. The celebration awakened the spirit of devotion and creativity amongst the students.

DUSSEHRA(OCTOBER 19TH)

"Dussehra is the festival that commemorates the victory of Lord Rama over the king Ravana. This festival also honors Goddess Durga's triumph over the demon Mahishasura. On the eve of Dussehra our Pre-Primary students showcased a cultural program. They depicted the nine avatars of Goddess Durga through a dance. Students came to know about the importance of each avatar and their wisdom. Our little champs enjoyed participating in the Dussehra celebration along with their friends and teachers.

KARATE TOURNAMENT WINNER (15TH OCTOBER)

Our young talent of Diya, Master Sai Reyansh Reddy B. S secured 2nd place in the 1st International Shima Cup Karate Tournament for the age group of 3-5, held on 15th October 2023. The event was organized by the Okinawa Shorin Matsubayashiryu Karate Do Federation Kyo Ki Yooukan of India.

PP2 TULIP (DIWALI) NOV 11TH

Diwali is celebrated with much enthusiasm as it symbolizes the victory of light over darkness and good over evil. On 11th November our pre-primary students of Diya, the Twinkling Stars of Tulip showcased their love for culture and tradition through dance, songs and various cultural programs. We were overwhelmed to invite our Diya Tulip parents to watch the spectacular show.

PP2 LOTUS(KINDNESS AND HELPFULNESS) DEC 10TH

Our pre-primary students of Lotus delivered a dazzling performance centered around the themes of kindness and helpfulness. Their thoughtful performance overwhelmed us. We would like to express our gratitude to the Parents for being a part of this extraordinary event.

PP2 COSMOS(CHRISTMAS) DEC 17TH

Our Pre-Primary shining stars delivered a stunning performance, showcasing their enthusiasm for the unique celebrations that encompass the worldwide observance of Christmas. We extend our heartfelt gratitude to the parents of our students at Cosmos for their presence, generous support, and encouragement for this grand celebration.

SANKRANTI CELEBRATION (JAN 14TH)

"Makara Sankranti is a festival typically falling on January 14 annually. This occasion signifies the transition of the sun from the Zodiac of Sagittarius to Capricorn . Kites soar in the sky, and crops are ready for harvest symbolizing joy and hope. Our pre-primary students at Diya were overwhelmed to express their enthusiasm for the tradition and culture we follow as Indians. The zeal with which the tiny tots showcased the cultural programs mesmerized all.

PP1- (FRIENDSHIP) MARCH 9TH

Our PP1 students put up a scintillating show on the theme of Friendship. It was a heartwarming moment for all our pre-primary teachers and parents to see the tiny tots pull up an outstanding performance with so much confidence. They truly enjoyed the spotlight and put in their best efforts to make the event a grand success.

PP3 GRADUATION DAY (FEB 24TH)

The Graduation Ceremony for PP3 was celebrated on Saturday, 24th February, 2024. Preprimary graduation is a special moment for the tiny tots as it is a culmination of their preschool years. It celebrates an important milestone of their lives and helps to give them a sense of accomplishment and pride.

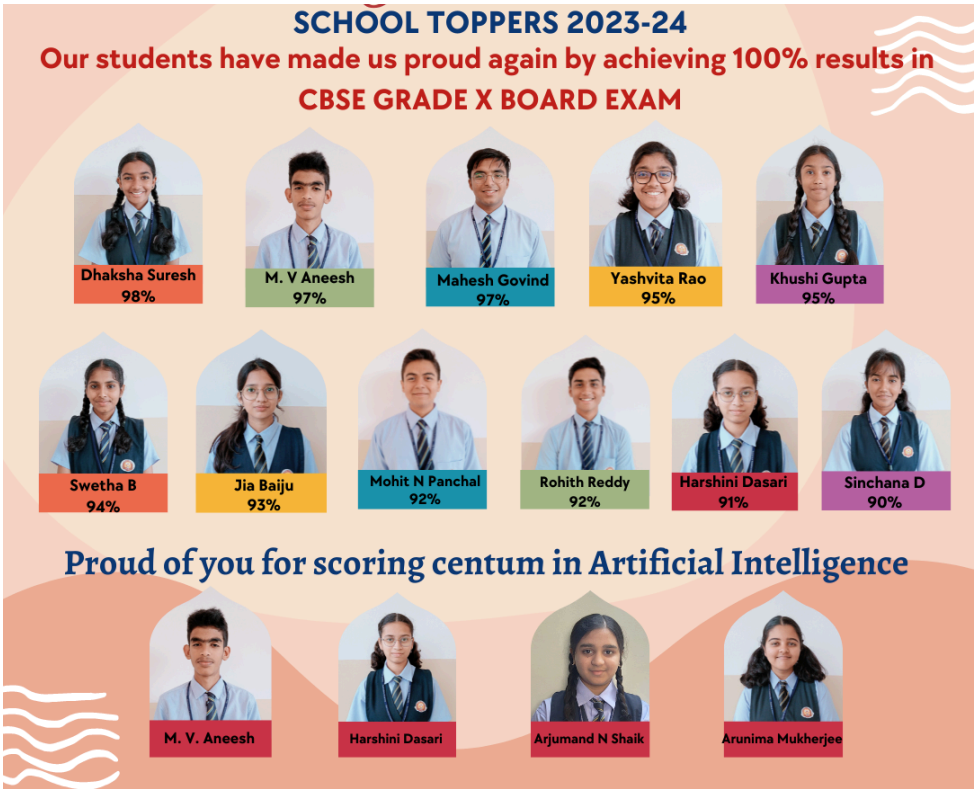
At the very onset the walk of our little graduates smartly attired in graduation robes and caps endeared all. The ceremony commenced with the lighting of the lamp and a welcome speech. It was followed by foot tapping dances by PP2 students. The graduating students presented group songs which expressed their love towards the school. Students of PP3 presented speeches highlighting their experience of preprimary years. The confidence and oratorial skills of the students impressed the audience. The graduates were presented with certificates. A video was presented which showcased their journey in school. The function ended with a Vote of Thanks.

It was a day full of excitement and our tiny tots' first step towards a future full of hopes. Team Diya extends its hearty congratulations to the little graduates as they embark on a journey of knowledge and education.

Primary & Secondary Events

1)Grade X Results

Our students scored 100% results in the CBSE Board Exams.
The school toppers are-



2)Training Session for Teachers- Money Smart Teachers

A training programme on Financial Education was organized for the teachers on 16th May. It was conducted by the National Centre for Financial Education (NCFE).
The objective of the programme was to establish a sustainable financial literacy campaign that can empower people's lives.

The session focused on the core concepts of financial literacy, banking, investments, various financial inclusion schemes, different savings, borrowings and transaction related products and services, insurance related products and services to manage risks, consumer protection and grievance redressal and an overview of financial planning.
The training programme helped the teachers to stay updated and enabled them to become " Money Smart Teachers. "

June

3) Environment Day

The students and staff celebrated World Environment Day with great enthusiasm on 5th June 2023. The objective of the celebration was to raise awareness about the environment,the protection of nature and the planet earth.There were speeches highlighting the importance of the day , making conscious choices and using environment friendly products and promoting recycling initiatives in our communities.

Students were made aware about the importance that the environment has in everyone's lives through a presentation. There were thematic dances and skits which showed the adverse effects of taking the environment for granted. It was followed by an Environment Day march in which each student expressed their need for a clean environment and a strong revelation that it is only the planet Earth that we all have in common.

The celebration ended with the students taking a pledge to take proactive steps towards protecting and preserving the planet.Our students were successful in spreading the message that each day should be celebrated as Environment Day with everyone doing their bit to save our beautiful world.

4) International Yoga Day

International Yoga Day was celebrated with a lot of zeal and fervour by the students and staff members.

The idea of observing International Yoga Day was proposed by the Prime Minister of India, Mr Narendra Modi. On December 11,2014, the United Nations General Assembly unanimously declared June 21st as International Yoga Day.

Yoga Day is a global event that promotes the physical, mental and spiritual benefits of practicing yoga.

A Special assembly was dedicated to the celebration of this special day. There was a speech on the importance of celebrating this day and how yoga helps to promote our overall well being. Students performed various asanas of Surya Namaskar and came to know about its innumerable benefits if practiced every day. A group of students demonstrated a special performance on Yoga in the form of a dance.

The students learnt many asanas and were happy to be a part of this celebration.

5)Bagless Day (Grade 9,10)

To bring about a change in the current system of education, the NEP proposed a policy to expose students to vocational training. CBSE introduced Bagless Days in schools to make vocational subjects an integral part of the teaching.
A Bagless day was organized for grades 9 and 10 in which the students were engaged in multi-skill activities.
They were introduced to the concept of Entrepreneurship in which they got to know about " Start Ups". Students were divided into teams and were asked to come up with their own " Start Up " ideas which they later presented in front of the judges.
After that students learnt about basic automobile skills like changing the stepney of a car, First Aid, gardening, stitching and fireless cooking. There was also a session on personal grooming.
Overall it was a fun-filled day for the students which helped to develop various skills like soft skills, aesthetic values, teamwork, cooperation, judiciousness and creativity.

July

6) Student Council elections

Student Council Elections were held on Wednesday 28th June 2023. The nominees for different posts were selected by the House Mistresses after rigorous rounds of interviews. After two weeks of campaigning by the nominees the elections were held in a democratic manner on 28th June. Students and staff members cast their vote for their favourite candidate.
The election results were as follows:





Student Councils are a great way for students to take on leadership roles, promote the voice of the student body, solve problems and impact his or her community in a positive way.

7)**Launch of Diya Prime News**

Our very own Diya Prime News Channel was launched on YouTube. The purpose of the news channel is to keep everyone updated with the different activities and events that take place in our school during the course of a month. The news channel is also a great way to promote communication skills amongst our students and encourage the budding reporters.

8)**Launch of Chandrayan -3 Live Telecast**

ISRO launched Chandrayan-3 from Sriharikota on 14th July. Our Prime Minister rightly said that, " July 14,2023 will always be etched in golden letters in the annals of India's Space Sector history. "

Chandrayan-3, which is India's third lunar mission is a follow-on mission to Chandrayan-2 to demonstrate end- to-end capability in safe landing and roving on the lunar surface. It was successfully launched into orbit.

Our students witnessed this historical moment from their classrooms . It was indeed a proud moment for all Indians of which our students were a part of.

9) Investiture Ceremony

" Investiture Ceremony is not just the bestowing of titles and responsibilities; it is the celebration of potential, the recognition of capability and the commitment to a journey of growth and excellence."

Diya Academy of Learning celebrated the Investiture Ceremony for the academic session 2023-24 with fervor and dignity on 16th July ,2023 in which the Student Council Members were invested with responsibilities, power and commitment to serving the student community. Donning the mantle of accountability the newly invested council members pledged to uphold the values of the school and perform their duties to the best of their abilities.

It was a solemn occasion to watch the promising young leaders marching with the School and House flags flying high accompanied by the school band. The Head Boy and Head Girl apprised the staff and students about their plans for the upcoming year and promised to be the voice of the student body and represent them in the best possible way.

During this year's Investiture Ceremony the Grade X CBSE Board Exam toppers of the batch 2022-23 were felicitated with certificates. Their commitment towards excellence was applauded by all.

NCC cadets Vijesh Wilston and Daksha Suresh were rewarded with certificates of appreciation for their outstanding performance in NCC and bringing laurels to the school.

The Investiture Ceremony was a celebration of the victory of determination, hard work and unwavering commitment towards perfection.

10) Talent Hunt

In order to give wings to students to pursue their dreams and bring out their hidden talents we organized a Talent Hunt Competition for grades 1-10. We received an overwhelming response from students across the grades who came forward to showcase their talents in various fields like Dancing, Singing, Instrumental, Puppetry, Storytelling and Speech and other talents.

August

11) Independence Day

Diya proudly celebrated the 77th Independence Day.The day began with the formal welcome of the Guests by the Head Boy and Head Girl accompanied by the School Band. The tricolour was hoisted by the Chief Guest, Retired Captain of Indian Army, Unni Nair Sir accompanied by members of the Management.

The celebration began with a majestic March Past by the four houses -Ruby, Emerald, Sapphire, Topaz and the NCC Cadets. The perfectly synchronized March Past mesmerized the audience. It was followed by the felicitation ceremony of the present batch of NCC Cadets with Ranks and Titles. Next in line was a splendid drill display by the NCC cadets. Speeches were delivered by the Guests and Principal.

The common message of all was to value the freedom that we all have today and exercise it with responsibility to build an India which is progressive in all aspects. There was a fusion dance presented by the students of grades 7-10 which enraptured the audience. Primary students presented a beautiful fan dance. Students also presented a Press Conference on the theme- India , then and Now, which highlighted the diverse ideologies and visions of the freedom fighters and the leaders of post Independent India.

There was a beautiful rendition of a medley of patriotic songs presented by the students of grade 6-10 which evoked a patriotic spirit in all. It was followed by an energetic aerobic display by the primary students. The highlight of the celebration was a Pyramid display by the students which truly impressed one and all.
The majestic celebration of our 77th Independence Day truly displayed the patriotic spirit of the staff and students of the school.

12) Heritage Club activities.

India, a land of diverse cultures, rich history, and vibrant traditions, where the students of Diya embarked on an enchanting voyage through India's hidden gems, uncovering stories that resonate with the past, present, and future. Our Heritage club's activities promise to ignite your imagination, fuel your curiosity, and deepen your connection with India's rich cultural tapestry, to relive the history that shaped the present.

A beacon of sustainable living and communal harmony encourages the students to engage with innovative projects and visionary ideals, through discussions, art installations, and creative projects, to envision a world where sustainability and unity pave the way for a brighter future.

To be enthralled by the valorous narratives woven into the legendary tales of bravery and sacrifice that echo through time through theatrical performances and role play.

The Heritage Club enables the students to embrace the diversity and grandeur of India's hidden gems. Through immersive activities that span the realms of history, culture, and creativity, we have ignited a passion for heritage and storytelling, through research and creativity. This unforgettable journey made the students uncover the treasures that define our past, shape our future, and inspire us to share our unique narratives with the world.

September

13) Staff Appreciation Day(5th September)

"A Teacher plants the seeds of knowledge, sprinkles them with love, and patiently nurtures their growth to produce tomorrow's dreams. "

Teachers' Day 2023 was celebrated in the most memorable manner at Diya Academy of Learning. A grand function was organized by the Student Council in which students presented a dance, song and speech. Students also presented a medley of songs through instruments. They ensured that the teachers, who work hard throughout the year, can enjoy the day to the fullest. A number of games and a ramp walk was organized in which teachers participated wholeheartedly and enjoyed every bit of it. Students expressed their gratitude towards teachers by presenting them with Greeting Cards.

A Staff Appreciation Ceremony was organized by the Management on this occasion to recognize, honor and show appreciation for the staff members who render their relentless service to the school with sincerity and diligence .Teachers and Staff were rewarded for Exceptional performance, completion of five and ten years in the organization and Perfect Attendance. The entire staff was appreciated for working in unison for the betterment of the students.

14)Fire Safety Drill

Fires can cause devastating effects to any type of premises. To ensure the safety of students and staff during a fire emergency it is critical for schools to have Fire Safety measures in place.

A Fire Safety Drill was organized for the staff and students of Diya on the 4th of September to sensitize, facilitate and train them on the response strategies in case of a fire.

At the onset students were briefed about the different types of fire, most common causes of a fire and steps of extinguishing a fire. Students were made aware of the evacuation plan and how to react in case of a fire. Later there was a demo on the usage of a fire extinguisher. Students learnt the various steps involved in using a fire extinguisher.Members of Staff tried operating the fire extinguisher as well. .Overall the session was helpful in creating an awareness about how to keep ourselves safe in case of a fire.

15)Prize distribution- Social Month

" The best part of competition is that through it we discover what we are capable of-And how much more we can actually do than we ever believed possible."

If there is healthy competition among students it inspires each one to put in extra efforts to know more, learn more and to excel. Whether it is sports or studies students must have a fire kindled from within that inspires them to become achievers.

Our Social Science department organized a variety of competitions for grades 4-10. The competitions aimed at encouraging the research and presentation skills of the students at the same time instilling in them a love for our country's rich cultural heritage. All the students participated in the competitions with a lot of zeal and put in their best efforts. The winners were awarded with certificates.

16)Hindi Diwas celebration- 15th September.

Hindi Diwas is observed on 14th September every year to commemorate the adoption of Hindi as one of the official languages of India. It is a significant occasion and is celebrated in schools across India. This day holds immense importance in promoting our national language and instilling a sense of pride and identity among students.

Hindi Diwas was celebrated at Diya with a lot of fervour by the students.

A special assembly was organized to celebrate the popularity of Hindi as an official language. The entire assembly was conducted in Hindi. Students also presented songs, dances, Hasyakavita, slogans ,speeches and drama which highlighted our rich cultural heritage demonstrated through the elegant language of Hindi. The celebrations reminded us about our unity in diversity and how Hindi plays a major role in binding us together as a nation. At the end of the assembly the winners and participants of Hindi Olympiad were rewarded with certificates.

October

17)Guest Lecture on Space “ To Infinity and Beyond”

" It is precisely the possibility of realising a dream that makes life interesting."

We were elated to welcome George " Gabe" Gabriel,Former engineer at the Kennedy Space Centre, NASA, to Diya Academy of Learning as a Guest Lecturer. The topic of Gabe's talk was "To Infinity and Beyond" in which he spoke at length about what it is like to be in space. Gabe gave an enriching talk to our students of grade 8-10 about the various exploration programs run by NASA, the magical experience of being in Space, life in the International Space Station, training process for astronauts ,Rocket launches and landing procedures of rovers. He also gave tips to the students to be successful in life. He told the students to always remember three things in life-" Do your best, Enjoy what you do and believe in yourself." He inspired the girls to pursue careers in space and showed how more and more women are becoming astronauts today. The enriching session ended with the students interacting with Gabe in which their queries were answered. The talk enlightened the students about the innumerable possibilities of Space Science.

18)Educational Trip to ISRO Trivandrum

As a part of World Space Week our students of grade 4-10 were taken to ISRO Trivandrum to witness the live launch of Sounding Rocket RH 200. It was an educational trip organized in collaboration with Genex Space who are an educational content partner for ISRO. Witnessing the rocket launch was one of the most exhilarating experiences for the students. They got a chance to visit a few more places like the Priyadarshini Planetarium, VSSC Space Museum, Padmanabhaswamy Temple and Veli Tourist Village.
During the trip Genex Space organized a session for the students to teach them about different parts of a rocket. Post session students were divided into groups and they were made to assemble their own rockets and make it ready for launch.

The best part of the trip was the launching of their own rocket and students completed the activity with great enthusiasm. The trip was a great experience for our students which helped them in understanding the different aspects of astronomy and History of Space Exploration. They gained a lot of insight about India's Space Program, its missions and our contribution to Space exploration and role in International Collaborations.

19)Englishoria- English Month Competitions

English is a universal language. It is understood and spoken in almost every corner of the world. It plays an essential role in our lives as it helps in Communication.
English is important for students as it is the main language for studying any other subject all over the world ,facilitates communication, broadens their ideas, fosters emotional development, and enhances their quality of life by offering many options in life.
The English Department organized a number of competitions for the students of Grades 1-10 to enhance their Public Speaking, reading and writing skills. Students participated whole-heartedly in the competitions and put in their best efforts.

November

20) Celebration of Karnataka Rajyotsava

Karnataka Rajyotsava was celebrated with great pride and enthusiasm in school on 1st November.The state flag was hoisted and the Naada Geethe was sung by the staff members to commemorate the day.

21)Diwali Special Assembly

The Diwali special assembly was a vibrant and festive celebration that brought together students, teachers, and guests to mark the occasion of the festival of lights. The program began with a warm welcome and introduction, followed by a captivating skit depicting the story of Rama and Sita's return to Ayodhya.The audience was then treated to a mesmerizing cultural program featuring traditional Diwali songs, dances, and instrumental performances. Students also shared their own experiences and traditions related to Diwali, adding a personal touch to the celebration.

Overall, the Diwali special assembly was a resounding success, spreading joy, cheer, and festive spirit among all who attended.

22)Children's day Celebration- 15th November

" While we try to teach our children all about life, our children teach us what life is all about. "

The staff members of Diya celebrated Children's Day with gaiety and fervour. They presented a grand show on the occasion which included rhythmic dances, mesmerizing songs and entertaining skits. Students were pulsating with excitement watching their teachers perform for them. The celebration was indeed a memorable one and students had great fun throughout the day.

23)Sky Gazing Session -19th Nov

"The Universe is full of magical things patiently waiting for our wits to grow sharper."

Since time immemorial the night sky has fascinated human beings. They have always been in awe of the universe, solar system, planets and stars.

A sky Gazing session was organized for our students in the school premises on 19th November. The session commenced with a presentation on astronomy in which the students learnt about the Universe and the Solar system.

Then they learnt about the telescopes, their types and characteristics. After that the students were taken to the school playground where they got the opportunity to watch the moon, Jupiter and Saturn through a telescope. It was indeed a memorable and enriching experience for our students which enabled them to be fascinated with the beauty of the celestial bodies and watching them closely with their own eyes.

24)Celebration of National Library Week

The National Library Week is celebrated from 14-20th November all over India to create awareness about the importance of libraries. At Diya too we celebrated Library Week to recognize the contributions of our libraries in enriching our lives. Different competitions were organised for the students across the grades with the objective of promoting reading habits in them. The winners were awarded with certificates.

December

25)Grade 9 and 10 Field Trip

Students of grade 9 and 10 were taken to Jawaharlal Nehru Planetarium for their Field Trip on 9th December. The objective of the trip was to impart knowledge of the aspects of the earth and space in a fun and exciting way. Students watched the Marvels of the Universe in the sky theater and then explored the exhibits in the Science Park. It was a day of learning and fun for the students.

26)Grade 2 Field Trip

Students of grade 2 were taken to HAL Heritage Centre and Aerospace Museum on Saturday, 9th December 2023 for their Field Trip. The trip helped in exposing students to an experiential learning on the different types of planes. The display of Aircrafts excited the aerospace lovers who watched the displays in awe. They also watched a film on the Aero Show. The trip was an enriching experience for the students.

27) Workshop- Home business

Ms. Surya K, a budding woman entrepreneur inspired our students with her invaluable insights on the lucrative Cold Press Oil business. Ms. Surya's session not only highlighted the professionalism and profitability achievable from home- based ventures but also emphasized the importance of innovation and market analysis in carving a niche in the industry. Her words sparked an entrepreneurial fire within our students, encouraging them to explore the endless potential in the realm of home-based businesses. We extend our heartfelt thanks to Ms. Surya for illuminating the path to success and for sharing her roadmap for aspiring entrepreneurs**.**

28)Grade 3 Field Trip

It was a day full of learning and fun for the students of grade 3 as they were taken to HAL Heritage Centre and Aerospace Museum on Saturday, 16th December. The students were thrilled to watch the different exhibits, photographs and models of different aeroplanes, helicopters, flight stimulators and mock Air Traffic Control Tower.

29) Christmas and Math month Culmination

A special assembly on Christmas and Math Month culmination was held in the school today. The spirit of Christmas was highlighted by the students who presented speeches, carols, dances and skits.

There was also the Math Month Culmination in which the students emphasized the importance of Maths in our daily lives through thought provoking street play and mesmerizing dance performances. During the month of December students across the grades participated in different competitions which helped in developing their mathematical and creative skills. The winners were awarded with certificates at the end of the celebration.

January

30)Field Trip Grade 4,5 and 8

Students of grade 4,5 and 8 had a great learning experience when they went on a Field Trip to VVS museum and Planetarium.

31)Interactive Session on Financial Planning

Students of Grade 8 had an interactive session with Mr. Sohan Tapkire ,who has more than 14 years of experience in Banking and Wealth Management, on Financial Literacy. During the session students spoke about different investment avenues like FD, RD. They presented their ideas on Asset and Portfolio. Our guest clarified the doubts of students and highlighted the importance of proper financial planning.

32) Annual Event- Synergy

" Education enriched with financial literacy is a passport to economic empowerment and a brighter tomorrow."

Our Annual Event - Synergy 2023-24 focused on Financial Literacy. Financial Literacy is a skill which helps us to know about Saving, Spending and Budgeting. Our Annual Expo explored topics like earning money, saving ,spending and making responsible financial decisions.

Financial Literacy was introduced as a part of the curriculum to the students and the event was a culmination of their year long learning which showcased their mastery of different financial concepts. The different exhibits unveiled the intricacies of financial planning. Students also demonstrated their skills in Home business ventures and Asset Management Strategies. The Cultural presentations helped in creating awareness about Scam Vigilance and reiterated the theme through engaging and thought provoking performances.

Synergy 2023-24 was an enriching experience for our students and made them Money Smart. We are sure that with this new found knowledge our students will make wise financial decisions in the future and become responsible citizens of the country.

February

33)Field Trip Grade 1

Field trips have a lasting impact on the education and career of students.

Students of grade 1 were taken to HAL Museum for their field trip which enabled them to explore different models of aircraft and understand how they work.

34) Field Trip Grade 7

Students of grade 7 were taken to VVS Museum as a part of their Field Trip. It was a great learning experience for them.

35) Farewell- Grade X

“The two hardest things to say in life are hello for the first time and goodbye for the last.” — Moira Rogers

Team Diya bid adieu to the class of 2023-24 on Saturday, 10th February 2024. The function started with the welcoming of the guests. Next, it was time to welcome the tenth graders who looked absolutely stunning in their formal attire. The lamp lighting ceremony started the program on a formal note, followed by a welcome speech and dance. It was followed by a “ Sharing of Light" ceremony in which the Chairman and Trustee of the school lit the lamps of knowledge for each student symbolizing the sharing of knowledge and learning of 13 years. After that the students were led into an Oath ceremony in which the students vowed to uphold and carry the values that they learnt in school throughout their lives. Students of grade 9 presented dances and instrumental songs dedicating it to their seniors which displayed their love and respect for them. The outgoing students were presented with mementos. Few tenth graders shared their experiences about their journey in school which made everyone teary-eyed. At the end there was a video presentation which took everyone down the memory lane. The entire function was filled with nostalgia and beautiful memories of the bygone years. Tenth graders bid a tearful adieu to their Alma Mater and relived the memories of school days with their friends and teachers.

36) Presentation on Asset Management

At Diya Academy of Learning, education isn't just theory - it's hands-on experience! At our recent school annual event with the theme "Financial Literacy," our management member, Ms. Suma PN (Senior Director – HR OTIS India) was impressed by their presentation on Asset Management (AMC). She entrusted them with a real-life challenge: building an investment portfolio for her!

Our students confidently presented a meticulously crafted portfolio, showcasing their in-depth research, insightful analysis, and keen understanding of various sectors.

Their clear communication, evident preparation, and passionate explanation left the impressed investor "spellbound"!
This incredible achievement is a testament to our students' dedication and our faculty's commitment to fostering financial literacy. It's proof that learning can go beyond textbooks and translate into real-world skills that prepare our future leaders for success!

37)Field Trip - Grade 6
Grade 6 students were taken to VVS Museum for their Field Trip which was an enriching experience for them.

38)Capacity Building Programme- Financial Literacy
A Capacity Building Programme on Financial Literacy and Digital Tools was organized for the staff on 27th February. The resource person for the workshop was Ms Sonesh Bharadwaj who has over 16 years' of experience in the service industry and is a Global Motivational Speaker.

Financial Management is an essential life skill which every individual must have. It ensures that we make effective and informed decisions with all our financial resources.
The workshop focussed on three core competencies of financial planning- Earning, Spending, Saving and Investing and gave an overview on the need of financial planning and making wise decisions with regard to finances. It was an informative and enriching session for our educators who are instrumental in shaping a strong, innovative workforce with values and mindsets that drive India's economic growth.

39)Celebration of National Science Day
Every year, National Science Day is celebrated in India on February 28 to commemorate the discovery of the 'Raman Effect' by the Indian Physicist Sir C. V. Raman in 1928.
A special assembly was organised to celebrate Science Day in which the importance of the day was highlighted. Students paid a tribute to Sir C. V Raman through a speech.

An interesting Science Show was put up by the students in which they explored the natural world around them through hands-on experiments in a fun and exciting way.

They demonstrated balloons that do not burst, leak proof bags, the process of making colourful liquids from colourless ones, fire extinguishers and how objects race in different liquids having different density.

The fun filled special assembly spread the message that Science is an integral part of our everyday lives.

March

40)Guest Lecture on Water- Conservation
"Without water we cannot imagine life. "

A Guest lecture on " Water Conservation " was organized for the students of grades 5-7 . The Speaker was Mr. Jai Sharma who is a National Geographic certified Nature Educator.
The session focused on the alarming situation of water scarcity in Bangalore and the reason for the present scenario.

Mr. Sharma explained the importance of water, various methods of conservation to save water bodies and wetlands. He informed the students about a project called " Billion Drops of Water" Started by an NGO in Bangalore whose objective is to conserve rain water and replenish groundwater.

The session enabled the students to understand the indispensability of water in our lives and encouraged them to take little steps from their end to save this precious resource.

41)Certificate Presentation to Genex Students

The students who were a part of the Genex Space Program were awarded with certificates for successfully completing the course. Top 3 performers of the academic session were rewarded with goodies to show appreciation for their consistent enthusiasm throughout the year and exceptional performance in the assessments.

As we reflect on the past academic year, we are filled with a sense of pride and accomplishment. Our students, teachers, and staff have worked tirelessly to achieve excellence in all aspects of school life. We are proud of our students' achievements, both academic and extracurricular, and we are grateful for the support of our parents and community.

As we look to the future, we are excited about the opportunities and possibilities that lie ahead. We remain committed to our mission of providing a high-quality education that prepares our students for success in all aspects of life.

We thank everyone who has contributed to the success of our school and look forward to continued collaboration and growth in the years to come.



Achievements!

2023-2024

May
1)Winner of National Coding Challenge

Our students Nandan HT and Nitesh Kumar U of grade 8 emerged as winners of CBSE National Coding Challenge 2023- South Region. Their team's name was Team Technocrats and the competition was conducted in the month of March- April 2023.
National Coding Challenge was an opportunity for students to showcase their 21st century skills to solve some real life issues. We have people around us with special abilities but we do not have inclusive spaces that are accessible. Our students came up with tech-savvy solutions that make different spaces accessible for people with special needs.

June
2)Morse Code Translator Award

Our grade 9 student, Sai Parjanya Manasali won the " Morse Code Translator " challenge organized by the AI Student Community. The community is a collaborative initiative of CBSE and Intel India. It is an online community for students which provides a platform for learning, sharing experience and leveraging their knowledge to create AI enabled social impact solutions along with spreading AI awareness in an inclusive way.

July

3) Inter-school Competition winners- Wings of Fire

Our students made us proud again by winning many prizes in the Inter school competition " Wings of Fire" Organized by Whitefield Global School.

1) Vishnu Mithra of grade 1 won the First prize in Food connoisseurs (Fireless Cooking).

2) Sri Sai Saanvitha and Parthiv Boity won the First Prize in Frame by Frame(Art Integrated Storytelling with the given images)

3) Supreeth of grade 6 won the First prize in Monoacting(Kannada)



September

4)Pre- Primary Inter-school Competition Winners

Our Pre- Primary students Vihana Sriram and Drishtee Jindal bagged several prizes in the inter- school competition organized by KiDeens.

October

5)Bangalore Sahodaya Sports competition Winners

" A winner is a dreamer, who never gives up. "

Our students won Four medals in the Javelin Throw competition organized by Bangalore Sahodaya Schools Complex.

Around 36 schools and more than 770 students from Bangalore had participated in the Inter School competition organized by Bangalore Sahodaya.

Our students participated in various athletic events like Shot put, Javelin Throw, Discus Throw, Relay race and Long Jump. We won 2 Gold, 1 Silver and 1 Bronze medal in the Javelin Throw.

Saba Ayisha (G 8)- under 15 girls javelin throw - gold medal

Suhana Ayisha(G10) under18 girls javelin throw - gold medal

Yashvita(G10) - under 18 girls javelin throw - Silver medal

Paul Durai(G9) - under 15 Boys javelin throw - Bronze medal

Team Diya extends its heartiest congratulations to the winners.





February

6)Winners of Reading Rally Competition

Students of grade 1-6 performed exceptionally well in the Reading Rally Competition hosted by Learntech in collaboration with Raz Plus! Manya CK and Aris Mohammad secured top reader medals.

7)Genex Spectra-Space Art Competition Winner

Our student Vedika Lilhare of grade 8 has bagged the Second Prize in the Genex Celestial Spectra Space Art competition organized by Genex Space at St. Francis School, Koramangala. This competition was India's first ever Aerospace fest in which many schools had participated.

March

8)INSPIRE Award

Our student Sai Parjanya of grade 9 was Awarded by the Department of Science, Government of India for his project, " Smart 3- wheelers to help people with special needs. "

'Innovation in Science Pursuit for Inspired Research' (INSPIRE) scheme is one of the flagship programmes of the Department of Science & Technology (DST), Government of India. The INSPIRE Awards - MANAK (Million Minds Augmenting National Aspirations and Knowledge), being executed by DST with National Innovation Foundation – India (NIF), an autonomous body of DST, aims to motivate students studying in classes 6 to 10.

Sai Parjanya took part in this event and brought laurels to the school.

9)Global Art Competition Winners

Our student Rishita Saikia of grade 2 won the first prize in the Regional Level Art Competition organized by Global Art. More than 400 students from different schools of Bangalore had participated in the competition and Rishita bagged the first prize.

10)Winners of Inter school Painting Competition

A national level inter-school Painting Competition was organized by the Heritage Foundation of Art and Culture. Our students participated in it and brought laurels to the school.Rishita Saikia of grade 2 won a Bronze medal and Prachi Nanda of grade 3 won a consolation prize. Students from 48 schools across 32 cities had participated in it . The topic for the competition was "Solutions to Plastic Pollution"

11)Award for Money Smart School

We have been certified as a Money Smart School by the National Centre for Financial Education(NCFE).
The Money Smart School Program (MSSP) is an initiative by the NCFE to provide unbiased financial education in schools for improving financial literacy which is an important life skill for the holistic development of students.
We introduced Financial Literacy in our curriculum from the academic session 2023-24.The objective was to equip our students with appropriate knowledge and skills so that they can make wise financial decisions in the future.The students were assessed at the end of the year and received certificates for successfully completing the course.


Creative
CORNER
2023-2024

EDUCATION

Education plays a vital role in individual development, societal progress, economic growth and global competitiveness. It empowers individuals, fosters critical thinking and problem solving skills, promotes social cohesion and drives innovation and technological advancements. A few advantage of education are :

Education encompasses the process of facilitating learning, acquiring knowledge, skills, values, beliefs and habits. It can occur formally through schools, colleges, universities and other educational institutions, as well as informally through experiences, interaction and self directed learning.

Education plays a vital role in promoting environmental stewardship, sustainability and climate action. Integrating principles of sustainability across curricular, teaching, environmental literacy, and fostering eco conscious behaviors prepare students to address global challenges and contribute to a more sustainable future.

Global education emphasizes the interconnectedness of the world and promotes global awareness, understanding and citizenship. It encourages students to explore global issues, cultural diversity, sustainable development and human rights, preparing them to be responsible global citizens.

As we all know that education is the key element of everyone's life today. Education has the value that helps in making people valuable and full of knowledge. Education is necessary for the growth of life for everyone.

-Joshi(7C)

A QUEST FOR EXCELLENCE

Success is not fate
That; for it, you should wait.
It is a chance,
For you to advance.

Many don't chose this way,
As they think that, it will leave them astray.
They say it's too tough,
They say whatever they have, is enough.

And those who choose this track,
Will never look back.
As they will be the ones who succeed,
Without any jealousy or greed.

Everyone has an occupation,
But only those who have determination,
Find their career,
And become a pioneer.

A silent sea can never make a skilled sailor,
Only losers quit when they face the turbulence of failure.
Those who try until they exceed,
Are the ones who succeed.

-Joshitha Y (7C)

हमारा भारत

स्वतंत्रता दिवस आया है
वीरों का बलिदान याद आया है।

देश की एकता को मनाएं
प्रेम और शांति का संदेश बढ़ाएं।

स्वतंत्रता की ध्वजा फहराएं
भारत माँ की जयकार करें।

देश की शान, भारत माँ का अभिमान
स्वतंत्रता के इस पर्व पर, आओ मिलकर करें सम्मान ।

हर दिल में भारतीयता को बसाए
सबको सम्मान और प्यार दिलाएं।

तिरंगे की शान से रंगी हमारी धरती
स्वतंत्रता का जश्न, मन में हैं उमंग भरी।

भारत माँ की जयकार, सबको मिले विश्वास
स्वतंत्रता दिवस की शुभकामनाएं, यही हम सबके मन की आश

हम, आप, वे, ये-
सभी लोग बराबर हैं

तो चलो खुशियों के साथ मनाएं एकता का पर्व
फले -फूले देश अपना ,जिस पर हमें है गर्व।

-Aayushi.R. (7C)

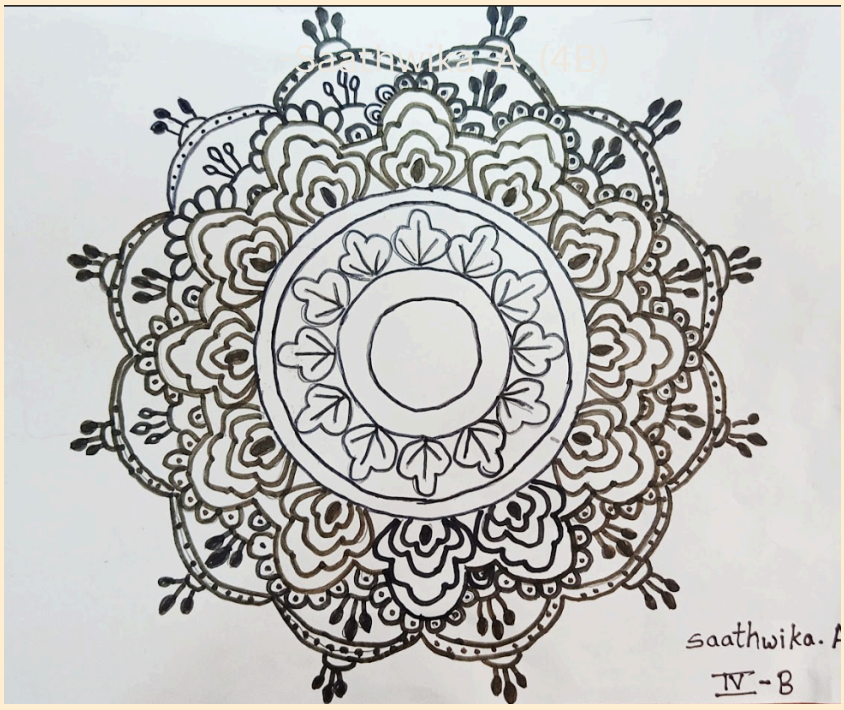
The magic of education

In a World of Wonder, so vast and wide,
Education is our constant guide.
With books and teachers, we start to learn,
A journey of knowledge, at every turn.

Letters and numbers; a playful blend,
Helping us grow, like a lifelong friend.
Curiosity blooms like a colourful flower,
In the garden of learning, hour by hour.

Reading stories and solving puzzles too,
Education's magic; it's for me and you. So
let's embrace the gift we're given, In the
school of life; where dreams are driven.

- Bhuvan Yadav (7C)

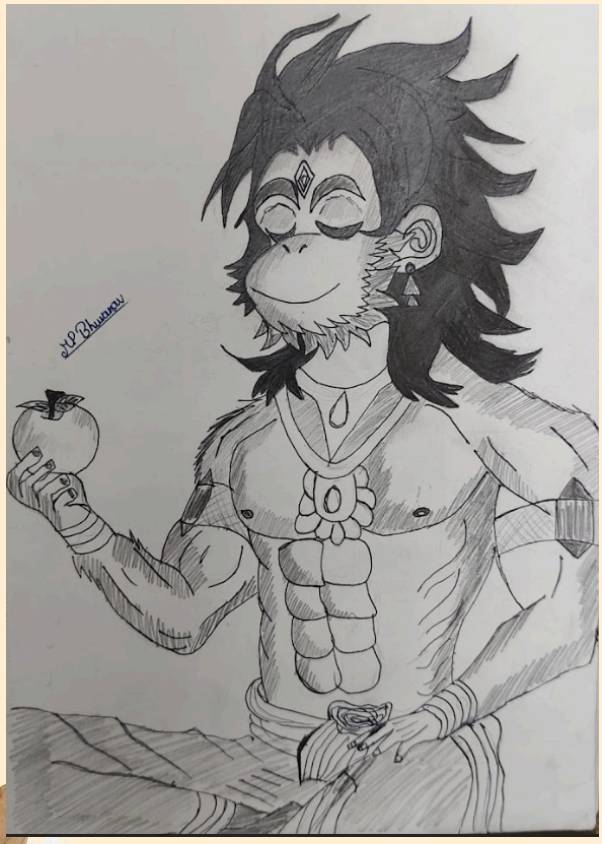


-Saathwika .A. (4B)

TRAVEL

So many places to look and see,
From deserts to snowy hills and seas. By car, train, ship or plane,
What else matters if we can see the world?
To the north we go,
To find places filled with snow.
Surrounded by mountains and hills, To enjoy the weather chill.
Then we go south,
Where it is hot and humid throughout. Beaches and seas everywhere,
Yet greeney, you see anywhere.
Where do we go next?
Pack your bags and go west!
The deserts, you will find,
Where it's hot in the day, and cold at night.
What's left is east,
Where rain is never ceased.
Just like north
Here you'll find mountains and hills throughout.
And now you've travelled
All across India,
All the places you've seen unravelled

-Sagarika Kishore (7C)



-Bhuvanav MP (8A)



-By Geethika (5C)

Be A Victor

Devote to your goals,
Emit your thoughts,
Omit all the diversions,
Limit your emotions,
Correct your mistakes,
Precise your approach,
Highlight your strengths,
Pilot your experience,
Plan your technique,
Deal your situations,
Do not drawout,
Work with high spirits,
Victory comes your way,
Shine like a star,
You are the exemplar..
For many successors..
Be a Victor..



-Manasa Polepalli
Teacher

Emotional Quotient

Emotional intelligence (otherwise known as emotional quotient or EQ) is the ability to understand, use, and manage your own emotions in positive ways to relieve stress, communicate effectively, empathize with others, overcome challenges and defuse conflict.

A few characteristics are -:

 Empathetic response: Actively listening and offering comfort when a friend shares about a loss.

 Self-awareness in stress: Breaking tasks into pieces when recognizing anxiety from tight deadlines.

 Motivation Regulation: Setting small goals to maintain enthusiasm for a long-term project.

About the Godfather-:

Dr. Daniel Goleman an American psychologist renowned as the Godfather of EQ, described emotional intelligence as a person's ability to manage their feelings so that those feelings are expressed appropriately and effectively. According to Goleman, emotional intelligence is the largest single predictor of success in the workplace.

His theory outlines five components of EI-:

 Self-awareness, self-regulation, motivation, empathy, and social skills.

 The most important thing is to decide to be more aware of your emotions and that of those around you and then take things one step at a time. It takes a while to build habits and change patterns.

 Emotionally intelligent people tend to be self-aware, empathetic, expressive, and perceptive. They are good at regulating their emotions and staying motivated as they work toward their goals. They also have strong social skills and use their understanding of emotions to communicate effectively.

 While some people come by these skills naturally, you can also learn how to become a more emotionally intelligent person.

How to Become More Emotionally Intelligent-:

Mindfulness

For example, instead of yelling at someone when you're upset, you might use a deep breathing technique to buy yourself some time, rethink your strategy, and react with more understanding.

Cognitive Behavioral Therapy

Therapy in which people learn emotional regulation.

Social and Emotional Learning Programs

SEL helps people develop their sense of identity, strengthen communication skills, use empathy, and achieve personal goals.

-Manha Fathima M(6C)

ಸಮಯದ ಪ್ರಾಮುಖ್ಯತೆ

ಕಾಲವು ಎಂದಿಗೂ ನಿಲ್ಲುವುದಿಲ್ಲ, ನಿರಂತರ ಹರಿದು,
ನಮ್ಮ ಜೀವನದ ದಾರಿಯಲಿ ಸಾಗುತ್ತದೆ.
ಅದು ಕೊನೆಯಿಲ್ಲದೆ ತನ್ನ ದಾರಿಯಲ್ಲಿ ಮುಂದುವರಿಯುತ್ತದೆ.
ಹಿಂದಿನ ನೆನಪುಗಳಲ್ಲಿ, ನಾವು ಎಷ್ಟು ಮುಳುಗಿದರು,
ಯಾವಾಗಲೂ ಮುಂದಿನ ಕ್ಷಣಕ್ಕೆ, ನಾವೆಲ್ಲಾ ಬಾಳೋಣ.
ಪ್ರತಿಯೊಂದು ಕ್ಷಣವೂ ಅಮೂಲ್ಯವೆಂದು ತಿಳಿದು,
ಆನಂದವ ನಂಬಿ, ಜೀವಿಸೋಣ ನಮ್ಮ ಬದುಕನ್ನು.
ನಮ್ಮ ಕನಸುಗಳ ಬೆಳಕಿನಲ್ಲಿ, ಸಮಯವು ನಮ್ಮ ಸ್ನೇಹಿತ,
ಅದನ್ನು ಪ್ರೀತಿಸಿ, ನಮ್ಮ ಹೃದಯದಲ್ಲಿ ಬೆಳೆಯೋಣ.
ಕಾಲವೂ ನಮಗೆಲ್ಲಾ ನಂಬಿಕೆಯ ನೆರಳು,
ಅದನು ಪ್ರೀತಿಸಿ, ಮಾನವೀಯತೆಯಲಿ ನಾವು ಬೆಳೆಯೋಣ.
ಸಮಯವು ನಮಗೆ ನಿರಂತರವಾಗಿ ಹೊಸ ಪಾಠಗಳನ್ನು ಕಲಿಸುತ್ತದೆ,
ಜೀವನದ ಪ್ರತಿಯೊಂದು ಪಯಣವೂ ನಮಗೆ ಹೊಸ ಅರ್ಥಗಳನ್ನು ತರುತ್ತದೆ.
ಸಮಯವನ್ನು ಕಳೆಯುವುದರಲ್ಲಿ, ನಾವು ಹೊಸ ಅರ್ಥಗಳನ್ನು ಕಂಡುಕೊಳ್ಳುತ್ತೇವೆ,
ಜೀವನದ ಪ್ರತಿಯೊಂದು ಪ್ರಯಾಣವೂ ನಮಗೆ ಹೊಸ ಪಾಠಗಳನ್ನು ತರುತ್ತದೆ.

-ಶ್ರೀ ರಚನ ಎ (9B)



-Prachi Nanda (2C)

ಆಲದ ಮರ ಮತ್ತು ತಲೆಮಾರುಗಳ ಪಾಠ

ಕರ್ನಾಟಕದ ಒಂದು ಪುಟ್ಟ ಹಳ್ಳಿಯಲ್ಲಿ ಪುರಾತನವಾದ ಒಂದು ಆಲದ ಮರವಿತ್ತು. ಈ ಮರವು ತಲಾ -ತಲಾಂತರಗಳಿಂದ ಅಲ್ಲಿದೆ ಹಾಗಾಗಿ ಆ ಮರವು ಹಳ್ಳಿಯ ಕಾವಲುಗಾರನೆಂದರೆ ತಪ್ಪಿಲ್ಲ. ಊರಿನಲ್ಲಿ ಬೇಸತ್ತ ಪ್ರಯಾಣಿಕರಿಗೆ ನೆರಳು ಹಾಗೂ ಅಲ್ಲಿನ ಮಕ್ಕಳಿಗೆ ಆಟವಾಡಲು ಸ್ಥಳಾವಕಾಶವನ್ನು ಸಹ ಕೊಡುತ್ತಿದೆ. ಒಂದು ಬೇಸಿಗೆಯಲ್ಲಿ,ಆ ಪುಟ್ಟ ಗ್ರಾಮಕ್ಕೆ ಭೀಕರವಾದ ಬರ ಬಂದಿತು. ನದಿ-ಕೆರೆಗಳು ಬತ್ತಿದವು , ಹೊಲಗಳು ಒಣಗತೊಡಗಿದವು. ನೀರಿಗಾಗಿ ಪರಿತಪಿಸುತ್ತಿರುವ ಗ್ರಾಮಸ್ಥರು ಹಳೆಯ ಆಲದ ಮರವನ್ನು ಕಡಿದು ಅದರ ಜಾಗದಲ್ಲಿ ಬಾವಿ ನಿರ್ಮಿಸಲು ನಿರ್ಧರಿಸಿದರು.ಆದರೆ ಆ ಗ್ರಾಮದ ಹಿರಿಯರು ಇದರ ವಿರುದ್ಧ ಎಚ್ಚರಿಕೆಯನ್ನು ಆ ಹಳ್ಳಿಯ ಜನರಿಗೆ ನೀಡಿದರು, ಆದರೆ ಆ ಕಿವಿಮಾತನ್ನು ಕೇಳುವ ತಾಳ್ಮೆ ಅವರಾರಿಗೂ ಇರಲಿಲ್ಲ ಹಾಗಾಗಿ ಅವರೆಲ್ಲ ಆಲದ ಮರವನ್ನು ಕಡಿಯಲು ಪ್ರಾರಂಭಿಸಿದರು,ಆಗ ಅಲ್ಲಿಗೆ ಒಬ್ಬ ಮುದುಕ ಮುಂದೆ ಬಂದನು. ಅವರು ಗ್ರಾಮದ ಹಿರಿಯ ನಿವಾಸಿಯಾಗಿದ್ದು, ತಮ್ಮ ಇಡೀ ಜೀವನವನ್ನು ಆಲದ ಮರದ ನೆರಳಿನಲ್ಲಿ ನಡೆಸುತ್ತಿದ್ದರು. 'ತಲೆಮಾರುಗಳಿಂದಲೂ ಈ ಮರ ನಮ್ಮ ಕಾವಲುಗಾರ, ಇದನ್ನು ಕಡಿಯುವುದರಿಂದ ನಮಗೆ ಯಾವುದೇ ಪ್ರಯೋಜನವಾಗುವುದಿಲ್ಲ' ಎಂದು ಗ್ರಾಮಸ್ಥರಿಗೆ ಮನವಿ ಮಾಡಿದರು.ಗ್ರಾಮಸ್ಥರು ಅವರನ್ನು ನಿರ್ಲಕ್ಷಿಸಿ ಮರ ಕಡಿಯುವುದನ್ನು ಮುಂದುವರಿಸಿದರು. ಇದ್ದಕ್ಕಿದ್ದಂತೆ ಜೋರಾದ ಗಾಳಿ ಬೀಸಿತು ಹಾಗೂ ಆ ಮರದ ಕೊಂಬೆ ಬಿದ್ದಿತು, ಅದರ ಬೇರುಗಳ ಕೆಳಗೆ ನೀರು ಹರಿಯುವ ಶಬ್ದ ಕೇಳಿಸಿತು. ಗ್ರಾಮಸ್ಥರು ತಮ್ಮ ತಪ್ಪನ್ನು ಅರಿತುಕೊಂಡು ಮರ ಕಡಿಯುವುದನ್ನು ನಿಲ್ಲಿಸಿದರು. ಅವರು ಮರದ ಸುತ್ತಲೂ ಅಗೆದು ಹಳ್ಳಿಯನ್ನು ಉಳಿಸಿದ ನೀರಿನ ಮೂಲವನ್ನು ಕಂಡುಹಿಡಿದರು.

ನೀತಿ : ಪ್ರಕೃತಿ ಮತ್ತು ಹಿರಿಯರ ಬುದ್ಧಿವಂತಿಕೆಯನ್ನು ಗೌರವಿಸಿ; ಅವರು ಸಾಮಾನ್ಯವಾಗಿ ಬದುಕುಳಿಯುವ ಕೀಲಿಯನ್ನು ಹಿಡಿದಿಟ್ಟುಕೊಳ್ಳುತ್ತಾರೆ.

-ಚೈತ್ರರೆಡ್ಡಿ ಎಸ (9A)



-Rishaan (3B)

बचपन की याद

मेरे बचपन के दिन थे कितने प्यारे
हर पल खुशियाँ, दुख हुए नहीं हमारे
दुनिया से हमें क्या लेना -देना
हमें तो था बस हर दिन बस खेलना

छोटे-छोटे खेल और मीठे मीठे सपने
खुश रहते थे हम थे मन के सच्चे
कागज़ की नाव बारिश में बहाते
मिट्टी में खेलकर घर लौट-आते

पढ़ते, लिखते सब करते
दोस्तों के साथ मस्ती भी करते
लड़ाई का था अलग ही मज़ा
क्योंकि बाद में हम सब मिल जुल जाते

माँ की लोरी से हम सो जाते
और सपनों की दुनिया में खो जाते
छुट्टियों में नानी के घर जाना वहाँ खेलना- खाना और धूम मचाना
यह सब था कितना अच्छा

आज भी वह दिन याद आते
काश ! वह दिन वापस आ जाते
बचपन के दिन थे बड़े प्यारे
यही हैं हमारी बचपन की यादें ।।

-Himanshi saxena (7C)

Book Summary and Review: Story of my Life by Hellen Keller.

Helen Keller was born on 1880 June 27 in Tuscumbia, Alabama, America. Helen was the first born to Arthur H. Keller and Katherine Adams Keller. She had a younger sister called Mildred Campbell Keller Tyson (Mildred). This book is the introduction to Helen's life and family. She has written this wonderful autobiography to express her feelings and thoughts. First, she presented us with her family. Then we go to the next part where she tells us how she got the name Helen Keller. This part is very funny and should be read. Get your tissues ready, as the most miserable event is to be faced by a 4-year-old girl who doesn't even know how to speak properly. The family was depressed about this matter. After this big incident of her life, Helen lost hope in life. Just after this, a woman who would change her life came to present her with opportunities she never could have thought of having. She taught her different kinds of words, spellings and vocabulary. She taught Helen how to read, write and speak too. She was none other than Anne Sullivan, her teacher. After years of training, she finally was eligible for college. She was the first deaf and blind person to get the Bachelor of Arts Degree. She graduated in Radcliff College in 1904.Despite her disabilities she overcame them with her determination and persistence. Just after her graduation she wrote this book. She met her favorite author just before he passed away. She has made many contributions to orphanages who are suffering with the same disabilities as hers. She has also visited India and helped many people like her. She has written many books such as The Story of My Life, The World I Live In, Three Days to See, The Miracle Worker, Optimism, Light in My Darkness, My Religion, How Would I Help the World. Helen Keller passed away on June 1 1968 at the age of 87. Helen Keller's life conveys us the message that "No matter how formidable the obstacles may be, one can overcome them with unwavering determination."

I would really recommend this to be read by everyone as it is the perfect set of words to make us understand how lucky we are to have eyes and ears, the 2 most precious senses of our life. I really like this book so much as it teaches us to appreciate life.

-Akshayaa K(6C)

Fabulous life

Life is full of twists and turns,
Sometimes you may have to face a few burns.
Some lives are short and others long,
Keep hope, as life will never do you wrong.

The wealthy men adore luxury,
While the poor face grave misery.
Both are courageous like you and me,
For life is as good as it can be!

In life, people must face failure,
This can make you a lot angrier.
Don't lose control in this fear,
Because the savior (success) will be here.

Life is a jackpot of memories,
Don't judge it through random theories.
It enlightens you like never before,
Everyone knows that life is magnificent to the core.

Life creates an unbreakable bond,
It is as calm as a small pond.
Let life bring us together,
Life is a reality, that goes on forever. **-Prajan P (6C)**



-Harshini Manchala (3B)



-Dhatri(7B)



-S.Lithiksha (3C)

ನನ್ನ ಪಯಣ

ನಾ ಮಾಡಿದೆ ಒಂದು ಪಯಣ;
ಅದರದ್ದೇ ಇದ್ದೊಂದು ಕವನ !

ಮಲೆನಾಡಿನ ಸೊಬಗು ನೋಡಿದ್ದೆ ಪುಣ್ಯ
ಆ ಹಸಿರಿನಲ್ಲಿ ಬೆರೆತಾದೇ ನಾನು ಧನ್ಯ
ಸೆಳದ ಆ ಸೊಬಗು ತೆರೆಸಿತು ಕಣ್ಣ
ನನ್ನ ಆತ್ಮ ಸಿಲಿಕಿ ಅಲ್ಲಿ ತುಂಬಿತು ಮನ !

ನಾ ಮಾಡಿದೆ ಒಂದು ಪಯಣ
ಅದರದ್ದೇ ಇದ್ದೊಂದು ಕವನ !

ನನ್ನ ಪಯಣ ಜೋಗದಡೆ ಹೋಯಿತು
ಅಲ್ಲಿ ಸಂಭ್ರಮದ ಗರಿಗೆದರಿತು
ಅದನು ಕಂಡ ಅನುಭವವೇ ಅದ್ಭುತ
ಮೂಖದೇನು ನಾನು ವಿಸ್ಮಯ ನೋಡುತ್ತಾ!

ನಾ ಮಾಡಿದೆ ಒಂದು ಪಯಣ
ಅದರದ್ದೇ ಇದ್ದೊಂದು ಕವನ !

ಪಯಣದಲ್ಲಿ ನಾ ನೋಡಿದೆ ತೋಟಗದ್ದೆಗಳನ್ನು
ಅಲ್ಲಿ ಕೆಲಸ ಮಾಡುತಿದ್ದ ಮುಗ್ಧ ಜನರನು ;
ನಾ ಅಲ್ಲಿಗೆ ಹೋಗಲು ಮಾಡಿದೆ ಯೋಚನೆ
ಆದರೆ ಆಗ ಬಂದಿತು ಮಳೆ ಜೋರನೆ!

ನಾ ಮಾಡಿದೆ ಒಂದು ಪಯಣ
ಅದರದ್ದೇ ಇದ್ದೊಂದು ಕವನ !
ಸುಂದರ ಕಾಡು ಮೇಡು ಹರುಷವ ತಂದಿತು
ನಾನು ಹಿಂತಿರುಗುವ ಸಮಯ ಬಂದಿತು
ಹಿಂತಿರುಗಳು ನನ್ನ ಮನ ಒಪ್ಪದು!
ಮರಳಲೆ ಬೇಕು ವಿಧಿ ತಪ್ಪದು

ನಾ ಮಾಡಿದೆ ಒಂದು ಪಯಣ
ಅದರದ್ದೇ ಇದ್ದೊಂದು ಕವನ !

ಅಲ್ಲಿಗೆ ನನ್ನ ಪಯಣ ಮುಗಿಯಿತು
ಮಲೆನಾಡನ್ನುಕಂಡ ಪುಣ್ಯ ನನ್ನದಾಯಿತು;
ದೇವರನ್ನು ಬೇಡುವೆ ಇಂತಹ ಪಯಣ ಸಿಗಲೆಂದು
ಮಲೆನಾಡಿನ ಮಡುವಿನಲಿ ಕವನ ಬರೆಯಲೆಂದು

ನಾ ಮಾಡಿದೆ ಒಂದು ಪಯಣ
ಅದರದ್ದೇ ಇದ್ದೊಂದು ಕವನ !

-ಲಲಿತ . ಹೆಚ್ (10B)

Health & Wellness

Physical Activity-

Health and wellness are the main necessities of us humans. Physical activity helps you in weight management, boosting our energy, strengthening our bones and muscles and in increasing our lungs breathing capacity. Some examples of Physical activities are running, playing outdoor games like tennis and cricket, toing yoga, and most importantly walking. Walking helps you a lot in loosing abdomen fat and strengthens our legs.

Nutrition-

Nutrition plays a crucial role in our body. Nutrients like Proteins, Carbohydrates, fats, vitamins, and minerals. These nutrients mainly help in strengthening muscles, providing energy, protecting our body from diseases and viruses, and building bones and muscles. There are many food rich in these nutrients, but every nutrient should be eaten in equal proportions.

Mental Health-

Mental health is as important as physical health. Practices such as meditation relieves our mind from stress, anger, tension, and anxiety. It clears our mind. Other things that help our mental health are:

- Art
- Painting
- Listening to music
- Practicing music

These practices help us to freshen our mind.

Sleep-

Good sleep is the most essential thing for overall mental and physical health. Sleeping helps and ensures rest to your mind and body. It freshens our mind and starts our day stress-free. In a day we do many activities such as walking, eating, working and our daily chores. This the only part of a human being which you see from the outside. There will be hundreds of things going on internally in your body such as digesting and sending signals to many other body parts to work as needed. After all this the body needs time to rest and heal itself, which is important so that your body stays healthy and strong.

Hydration-
Water intake is vital for our body to maintain body functions like:
• Regulating the body temperature
• Maintaining our weight
• Support overall health
We should drink at least 8 glasses of water every day adjusting to the climate, the individual's needs and current health, for example you have fever and have taken antibiotics you have to drink more water as antibiotics can cause dehydration. Dry mouth, headache, dark urine and fatigue are the symptoms of dehydration. Drinking too much water can dilute the electrolyte levels which can lead to weakness and confusion. Overhydration can also cause sodium levels. In our body to become dangerously low. This can cause nausea, vomiting and headaches.

Avoiding Harmful Substances-
Things like alcohol, tobacco, drugs and unnecessary medicine intake can lead to many side effects which may lead to life threatening situations like Heart attack, fainting and fits.
I hope this was informative and remember-

"Good health is above Wealth"

- Shraddha kallaje (6C)



-Sahasra (5C)

Cultivating or Recultivating Empathy and Sympathy:

Beyond Parties and Fun Times In the dynamic landscape of modern workplaces, empathy stands as a cornerstone of meaningful connections and thriving organizational cultures. Yet, its significance often becomes relegated to social gatherings and fleeting moments of camaraderie, missing the profound impact it can have on day-to-day interactions and overall team dynamics. In this article, we delve into the essence of empathy in the workplace, highlighting its pivotal role in fostering genuine connections and driving collective success beyond mere festivities.

Empathy, fundamentally, is the ability to understand and share the feelings of others. It transcends surface-level interactions and delves into the realm of genuine understanding and support. While it's often associated with moments of celebration and bonding, such as office parties and team-building exercises, its true essence lies in the everyday fabric of workplace interactions.

Empathy extends far beyond the enjoyable moments in life. It's especially crucial during challenging times when people are experiencing hardship, grief, or struggle. In difficult situations, empathy involves truly understanding what others are going through, even if you haven't experienced it yourself. It means offering support, comfort, and understanding without judgment. Whether someone is facing a personal loss, health issues, financial difficulties, or any other form of adversity, empathy allows us to connect with them on a deep level and provide meaningful support.

At its core, empathy in the workplace manifests through a myriad of actions, both big and small. It's about actively listening to colleagues during meetings, showing genuine concern for their well-being, and offering support during challenging times. It's about acknowledging the diverse experiences and perspectives within the team and fostering an environment where everyone feels valued and understood.

One of the key pillars of empathy is perspective-taking. It involves stepping into the shoes of our colleagues, understanding their challenges, motivations, and aspirations. By embracing a perspective-taking mind-set, we cultivate a deeper understanding of our co-workers' experiences, which in turn strengthens bonds and promotes collaboration.

Moreover, empathy serves as a catalyst for effective communication and conflict resolution. When individuals feel understood and valued, they are more likely to engage in open and honest dialogue, leading to better problem-solving and decision-making outcomes. By prioritizing empathy in our interactions, we create a safe space where diverse viewpoints are respected, and conflicts are addressed with empathy and understanding.

Furthermore, empathy cultivates a culture of compassion and support within the workplace. It encourages acts of kindness and empathy, such as offering a helping hand to a struggling colleague or providing words of encouragement during challenging times. These small gestures of empathy not only foster a sense of belonging but also contribute to individual and collective well-being.

In today's fast-paced and often stressful work environments, empathy is more crucial than ever. It serves as a buffer against burnout, fostering resilience and emotional well-being among team members. By nurturing a culture of empathy, organizations can create a workplace where employees feel supported, valued, and empowered to bring their whole selves to work.

It's about recognizing that we're all human and acknowledging each other's humanity in every interaction, whether it's during work tasks, meetings, or casual conversations. Empathy fosters compassion, kindness, and acceptance, making the world a more empathetic and harmonious place for everyone.

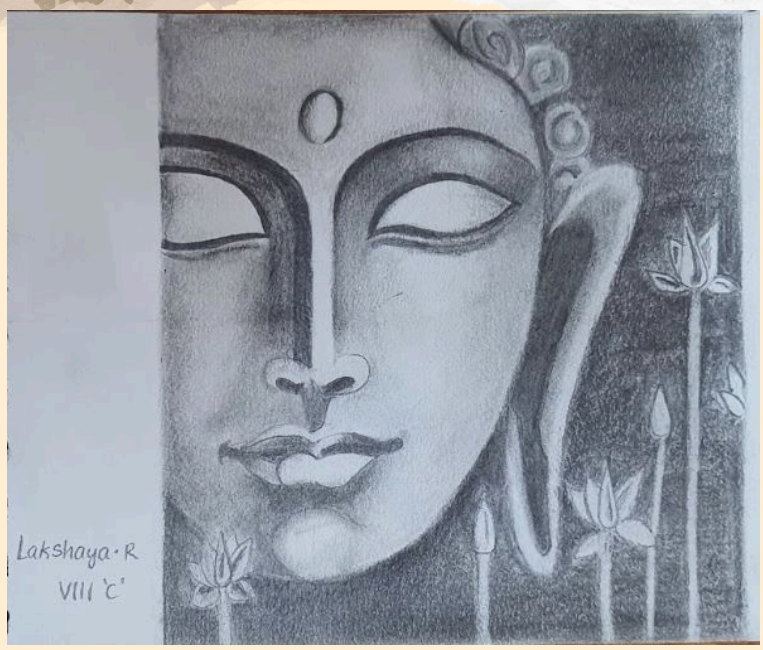
In conclusion, empathy in the workplace extends far beyond parties and fun times. It's a fundamental element of healthy team dynamics, effective communication, and overall organizational success. So let's not reserve empathy for special occasions but rather integrate it into the very fabric of our lives, transforming our workplaces into spaces where empathy reigns supreme. In essence, empathy is a cornerstone of human connection and compassion, essential for navigating both the joys and challenges of life, and for building a more empathetic and inclusive world.



-Susan Pati
Teacher



-Pranathi priya(1B)



Lakshaya.R. (8C)

ದೊರೆಯದ ಸ್ವಾತಂತ್ರ್ಯ(ಕವಿತೆ)

೭೭ರ ಸ್ವಾತಂತ್ರ್ಯ ಬಂದರೂ
ಅನುಭವಕೆ ಬರದ ಪರಿಕಲ್ಪನೆ,
ಭಾರತ ದೇಶಕ್ಕೆ ಪರಕೀಯರಿಂದ
ದೊರೆತೆರೂ ಮುಕುತಿ,
ಆಂತರದೀ ಸ್ವಾತಂತ್ರ್ಯ
ಬಯಸುತಿಹ ಸಹೃದಯಗಳೇ!
ಪರಂಗಿಯವರು ನಮ್ಮಲ್ಲಿ ಒಡೆದು ಆಳಿದರೇ,
ನಮ್ಮವರೇ ನಮಗಿಲ್ಲಿ ಆಳ್ವಿಕೆಯಲ್ಲಿ
ನೆವದಿ ನಯವಾಗಿ ನುಡಿಯುತಾ
ಜೀವನವ ಒಡೆಯುತಿಹರು!!
ಬದುಕಿನ ಬವಣೆಯ ಸಹಿಸಲೋಸುಗ
ಅನಿವಾರ್ಯತೆಯ ಸಾಮಾಜಿಕ
ಜಂಜಡಗಳ ಕಿವಿಗೊಡದೆ ,
ರಾಜಕೀಯ ದುರ್ವಾಸನೆಯ ಸೌಗಂಧದಿ
ಅನುಭವಿಸುವ ಕರ್ಮ ಸಾಮಾನ್ಯಮನಸಿಗದು,
ಮತ್ತೊಮ್ಮೆ ಇತಿಹಾಸ ತಿರುಚಿದಾಗಲೇ
ನೈಜ ಸ್ವಾತಂತ್ರ್ಯ ದೊರೆತೀತು ಎಂಬ ಆಶಯದೀ!!



-ವಿಜಯಲಕ್ಷ್ಮಿ ಕೆ ಎಸ್
ಕನ್ನಡ ಭಾಷಾ ಶಿಕ್ಷಕಿ

Kindness: A Powerful Form of Youth Empowerment

In a world often characterized by its challenges and complexities, where the voices of the youth are increasingly recognized as catalysts for change, the notion of kindness emerges as a profound force for empowerment. While the concept of empowerment typically conjures images of strength, resilience, and assertiveness, kindness offers a unique pathway towards empowerment, particularly for the younger generation.

In the Disney movie Bambi, there is a profound exchange of thoughts between characters owl and Bambi -

"Friend Owl: 'We can't have all these flowers without the bees, and butterflies.'
Bambi: 'Butterflies?'
Friend Owl: 'Uh-huh. They help the flowers.'
Bambi: 'But don't the flowers help them?'
Friend Owl: 'Why, yes, I suppose they do. Hmm, when you think about it, you can't help but feel that... well, that all things are connected.'"

This conversation between Bambi and Friend Owl highlights the interconnectedness of all living beings and the importance of empathy and reciprocity, which are central to acts of kindness.

One of the most compelling aspects of kindness as a form of youth empowerment lies in its ability to transcend boundaries and bridge divides. In an era marked by polarization and discord, acts of kindness have the remarkable capacity to dissolve barriers, forge connections, and cultivate understanding among diverse individuals and communities. By reaching out to those in need, extending a helping hand, or simply offering a listening ear, young people can break down stereotypes, challenge prejudice, and foster a culture of acceptance and respect.

In the movie, Pursuit of happiness the scene where Chris Gardner offers his last money to a homeless man who is in need. This act of generosity, despite Gardner's own financial struggles, illustrates his empathy and willingness to help others in need. Can we expect such acts from our youth? Sure we can. We must.

Kindness serves as a potent antidote to the pervasive issues of bullying, discrimination, and exclusion that many young people encounter in their daily lives. Through acts of kindness, youth not only uplift and support their peers but also cultivate a sense of belonging and solidarity within their schools, neighborhoods, and virtual spaces. By creating environments grounded in empathy and compassion, they empower themselves and others to navigate the complexities of adolescence with grace and resilience.

Wonder" a beautiful book written by R. J. Palacio has a line- "Be kind for everyone is fighting a battle. And if you really want to see what people are, all you have to do is look." This quote at the end of the movie 'Wonder' is the biggest life lesson for children and adult alike. Grab yourself a copy today.

In essence, by embracing kindness as a guiding principle, young people not only nurture their own well-being and resilience but also sow the seeds for a more compassionate, equitable, and inclusive world. As they harness the transformative power of kindness, they embody the true essence of empowerment—lifting themselves and others towards a brighter future, one act of kindness at a time.



-Rebati Chaudhuri
Teacher



-Ishaan (3C)

ಸವಾಲುಗಳಿಗೆ ಸ್ವಾಗತ....

ನೀವು ರಚಿಸುವ ಪ್ರತಿಯೊಂದು ಗಾದೆಯಲ್ಲೂ ಎರಡು ಪ್ರಾಣಿ ಅಥವಾ ಪಕ್ಷಿಗಳ ಹೆಸರಿರಬೇಕು. ಕೊಟ್ಟಿರುವ ಪ್ರಾಣಿ ಪಕ್ಷಿಗಳ ಎರಡು ಹೆಸರಿರುವಂತೆ 10 ಗಾದೆಗಳನ್ನು ಬರೆಯಿರಿ.ಕೆಲವು ಪ್ರಾಣಿಗಳ ಹೆಸರು ಪುನರಾವರ್ತನೆ ಆಗಿದೆ ಎಂದರೆ ಅವು 2 ಆಥವಾ 3 ಗಾದೆಗಳಲ್ಲಿ ಬರುತ್ತವೆಂದು ತಿಳಿಯಿರಿ. ಇಲಿ 3 ಗಾದೆಗಳಲ್ಲಿ, ಎತ್ತು ಎರಡು ಗಾದೆಗಳಲ್ಲಿ ಮತ್ತು ಹುಲಿ ಎರಡು ಗಾದೆಗಳಲ್ಲಿ ಪುನರಾವರ್ತನೆ ಆಗಿವೆ.

ಇಲ್ಲಿವೆ, ನಿಮ್ಮ ಪ್ರಾಣಿಗಳು

1)ಇಲಿ
2)ಮೇಕೆ
3)ಗಿಡುಗ
4)ಇರುವೆ
5)ಎತ್ತು
6)ನೊಣ
7)ಗಿಣಿ
8)ಹೆಗ್ಗಣ
9)ಎಮ್ಮೆ
10)ಕೋಣ
11)ಹುಲಿ
12)ಆನೆ
13)ಕುರಿ
14)ಎತ್ತು
15)ಹುಲಿ
16)ಬೆಕ್ಕು
17)ತೋಳ
18)ಇಲಿ
19)ಕೋತಿ
20)ಇಲಿ.

ಪ್ರಾಣಿಗಳ ಮೇಲೆ ದಯೆ ತೋರುವುದು ಒಂದು ಸದ್ಗುಣ. ಶುಭವಾಗಲಿ.

ಉತ್ತರಗಳು -

1. ಬೆಕ್ಕಿಗೆ ಚೆಲ್ಲಾಟ ಇಲಿಗೆ ಪ್ರಾಣ ಸಂಕಟ.
2. ಕೋತಿ ತಾನು ತಿಂದು ಮೇಕೆ ಬಾಯಿಗೆ ಸವರಿದ ಹಾಗಾಯಿತು
3. ಗಿಣಿ ಸಾಕಿ ಗಿಡುಗಕ್ಕೆ ನೀಡಿದಂಗೆ
4. ಇರುವೆ ಬಾರ ಇರುವೆಗೆ, ಆನೆ ಬಾರ ಆನೆಗೆ.
5. ಎತ್ತು ಏರಿಗೆ ಕೋಣ ನೀರಿಗೆ
6. ತಮ್ಮ ಮನೇಲಿ ಹೆಗ್ಗಣ ಸತ್ತಿದ್ದರೂ ಪಕ್ಕದ ಮನೇಲಿ ನೊಣದ ಕಡೆ ಬೊಟ್ಟು ಮಾಡುತ್ತಾರೆ
7. ಇಲಿ ಹೋದರೆ ಹುಲಿ ಹೋಯಿತು ಅಂದ್ರಂತೆ
8. ಕುರಿ ಕಾಯೋ ತೋಳ ಅಂದ್ರೆ ಸಂಬಳವೇ ಬೇಡ ಅಂತಂತೆ
9. ಮನೇಲಿ ಹುಲಿ, ಬೀದೀಲಿ ಇಲಿ
10. ಎತ್ತಿಗೆ ಜ್ವರ ಬಂದರೆ ಎಮ್ಮೆಗೆ ಬರೆ ಹಾಕಿದರಂತೆ



ವಿಜಯಲಕ್ಷ್ಮಿ ಕೆ ಎಸ್
ಕನ್ನಡ ಭಾಷಾ ಶಿಕ್ಷಕಿ

ESSAY ON TRAVEL

Travelling is basically a journey .People usually travel because of job promotions, education purposes ,to make a living ,for enjoyment, and many other reasons. Travelling is an experience which can help you appreciate the beauty around you. The world has many places such as monuments, ancient ruins, museums, natural parks, mountains, oceans, and many other interesting places. People travel with the help of transportation. I bet you are now stressed by loads of work piled up ,so a relaxing vacation wouldn't hurt anyone would it? A vacation is just what a person needs to clear up their mind and feel refreshed. One of the best aspects of traveling is exposure to diverse cultures. When we venture beyond our familiar surroundings ,we encounter people with different traditions, languages, and perspectives .This can change the fixed mindsets people have, which obviously make the world a better place. Travelling also serves as a life lesson about how we should be open to new things and appreciate everything. Everyone has their own comfort zone where everyone stays within it, but traveling encourages people to go beyond it. It also allows people to learn new skills and makes you open-minded. All these valid reasons prove that traveling is very important .In conclusion, traveling is not just going from one place to another ,it's a journey of self - discovery, personal growth, and appreciation for the world we inhabit. It broadens our horizons, challenges our assumptions, and enriches our lives in ways that other activities can't. So, whether you're exploring and traveling for whatever reasons, embrace the opportunity to travel and let it transform a better version of you .

- Yashika Shetty HC(6B)



Neha SB (5C)



Geethika(5C)



मेरे प्यारे दादा-दादी

मेरे दादा-दादी प्यारे हैं। उन्होंने मुझे हमेशा बड़ों का सम्मान करना सिखाया है और उचित जीवन जीना सिखाया है। वे हमेशा मेरे आदर्श रहे हैं और उन्होंने मेरे जीवन की सभी परिस्थितियों में हमेशा मेरा साथ दिया है। जब मेरे दादा-दादी हमारे घर आते हैं तो मुझे हमेशा खुशी होती है। जब भी वे हमसे मिलने आते हैं तो खुशियाँ लेकर आते हैं। मैं, मेरा भाई, मेरे दादा-दादी और मेरे माता-पिता एक-दूसरे के साथ समय बिताते हैं। वे मेरे और मेरे भाई के साथ खेल खेलते हैं और मेरी दादी हमें कहानियाँ सुनाती हैं। एक फायदा यह है कि अगर मेरी माँ मुझे डांटेगी तो मेरे दादा-दादी मेरा समर्थन करते हैं और फिर मुझे प्यार से मेरी गलती बताते हैं। मेरे दादा -दादी सबसे अच्छे हैं। मैं उनसे प्यार करती हूँ।

-Saanvi (7C)



-Dhatri (7B)

Embarking on a Journey: The Transformative Power of Travel

Traveling is not merely about visiting new places; it's about embarking on a journey of self-discovery, exploration, and enrichment. Whether you're exploring exotic landscapes, immersing yourself in vibrant cultures, or forging connections with people from diverse backgrounds, travel has the power to transform, inspire, and broaden horizons in ways that extend far beyond the physical journey itself.

Embracing the Unknown

One of the most exhilarating aspects of travel is stepping into the unknown and embracing the unfamiliar. Venturing beyond the familiar confines of home opens up a world of possibilities, inviting us to break free from routine and embrace spontaneity. From navigating bustling markets in Rajasthan to trekking through remote villages in Scotland, every new destination offers a chance to challenge assumptions, expand perspectives, and embrace the beauty of the unexpected.

Cultural Immersion and Understanding

Traveling provides a unique opportunity to immerse oneself in different cultures, traditions, and ways of life. Whether sampling exotic cuisines, learning local customs, or participating in traditional ceremonies, travelers gain a deeper appreciation for the diversity and richness of the world. By engaging with people from different backgrounds, travelers foster empathy, tolerance, and understanding, bridging cultural divides and forging meaningful connections that transcend language and borders.

Personal Growth and Reflection

Traveling offers a transformative journey of self-discovery and personal growth. Stepping outside our comfort zone allows us to confront fears, overcome challenges, and discover inner strengths and resilience we never knew we possessed. From solo backpacking adventures to group expeditions, travel fosters independence, confidence, and a sense of empowerment, empowering individuals to navigate life's uncertainties with courage and grace.

Creating Lasting Memories and Connections

Perhaps the most cherished aspect of travel is the memories and connections forged along the way. From shared adventures with friends and family to chance encounters with strangers who become lifelong friends, travel is as much about the people we meet as the places we visit. Whether swapping stories around a campfire, savoring a meal with locals, or dancing under the stars at a cultural festival, these moments create lasting bonds and memories that endure long after the journey has ended.

In a world filled with uncertainty and division, travel offers a beacon of hope, unity, and understanding. By embracing the spirit of adventure, cultural exchange, and environmental responsibility, travelers have the power to transform not only their own lives but also the world around them. So, whether you're embarking on a cross-country road trip or a globetrotting expedition, seize the opportunity to embark on a journey of discovery, growth, and connection—one that will leave an indelible mark on your soul.



- Shabnam Naveen
Teacher



-Sneha .S.Alur(5C)



-Mridula.S (5C)

ಚಿತ್ರ ಕವನ



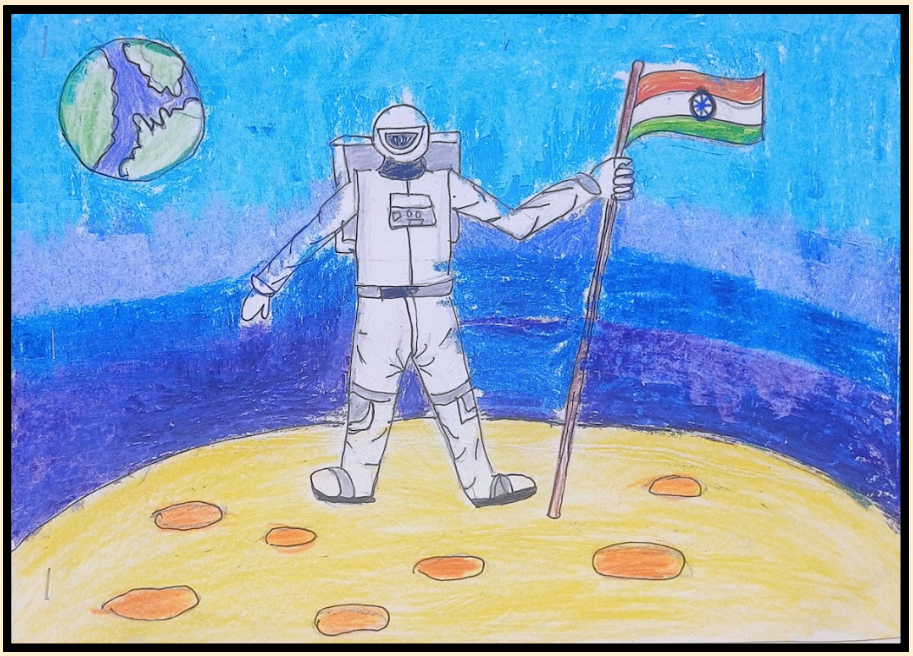
ನವರಾತ್ರಿಯ ನವಧಾತ್ರಿಯ
ಈ ಶ್ಯಾಮಲ ವನಧಿಯಲಿ
ಹಸುರಾದುದೊ ಕವಿಯಾತ್ಮಂ
ರಸಪಾನ ಸ್ನಾನದಲಿ!

ಹಸುರಾಗಸ; ಹಸುರು ಮುಗಿಲು;
ಹಸುರು ಗದ್ದೆಯಾ ಬಯಲು;
ಹಸುರಿನ ಮಲೆ; ಹಸುರು ಕಣಿವೆ;
ಹಸುರು ಸಂಜೆಯೀ ಬಿಸಿಲೂ!

ಅಶ್ವೀಜದ ಶಾಲಿವನದ
ಗಿಳಿಯೆದೆ ಬಣ್ಣದ ನೋಟ;
ಅದರೆಡೆಯಲಿ ಬನದಂಚಲಿ
ಕೊನೆವೆತ್ತಡಕೆಯ ತೋಟ!

ಅದೊ ಹುಲ್ಲಿನ ಮಕಮಲ್ಲಿನ
ಪೊಸಪಚ್ಚೆಯ ಜಮಖಾನೆ
ಪಸರಿಸಿ ತಿರೆ ಮೈ ಮುಚ್ಚಿರೆ
ಬೇರೆ ಬಣ್ಣವನೆ ಕಾಣೆ!

-ರೋನಿ ನಟೆಸನ್. ಆರ್(10)



-Tanish (4B)

Natural Disasters (Managing the financial Aspect)

Introduction:

Diya Academy of Learning, committed to fostering holistic education, organized an insightful event focused on financial literacy concerning insurance and natural disaster management. This event aimed to equip students with essential knowledge and skills to navigate financial decisions effectively, especially in the context of mitigating risks associated with natural disasters. Through interactive sessions and participants gained valuable insights into the importance of insurance and prudent financial planning.

Key Objectives:

- To raise awareness about the significance of financial literacy in managing risks associated with natural disasters.
- To educate students about the role of insurance in mitigating financial losses and providing financial security. To empower participants with practical knowledge and strategies for effective financial planning and risk management.

Event Highlights:

- Students elucidated the importance of understanding insurance policies, coverage, and claim procedures. Additionally, they provided valuable insights into assessing risks, selecting appropriate insurance plans, and building resilient financial portfolios.
- Engaging workshops were conducted to facilitate active learning and practical application of financial concepts. Participants actively participated in discussions, case studies, and simulations, enhancing their understanding of real-world scenarios and decision-making processes.

Activities:

Through LEGO SIMULATION activities, students simulated scenarios of natural disasters and explored the financial implications of such events.

This experiential learning approach helped them grasp the practical significance of insurance and financial preparedness in safeguarding their assets and livelihoods.

Q&A Sessions:
Interactive question-and-answer sessions provided participants with the opportunity to seek clarifications and deepen their understanding of complex financial concepts. Students actively engaged with industry experts, further enriching their learning experience.
Resource Materials: Comprehensive resource materials,online resources, were distributed among participants to serve as reference materials for ongoing learning and self-study.
Outcome and Impact:
The financial literacy event held at Diya Academy of Learning yielded significant outcomes and left a lasting impact on the participants:

- Increased Awareness: Participants developed a deeper understanding offinancial concepts related to insurance and natural disaster management, enabling them to make informed decisions and mitigate risks effectively.
- Empowerment: Students felt empowered with the knowledge and tools necessary to navigate the complexities of insurance policies, financial planning, and risk assessment confidently.
- Practical Skills: Through hands-on activities, participants acquired practical skills in analyzing risks, evaluating insurance options, and formulating sound financial strategies.
- Community Engagement: The event fostered a sense of community and collaboration among students and educators creating a conducive environment for continuous learning and knowledge-sharing.

Conclusion:
The financial literacy event at Diya Academy of Learning exemplified the institution's commitment to holistic education and empowering students with essential life skills.
By fostering awareness, knowledge, and practical skills in insurance and natural disaster management, the event equipped participants to navigate financial challenges with confidence and resilience. Such initiatives play a pivotal role in shaping responsible and informed citizens capable of making positive contributions to society.



-Sunitha Sahu
Teacher



Nila Tamizhanban (5C)



Vikalp: Career Choice

"Having a choice in life is a privilege. Making the right choice is a responsibility."

As you stand at the crossroads of choosing your career path after completing Class 10, it's crucial to understand that having the freedom to choose is a privilege. However, with this privilege comes the responsibility of making the right decision for your future.

Navigating the multitude of career options can feel overwhelming, but it's essential to recognize that your career isn't a final destination; rather, it's a lifelong journey characterized by growth and learning. Each choice you make shapes this journey, influencing your personal and professional development.

While making this pivotal decision, it's important to consider various factors such as your interests, strengths, and aspirations. Reflecting on what truly motivates and inspires you can guide you towards a fulfilling career path.Early planning for your career choice is essential as it lays the foundation for your future success. Starting this process as soon as possible allows you to explore various career paths, identify your interests, strengths, and goals. It also provides ample time to acquire necessary skills, pursue relevant education or training, and gain valuable experiences through internships or volunteer work. Early planning enables you to make informed decisions, avoid last-minute rushes, and adapt to changes in the job market. By taking proactive steps towards your career aspirations from an early age, you set yourself up for a fulfilling and rewarding professional journey ahead.Getting support from school teachers for career choices can be valuable.Talk to your teachers about your interests, passions, and career aspirations. Share with them what you enjoy doing and what you excel at academically.Ask your teachers for advice regarding potential career paths that align with your interests and strengths. They can provide valuable insights and suggestions based on their experiences and knowledge.

Remember, there's no one-size-fits-all approach to career planning. It's about exploring your options, seeking guidance, and making informed decisions that align with your goals and values. Embrace the journey ahead with optimism and curiosity, knowing that each choice you make is a step towards building the future you envision.We wish you all the best for a successful and fulfilling future ahead.



-Ms. Neetu Shukla
Teacher

ಏನಿರಬಹುದು ಇದರ ಹುರುಳು?!

ನನ್ನ ಪ್ರತಿಬಿಂಬ
ಏನನ್ನೋ ತೋರಿಹುದು
ನನ್ನ ಪ್ರತಿಬಿಂಬ
ಏನನ್ನೋ ಸೂಚಿಸಿಹುದು

ಏನೇ ಮಾಡಿದರೂ ಬಿಟ್ಟು ಹೋಗದು
ಏನು ಮಾಡಲಿ, ನಾನರಿಯೆ
ಇದರ ಹುರುಳು?

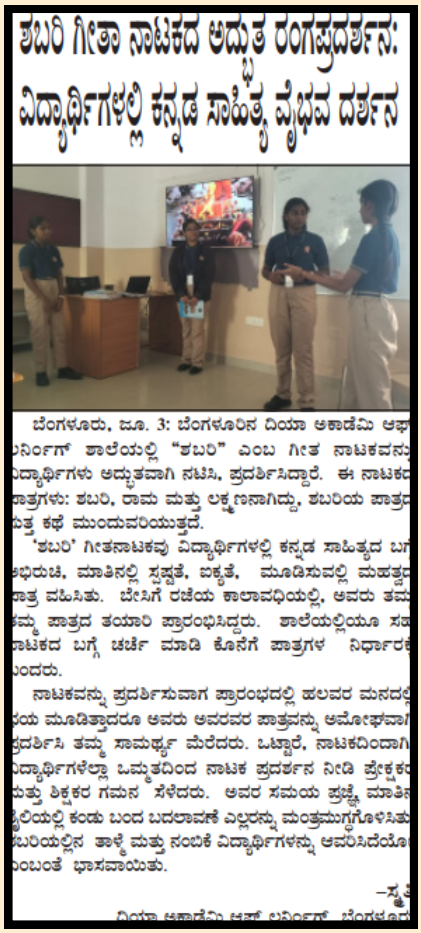
ನೀರಿನಲ್ಲಿ ಮುಳಿಗಿಸಲು
ಜ್ವಾಲಾಗ್ನಿಯಲ್ಲಿ ಉರಿಸಲು
ಗಾಳಿಯಲ್ಲಿ ಹಾರಿಸಲು
ಪ್ರಯತ್ನಿಸಿದರೂ ಹೋಗದ ಈ ನೆರಳು
ಏನಿರಬಹುದಿದರ ಹುರುಳು?

ಪ್ರತಿಬಿಂಬ ಬಿಂಬದ ಆಳದಲ್ಲಿಹುದು
ಕತ್ತಲೆಯ ಮರುಳು
ನಾನರಿಯೆ ಅದರ ಹುರುಳು

ನನ್ನದೀ ಪ್ರತಿಬಿಂಬ
ಏನನ್ನೋ ತೋರಿಸಿಹುದು
ನನ್ನದೀ ಪ್ರತಿಬಿಂಬ
ನನ್ನನೇ ಸೂಚಿಸುತ್ತಿಹುದು

ಈ ನನ್ನ ನೆರಳಿನಂತೆ
ಆಗಬಯಸಿನೀ
ಕೇವಲ ಸತ್ಯವನ್ನು ನುಡಿಯುವ
ಪ್ರತಿಬಿಂಬ ಆಗಬಯಸಿನಿ

ಏಕಾಂತದಲ್ಲಿ ಆಗುವ ಸಂಗಾತಿಯಾಗಬಯಸಿನಿ
ನನ್ನದೀ ಪ್ರತಿಬಿಂಬ
ನನ್ನನ್ನೇ ಸೂಚಿಸುತ್ತಿಹುದು
ಭೇದಭಾವವಿಲ್ಲದ ಈ ನೆರಳ
ಹುರುಳ ನಾನೀಗ ಅರಿವೆನು



ಶಬರಿ ಗೀತಾ ನಾಟಕದ ಅದ್ಭುತ ರಂಗಪ್ರದರ್ಶನ: ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಕನ್ನಡ ಸಾಹಿತ್ಯ ವೈಭವ ದರ್ಶನ

ಬೆಂಗಳೂರು, ಜೂ. 3: ಬೆಂಗಳೂರಿನ ದಿಯಾ ಅಕಾಡೆಮಿ ಆಫ್ ಲರ್ನಿಂಗ್ ಶಾಲೆಯಲ್ಲಿ "ಶಬರಿ" ಎಂಬ ಗೀತ ನಾಟಕವನ್ನು ವಿದ್ಯಾರ್ಥಿಗಳು ಅದ್ಭುತವಾಗಿ ನಟಿಸಿ, ಪ್ರದರ್ಶಿಸಿದ್ದಾರೆ. ಈ ನಾಟಕದ ಪಾತ್ರಗಳು: ಶಬರಿ, ರಾಮ ಮತ್ತು ಲಕ್ಷ್ಮಣನಾಗಿದ್ದು, ಶಬರಿಯ ಪಾತ್ರದ ಸುತ್ತ ಕಥೆ ಮುಂದುವರಿಯುತ್ತದೆ.

'ಶಬರಿ' ಗೀತನಾಟಕವು ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಕನ್ನಡ ಸಾಹಿತ್ಯದ ಬಗೆ ಅಭಿರುಚಿ, ಮಾತಿನಲ್ಲಿ ಸ್ಪಷ್ಟತೆ, ಏಕ್ಯತೆ, ಮೂಡಿಸುವಲ್ಲಿ ಮಹತ್ವದ ಪಾತ್ರ ವಹಿಸಿತು. ಬೇಸಿಗೆ ರಜೆಯ ಕಾಲಾವಧಿಯಲ್ಲಿ, ಅವರು ತಮ್ಮ ತಮ್ಮ ಪಾತ್ರದ ತಯಾರಿ ಪ್ರಾರಂಭಿಸಿದ್ದರು. ಶಾಲೆಯಲ್ಲಿಯೂ ಸಹ ನಾಟಕದ ಬಗ್ಗೆ ಚರ್ಚೆ ಮಾಡಿ ಕೊನೆಗೆ ಪಾತ್ರಗಳ ನಿರ್ಧಾರ ಮಾಡಿದರು.

ನಾಟಕವನ್ನು ಪ್ರದರ್ಶಿಸುವಾಗ ಪ್ರಾರಂಭದಲ್ಲಿ ಹಲವರ ಮನದಲ್ಲಿ ಭಯ ಮೂಡಿತ್ತಾದರೂ ಅವರು ಅವರವರ ಪಾತ್ರವನ್ನು ಅಮೋಘವಾಗಿ ಪ್ರದರ್ಶಿಸಿ ತಮ್ಮ ಸಾಮರ್ಥ್ಯ ಮೆರೆದರು. ಒಟ್ಟಾರೆ, ನಾಟಕದಿಂದಾಗಿ ವಿದ್ಯಾರ್ಥಿಗಳೆಲ್ಲಾ ಒಮ್ಮತದಿಂದ ನಾಟಕ ಪ್ರದರ್ಶನ ನೀಡಿ ಪ್ರೇಕ್ಷಕರ ಮತ್ತು ಶಿಕ್ಷಕರ ಗಮನ ಸೆಳೆದರು. ಅವರ ಸಮಯ ಪ್ರಜ್ಞೆ, ಮಾತಿನ ಶೈಲಿಯಲ್ಲಿ ಕಂಡು ಬಂದ ಬದಲಾವಣೆ ಎಲ್ಲರನ್ನು ಮಂತ್ರಮುಗ್ಧಗೊಳಿಸಿತು. ಶಬರಿಯಲ್ಲಿನ ತಾಳ್ಮೆ ಮತ್ತು ನಂಬಿಕೆ ವಿದ್ಯಾರ್ಥಿಗಳನ್ನು ಆವರಿಸಿದೆಯೊ ಎಂಬಂತೆ ಭಾಸವಾಯಿತು.

–ಸ್ವತ

ದಿಯಾ ಅಕಾಡೆಮಿ ಆಫ್ ಲರ್ನಿಂಗ್, ಬೆಂಗಳೂರು

ಗುರುವ ಚರಣದಲಿ ನಮ್ಮ ಶಿರವಿರಲಿ
ಮನದೊಳಿರಲಿ ನಿಮ್ಮ ಧ್ಯಾನ
ಎದೆಯಲೀ ನಿಮಗೆ ಸ್ಥಾನ.... ನಮ್ಮ
ಎದೆಯಲೀ ನಿಮಗೆ ಸ್ಥಾನ....

ಶರಣೂ ಗುರುವೇ ಶರಣು ದೈವವೇ
ಚರಣ ತಲಕೆ ನಮ್ಮ ಪ್ರಣಾ...ನಿಮ್ಮ॥2॥
ಊನವಾಗೆ ಅಭಿಮಾನ...
ಜೀವಿಸಿದ್ದು ಫಲವೇನಾ...॥2॥
ಜೀವಿಸಿದ್ದು ಫಲವೇನಾ...

ಗುರುವಿನ ಗುಲಾಮನಾಗುವ ತನಕ
ದೊರೆಯದಣ್ಣ ಮುಕುತೀ॥2॥
ಇರಲಿ ಗುರುವಲೀ ಭಕ್ತಿ
ಗುರು ಶಿಷ್ಯರ ಈ ಪರಂಪರೆ
ಉಳಿಸಿ ಬೆಳಸಲೀ ವಸುಂಧರೇ॥2॥
ಉಳಿಸಿ ಬೆಳಸಲೀ ವಸುಂಧರೇ...

-ವಿಷ್ಣು ಪ್ರಿಯ (10)



-Manvi .S (3C)

Humanity in the era of Artificial Intelligence – Navigating Challenges and embracing Opportunities

Artificial Intelligence (AI) has emerged as one of the most transformative technologies of the 21st century, promising to reshape industries, economies, and societies in profound ways. In this era of artificial intelligence, there is both excitement and apprehension about what the future holds for us. Will advancing AI and related technology enhance human capacities and empower them? Or, will it pose an existential threat to human civilization?

This era of AI has many challenges on the horizon to be addressed. One of the primary challenges is the potential for widespread job displacement. We encourage everyone to update and upgrade with latest technology and gasp the knowledge of every upcoming smart device, without knowing the fact that they are not only easing our life but rendering millions of jobs obsolete. Ethical considerations also loom large in the era of AI. Questions of privacy, bias, accountability and transparency must be addressed to ensure responsible utilization of technologies. Furthermore, there are existential risks associated with the development of artificial general intelligence (AGI) – AI systems that surpass human intelligence across a wide range of tasks. The prospect of AGI raises profound questions about the future of humanity and our ability to control and harness increasingly powerful technologies.
Despite these challenges, the AI era also presents tremendous opportunities. By leveraging the strengths of both humans and AI, we can address many pressing challenges that humanity is facing.

Augmentation, Not Replacement – One prevailing narrative about the future of humans in the AI era suggests a collaborative partnership, where AI augments human capabilities rather than replacing them. This vision sees AI as a tool to enhance productivity, automate mundane tasks, and allow humans to focus on creativity, emotional intelligence, and complex problem-solving. Such a scenario envisions a world where humans and AI work hand in hand, each contributing unique strengths to create a more efficient and innovative society.

Reskill and Upskill, Not Displacement - Automation has the potential to replace human labor in various industries, leading to economic disruption and the need for reskilling and upskilling programs. The future job market may demand skills that blend seamlessly with AI technologies, emphasizing the importance of adaptability and continuous learning. Governments, businesses, and educational institutions must collaborate to create robust frameworks that support workers in transitioning to new roles and industries.
Human-AI Balance, not ethical issues – Striking the right balance between innovation and responsible administration will be the essential element and need of the hour to ensure alignment of human values and right with AI trends.

- Human-AI collaboration can lead to breakthroughs in scientific research, artistic expression, problem solving- from combating climatic changes to advancing medical research. The future will likely witness increased collaboration between humans and AI in various fields. The key is to leverage the strengths of both humans and AI to create synergies that enhance productivity, efficiency, and well-being.



-Ashmita Paul,
Teacher



-Kushali

New Technology

Introduction

In today's rapidly evolving world, new technology is not merely a luxury but a necessity. From the rise of artificial intelligence (AI) to the advent of quantum computing, technological innovations are reshaping industries, transforming societies, and challenging our understanding of what's possible. In this essay, we will explore the dynamic landscape of new technology, examining its profound impacts, ethical considerations, and the opportunities it presents for the future.

The rise and impact of AI - Artificial Intelligence

Artificial Intelligence (AI) has swiftly ascended from science fiction to everyday reality, profoundly impacting industries and societies worldwide. As AI continues its rapid advancement, its transformative power raises crucial questions about the future landscape of technology and humanity's place within it.

Just a few years ago, we used to drive our cars, take company support calls with humans but now cars drive themselves, robots help us better than humans. This is just a small example of how rapidly AI technology is rising. The rise of AI to the public is due to 2 major companies releasing their top-of-the-line AI bots to the public for free ! Companies like Open-AI and Google have actually worked on this topic for years. They had a lot of prototypes and iterations, It took companies this long to give to the public because these AI models are trained on human information, which, is a lot on the internet, and training these models to differentiate between right and wrong, bias and unbiased, appropriate and inappropriate, offencive and non offencive takes a long amount of time as humans have to all review all of these before releasing it to the public. Open-AI has released Chat-GPT to the world and Google has released Bard AI. Both of
these are AI chatbots, meaning we chat with them like a human and they respond to us in a human manner. This is just one of the hundreds of ways of using AI.

AI has a huge impact on us. Most students and working employees use them to make their work easier by making AI write essays, do re-search,fact check something etc. This is just what meets the eye. AI is being used more than this one day to make our lives easier, without us even knowing !

Did you know that Netflix and YouTube (actually all streaming services use it) use AI ? well you probably don't because it isn't AI how we think AI is being used, In these services, AI is used to study your watch pattern and favorite genre and such ways, it then uses this information to display similar items that you & I like, and most of the time, you will enjoy the recommendations.

Another way it's being used is in healthcare. Yes ! AI is used in healthcare as well. This has many benefits, because AI can help doctors make more precise decisions, on point cuts and placement and more. Another example of this would be taxi apps like uber. Yes, even Uber has AI now ! truly shocking. Uber uses AI to optimize its app and learn more about you, so you can benefit with the right type of car, similar locations you've visited etc.

Internet of Things (IoT) and Smart Cities

Recent technological advancements have found a new way to control homes and everything in them. All of this technology is now collectively known as 'Internet of Things (IoT)'. IoT completely changes the way we think about our homes and technology.

IoT has enabled us to control every part of our homes remotely. IoT also uses AI to provide security, efficiency and personalization. All houses are becoming more smart, which is safer for us and easier for the government to keep track, without having to send personnel to check every home. Many smart houses form a smart city and many smart cities form a smart state and many smart states form a smart country and many smart countries form a smart continent and many smart continents form a smart world. IoT is only a small part of the recent technology revolution.

Virtual Reality (VR) and Augmented Reality (AR)

Virtual reality and Augmented reality have taken over the world in various ways. From video calling your friend with an emoji mask on you to taking a world tour from your house. VR & AR differ in many ways but function almost the same way, but just in a different way.

Both technologies require us to use heavy headsets mounted to our face in the current period of time, in the future, it is speculated that they both will just be a part of our everyday glasses.

Virtual reality uses a headset with motion controls, hand tracking, eye tracking and controllers to make a fake environment around us, these headsets have round lens' that go in front of our eyes and completely change what they see, from your house to Paris to Tokyo to WWII, your imagination is your limit. Currently, a few devices use this technology such as the Oculus Quest line of headsets. VR aims to completely change your surroundings.

AR or Augmented Reality on the other hand aims to improve our ordinary lives by enhancing them. AR also uses Motion controls, eye tracking and hand tracking.

AR uses slightly different headsets from that of VR. AR headsets show our surroundings near us, but overlay various windows over it, such as an always floating window of your to=do list, maybe a floating window of some streaming service. At the moment, only a few devices use AR technology, they include the Apple Vision Pro, RayBan smart glasses.

All in all, Both AR & VR are new and exciting technologies, with 2 different goals, with VRs being gaming, touring and enjoying with ARs being enhancing our current lives.

Rise of Renewable sources of energy

Most energy on earth is produced by burning coal, which is very inefficient and pollutant. To reduce the amount of carbon dioxide in the atmosphere with global warming, the world has started using renewable energy sources, which means that these can be renewed and reused, without harming the environment. Examples of renewable sources include Solar, Wind, Hydro, Tidal, Piezo, Nuclear and more. These sources are green and don't produce as much pollution.

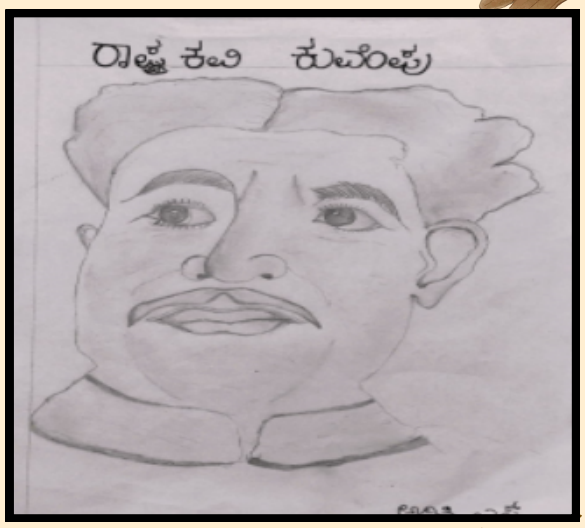
Conclusion

The relentless pace of technological advancement continues to redefine our world in ways previously unimaginable. From AI's transformative impact on industries and daily life to the potential of quantum computing to revolutionize data processing, these innovations promise a future rich with opportunities and challenges. The integration of IoT and the development of smart cities are reshaping urban living, while VR and AR are expanding the boundaries of our experiences. As we embrace renewable energy sources to combat climate change, it i imperative to consider the ethical implications and ensure these technologies benefit humanity as a whole. By understanding and harnessing these technological advancements responsibly, we can create a future that is not only more efficient and connected but also more equitable and sustainable.

-Abhinav(8B)

ಗಾನಸುಧೆ(ಕವಿತೆ)

ಮುರುಳಿ ನಿನ್ನ ಗಾನ ಸುಧೆಯಲ್ಲಿ
ಎಂಥ ಮಾಧುರ್ಯವಡಗಿಹುದೋ,
ಎನ್ನ ಮನ ಸೂರೆಯಾಗಿಹುದು
ನಿನ್ನ ಕೊಳಲೊಳಗಿನ ನಾದಕೆ,
ನಿನ್ನ ಬಣ್ಣ ಎಂಥ ಚೆನ್ನ ,ಮರುಳಾಗಿಹಳು
ಈ ಕೋಮಲೆ,ನಿನಾಡುವ ನುಡಿಯೊಳು
ಅಡಗಿಹಳು ಈ ಶ್ಯಾಮಲೆ,
ನನ್ನತನವ ಅರ್ಪಿಸುತಾ
ಭವಾಂತರಗಳನೇ ಮೀರಿಸುವಳು
ಮಾಧವನ ಮೀರೆ!
ನವಿಲ ಕಣ್ಣ ಹೊತ್ತ ನಿನ್ನ
ಮುಂಗುರುಳ ಕಂಡು
ಬೆರಗಾದಳು ಈ ಲಲನೆ!



-ಅದಿತ್ರಿ ಎಸ್ (9A)



-ವಿಜಯಲಕ್ಷ್ಮಿ ಕೆ ಎಸ್
-ಕನ್ನಡ ಭಾಷಾ ಶಿಕ್ಷಕಿ



-Sanjana E(4C)

Empowering Youths building tomorrow stronger

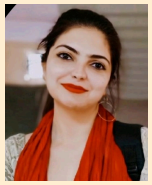
Empowering teens has become essential to securing a better and more prosperous future in the rapidly changing world today. Giving young people the resources, information, and encouragement they require to reach their full potential and take on active roles as change agents inside and outside of their communities is a broader version of empowerment than simply providing them with opportunities.

Education as a vital component in empowering young people having access to a high-quality education helps young people grow personally and equips them with the knowledge and abilities needed in an increasingly complex environment. In order to prepare young people for success in the digital age, education should go beyond traditional academic disciplines and include critical thinking, problem-solving, and digital literacy. Furthermore, mentoring is essential for empowering young people. By establishing connections with young people and mentors who can offer direction and support, mentoring programmes can have a special effect in underprivileged areas where opportunities and role models may be hard to come by.

Moreover, empowering teens from all backgrounds requires cultivating inclusive and diverse people who grow personally and equipping them with the knowledge and abilities needed in an increasingly complex environment. In order to prepare young people for success in the digital. age, education should go beyond traditional academic disciplines and include critical thinking, problem-solving, and digital literacy. Furthermore, mentoring is essential for empowering young people. By establishing connections with young people with mentors who can offer direction and support, mentoring programmes can have a special effect in underprivileged areas where opportunities and role models may be hard to come by.

Furthermore, it gives young people the chance to pursue entrepreneurship and skill development and actively participate in innovation and economic progress. Youth empowerment.Programmes help young people become opportunity creators rather than job seekers.

In the end, empowering young people is a calculated investment in the future as well as a moral requirement for making investments in youth education, mentoring, and engagement. We can help them reach their greatest potential and create a more resilient, successful society that will benefit future generations. Let us make a commitment to empowering young people and improving the world.



-Rebati Chaudhuri
Teacher



-Viha N (5C)

ನಚಿಕೇತ

ಒಂದಾನೊಂದು ಕಾಲದಲ್ಲಿ ವಾಜಶ್ರವನೆಂಬ ಬ್ರಾಹ್ಮಣ ಇದ್ದ. ಅವನಿಗೆ ನಚಿಕೇತನೆಂಬ ಮಗನಿದ್ದ. ನಚಿಕೇತ ಬುದ್ಧಿವಂತ ಮತ್ತು ಧೈರ್ಯಶಾಲಿ.

ಒಮ್ಮೆ ವಾಜಶ್ರವನು ಯಾಗವೊಂದನ್ನು ಮಾಡಿ ತನ್ನಲ್ಲಿದ್ದ ದನಗಳನ್ನು ದಾನಮಾಡಿದನು. ತುಂಬಾ ಬಡಕಲು ದನಗಳನ್ನು ತಂದೆ ದಾನಮಾಡಿದುದನ್ನು ಕಂಡು ನಚಿಕೇತನಿಗೆ ಬೇಸರವಾಯಿತು.

“ಅಪ್ಪಾ ಅಂಥ ದನಗಳನ್ನು ದಾನಮಾಡಿದರೆ ಏನು ಪ್ರಯೋಜನ?” ಎಂದು ನಚಿಕೇತ ಪ್ರಶ್ನಿಸಿದ.

“ತಲೆಹರಟೆ ಮಾತಾಡ್ಬೇಡ ಮಗನೆ, ನಮ್ಮ ಹತ್ತಿರ ಇದ್ದದ್ದೇ ಅಂಥವು. ಅದಕ್ಕೇನು ಮಾಡ್ಬೇಕು?” ಎಂದ ತಂದೆ ಸಿಟ್ಟಿನಿಂದ.

“ಹಾಗಾದರೆ ನಾನೂ ನಿನ್ನ ಸ್ವತ್ತು. ನನ್ನನ್ನು ಯಾರಿಗೆ ದಾನ ಮಾಡ್ತೀ ಅಪ್ಪ?”

ತಂದೆ ಅತಿಯಾದ ಕೋಪದಿಂದ “ನಿನ್ನನ್ನು ಮೃತ್ಯುದೇವನಿಗೆ ದಾನ ಮಾಡ್ತೇನೆ. ಅಲ್ಲಿಗೆ ಹೋಗು, ನನ್ನ ಮುಂದೆ ನಿಲ್ಲಬೇಡ”ಎಂದು ಆರ್ಭಟಿಸಿದ. ನಚಿಕೇತ ಹೆದರಲಿಲ್ಲ. ಧೈರ್ಯದಿಂದ ಯಮಪುರಕ್ಕೆ ಹೊರಟ. ಅಲ್ಲಿ ಯಮಧರ್ಮರಾಯನಿರಲಿಲ್ಲ. ನಚಿಕೇತ ಯಮರಾಜನ ಮನೆಯಲ್ಲಿ ಅನ್ನಪಾನಗಳನ್ನು ಸ್ವೀಕರಿಸದೆ ಹೊರಜಗಲಿಯಲ್ಲಿ ಮೂರು ದಿನಗಳನ್ನು ಕಳೆದ.

ಅಷ್ಟು ಹೊತ್ತಿಗೆ ಯಮಧರ್ಮ ಹಿಂತಿರುಗಿ ಬಂದ. ಮನೆಗೆ ಬಂದ ಅತಿಥಿ ಉಪವಾಸವಿರುವುದು ಕಂಡು ಅವನಿಗೆ ವ್ಯಥೆ ಆಯಿತು. ಅತಿಥಿಗೆ ಭೋಜನವಿಕ್ಕಿದ ಬಳಿಕ, ಅವನು ಹೇಳಿದ:

“ನಚಿಕೇತ, ನೀನು ನನ್ನ ಮನೆಯಲ್ಲಿ ಮೂರು ದಿನ ಉಪವಾಸ ಮಾಡಿದ್ದೀ. ಆದ್ದರಿಂದ ನಿನಗೆ ಇಷ್ಟಬಂದ ಮೂರು ವರಗಳನ್ನು ಕೇಳಿಕೊ.”

ನಚಿಕೇತನು: “ಮೃತ್ಯುದೇವತೆ ನನ್ನ ಮೇಲೆ ತಂದೆಗಿರುವ ಕೋಪ ಶಮನ ಆಗಲಿ. ಇದೇ ನಾನು ಕೇಳುವ ಮೊದಲನೆಯ ವರ” ಎಂದ.

ಯಮರಾಯ “ತಥಾಸ್ತು” ಎಂದ.

“ಯಮಧರ್ಮ ಸ್ವರ್ಗಲೋಕದಲ್ಲಿ ಮುಪ್ಪು ಸಾವುಗಳಿಲ್ಲವಂತೆ. ಅದನ್ನು ಪಡೆಯಲು ಏನು ಮಾಡ್ಬೇಕು?”

“ಜ್ಞಾನದ ಮೇಲೆ ನಿನಗಿರುವ ಆಸಕ್ತಿ ಕಂಡು ಸಂತೋಷ ಆಯಿತು ನಚಿಕೇತ. ನೀನು ಅಗ್ನಿವಿದ್ಯೆಯನ್ನು ತಿಳಿದರೆ ಸ್ವರ್ಗ ಪ್ರಾಪ್ತಿಯಾಗ್ತದೆ” ಎಂದು ಯಮ ನಚಿಕೇತನಿಗೆ ಅಗ್ನಿ ವಿದ್ಯೆಯನ್ನು ಬೋಧಿಸಿದ.

“ಯಮಧರ್ಮರಾಜ ಇನ್ನು ಮೂರನೆಯ ಬೇಡಿಕೆ. ನನಗೆ ಆತ್ಮ ಜ್ಞಾನವನ್ನು ಬೋಧಿಸು.”

“ಬಾಲಕ ನಚಿಕೇತ, ನೀನಿನ್ನೂ ಸಣ್ಣವನು. ಆ ವಿದ್ಯೆ ಬೇಡ. ಅದಕ್ಕೆ ಬದಲಾಗಿ ನಿನ್ನನ್ನು ಭೂಮಂಡಲದ ಚಕ್ರವರ್ತಿಯನ್ನಾಗಿ ಮಾಡ್ತೇನೆ” ಎಂದು ನುಡಿದ ಜವರಾಯ.

“ಚಕ್ರವರ್ತಿ ಪದವಿ ಕ್ಷಣಿಕ ಯಮದೇವ. ನನಗೆ ಆತ್ಮಜ್ಞಾನವಿದ್ಯೆಯನ್ನೇ ತಿಳಿಸಿಕೊಡು” ಎಂದು ಹಟ ಹಿಡಿದ ನಚಿಕೇತ. ಯಮದೇವ ಅದನ್ನು ನಚಿಕೇತನಿಗೆ ಬೋಧಿಸಿದ.

ಅನಂತರ ನಚಿಕೇತನ ತನ್ನ ತಂದೆಗೆ ಮನೆಗೆ ಹಿಂತಿರುಗಿ ಬಹಳ ವರ್ಷ ಬದುಕಿದ.

- ನಿರೂಪಣೆ: ಡಾ. ಅನುಪಮಾ ನಿರಂಜನ, ‘ದಿನಕ್ಕೊಂದು ಕಥೆ’ (ಸಂಗ್ರಹ)



-Bhuvanav (8A)

ಗಾನಸುಧೆ(ಕವಿತೆ)

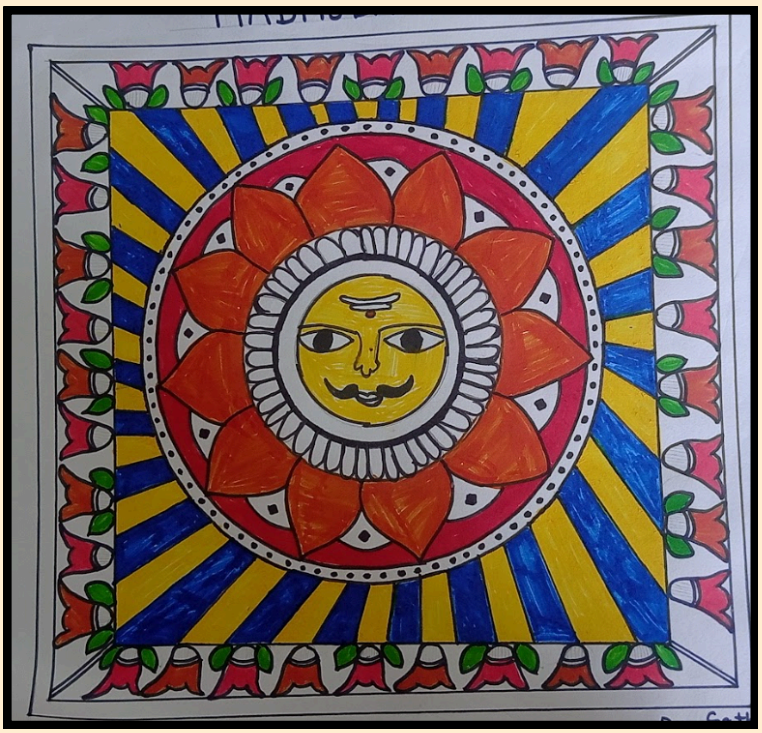
ಮುರುಳಿ ನಿನ್ನ ಗಾನ ಸುಧೆಯಲ್ಲಿ
ಎಂಥ ಮಾಧುರ್ಯವಡಗಿಹುದೋ,
ಎನ್ನ ಮನ ಸೂರೆಯಾಗಿಹುದು
ನಿನ್ನ ಕೊಳಲೊಳಗಿನ ನಾದಕೆ,
ನಿನ್ನ ಬಣ್ಣ ಎಂಥ ಚೆನ್ನ ,ಮರುಳಾಗಿಹಳು
ಈ ಕೋಮಲೆ,ನಿನಾಡುವ ನುಡಿಯೊಳು
ಅಡಗಿಹಳು ಈ ಶ್ಯಾಮಲೆ,
ನನ್ನತನವ ಅರ್ಪಿಸುತಾ
ಭವಾಂತರಗಳನೇ ಮೀರಿಸುವಳು
ಮಾಧವನ ಮೀರೆ!
ನವಿಲ ಕಣ್ಣ ಹೊತ್ತ ನಿನ್ನ
ಮುಂಗುರುಳ ಕಂಡು
ಬೆರಗಾದಳು ಈ ಲಲನೆ!



- ವಿಜಯಲಕ್ಷ್ಮಿ ಕೆ ಎಸ್
ಕನ್ನಡ ಭಾಷಾ ಶಿಕ್ಷಕಿ



-Prutha V (1B)



-Sathvika (3C)

Mindfulness through Meditation

Meditation is a practice .That involves focusing or clearing your mind using a combination of mental and physical techniques .Has a history that goes back thousands of years, and many meditative techniques. Began in Eastern traditions. The term meditation refers to a variety of practices that focus on mind and body integration and are used to calm the mind and enhance overall well-being .The practice of meditation is thousands of years old, and different forms come from around the world. However, Run Science has only started studying this practice in detail during the last few decades.

Advances in technology, So just and healthcare providers can See how meditation effects our brain. Our brain, we have billions of neurons .Which are cells that use electrical and chemical signals to send messages to each other .One neuron connects to thousands of others, which is how our neurons form networks across different parts of our brain. Those networks from different areas of our brain which have different jobs and specialties. Multiple research studies have found that people who meditate regularly have certain differences in their brain structure .Those changes usually involve brain tissue that's denser or certain areas of brain that are larger than expected, Saying that the neurons there have more connections to each other and the connections are stronger. The affected areas of the brain are usually those that manage or control our senses, (for example, vision, hearing, etc) our ability to think and concentrate and our ability to process emotions. The brains of people who meditate regularly are healthier and less likely to show age-related loss of function. They also have a stronger ability to deal with and process negative emotions like fear, anger and grief.

Benefits of meditation are:

1. Reduces stress: Styles of meditation can help reduce stress. Meditation can likewise reduce symptoms in people with stress triggered medical conditions.
2. Controls anxiety: Meditation can help reduce anxiety and improve stress reactivity and coping skills.
3. Promotes emotional health: Some forms of meditation can improve depression and reduce negative thoughts. It may also decrease levels of inflammatory cytokines, which could contribute to depression.
4. Enhances self-awareness: Self inquiry and related styles of meditation can help us know ourselves .This can be a starting point for making other positive changes.

5. Lengthens attention span: Several types of meditation may build your ability to redirect and maintain attention.
6. May reduce age-related memory loss: The improved focus one can gain through regular meditation may boost our memory and mental clarity. These benefits can fight age-related memory loss and dementia.
7. Can generate kindness: Metta, or loving-kindness meditation is a practice of developing positive feelings, first towards ourselves and then towards others. Metta increases positivity, Empathy and compassionate behavior towards others.
8. Fight addiction: Meditation develops mental awareness and can help us manage triggers for unwanted impulses.This can help us recover from addiction, manage unhealthy eating, and redirect other unwanted habits.
9. Improves sleep: A variety of meditation techniques can help us relax and control runaway thoughts that can interfere with sleep.This can shorten the time it takes to fall asleep and increase sleep quality.
10. Helps control pain: Diminish the perception of pain in the brain.This may help treat chronic pain when used to supplement medical care or physical therapy.
11. Can decrease blood pressure: Decreases not only during meditation but also overtime in individuals who meditate regularly.
12. Accessible anywhere: If anyone is interested in incorporating meditation into their routine, we can try different styles and consider guided meditation and can get started with anything that suits us. Meditation and meditation techniques are very accessible.There is no correct way to meditate. That is because meditation can take different forms.

Depending on the type of meditation we choose, we can meditate to relax, reduce anxiety and stress, and many more. Experts have analyzed meditation practices, and found that some common processes happen across different meditation forms.
These are:

- Body-centered meditation: This is sometimes called self scanning. Doing this involves focusing on the physical sensations you can feel throughout your body.
- Contemplation: This usually involves concentrating on a question or some kind of contradiction without letting our mind wander.

- Emotion-centered meditation: This kind of meditation has your focus on a specific emotion.For example, focusing on how to be kind to others or on what makes us happy in life.
- Mantra meditation: This kind of meditation involves repeating (either aloud or in our head) and focusing on a specific phrase or sound. For example, chanting ‘om’.
- Meditation with movement: This type of meditation can involve focusing on breathing, holding our breath, or performing specific body movements. It can also involve walking while focusing on what we observe around us.
- Mindfulness meditation: This form of meditating is about staying aware of what's happening at the moment, rather than letting our mind wander and worried about the past or future .It can also involve a similar approach as body centered meditation, using what we feel throughout our body as a foundation for our awareness of the world around us.
- Visual-based meditation: This type of meditation involves focusing on something we can see either with our eyes or by concentrating on a mental image.

Meditation is an ancient practice with a wealth of potential benefits for both physical and mental well-being. Regardless of our background or experience level, there's a form of meditation outhere that can suit our needs. With just a few minutes a day, we can cultivate a calmer, more focused, and healthier us.

- **- Tanvi (7C)**



-Lisha H



-G.Lakshaya Sahasra (3B)



-M.Ridula 5C

A Trip to the Past

Once upon a time, there lived a boy called Jayson. He lived in one of the high rise apartments in New York City. His cousins, who lived nearby, used to visit him from time to time. Jayson also used to go to visit them sometimes. One fine day during summer vacations, he thought to himself that he would go on an adventure trip in the jungles.

His cousins who had always been brought up in the city, didn't like adventures at all. Still, Jayson invited them to join him but as expected, they didn't want to go. Jayson thus decided to go on the trip alone. Since the jungle was nearby, his parents agreed but told him to be safe and return soon.

Jayson excitedly started packing for his adventure trip. He took his camping bag from the attic and emptied it first so that he could repack. While he was emptying the bag, a strange item fell from it. Jayson had no idea where that mysterious looking item had come from but since he was so excited to go on the trip, he didn't give it much thought and packed it inside his bag thinking that it was a device with which he could find directions. The mysterious item looked like a watch that could be worn on the wrist. As soon as it went inside the bag, it started glowing. Little did Jayson know that the watch had magical powers.

Jayson left home, crossed the cityscape and entered the jungle. He crossed a lot of the forest area till nightfall. When he found a clearing among the trees, he decided to stop for the night to take some rest. As he was about to have his dinner, he saw a shooting star in the sky from a clearing among the trees. At the very moment that the shooting star passed through the sky, the watch like mystery item in Jayson's bag turned on and started to spin and beep. And with that spinning and beeping, something happened around Jayson's surroundings; it started to change.

Jayson took out the watch-like item and as he held it in his hand, the spinning stopped and on the display, some kind of symbols appeared that looked like some kind of combination. He couldn't decipher what those combination symbols meant. Suddenly, the watch started speaking to Jayson. It said words like "Fire", "Ice", "Earth", "Thunder", "Wind" and "Water". It disn't make any sense to Jayson and he was extremely confused as to what had happened to his surroundings.

Suddenly, he found himself among more trees and everything looked pitch dark. There weren't any sound of the bustling city nearby. It was as if his surroundings had come to a standstill.

Jayson was scared but he couldn't really do anything about it and he didn't want to venture out in the dark even with a flashlight. So, he decided to spend the night in his tent and try to venture out in the morning to find out about the change in his surroundings or even find his way back home. Before he went to bed, he took out his diary and wrote a note to his parents and family.

He thought that in case he didn't return or didn't survive, his parents would get the note from him and they would feel at least some peace. He felt really emotional while writing the note but decided not to cry as it would show his weakness. He knew he was a big boy; his mother always told him that. He didn't want to disappoint his mother. After writing the note, he went to bed. Since he was tired, it was not long before he went into a deep sleep.

Jayson woke up early in the morning because it got really bright and he couldn't stay in his tent any longer. He got out of his tent to see the most breathtaking scenery outside. Everything had a golden hue around him and it was as if the sun was shining extra brightly that day. There were so many birds chirping all around him. He felt really happy on seeing the mesmerizing view. After having a quick breakfast, he decided to venture out into the forest to look for a way to get out because even though his surroundings pleased him, he missed home. He wanted to go back to his parents and play with his cousins.

Jason took out the watch again. The watch was not spinning but it had the same mysterious symbols displayed on it. He decided to wear it around his wrist to see if it changed as he passed through the different areas of the forest.

As he walked to different places in the forest, he saw many creatures that he had never seen before. Those creatures were not harmful and he even petted them and fed them. However, these creatures didn't like the packaged food he gave to them. Jayson felt weird because he loved to eat those packaged food.

Jayson had reached a very deep area into the forest by afternoon. It was a little warm and stuffy in the area. He was looking at some creatures, when his watch started to beep again and he looked at it to see it spinning again. He didn't know what to do to stop the spinning. He frantically started looking here and there because he realized that something in the forest had triggered the watch to spin. He stopped and froze in his tracks when he heard a woman's voice calling out his name.

"Jayson... Jayson..." Jason didn't know how to react to the voice's calling. His throat had dried up in fear.

"Don't be scared, Jayson. I am not here to harm you." Jason thought to himself that anyone who would want to harm him would say the same thing. He still decided to face the voice. He knew either way, he would not survive this. Hence, he at least wanted to see the face of his killer.s he turned around, he saw a green figure standing in front of him. No, she was floating mid-air, Jayson observed. The green figure had clothes made of leaves that made her look like an animated character he had seen in a TV show some years back.

"Who... who are you?" Jayson mustered up the courage to ask.

"I am the forest spirit. I know that I don't come out often and hence you might be shocked to see me or probably don't even know I exist but I am the spirit of the forest and I exist everywhere you find greenery... although, in your time, that is quite rarely found..."

"What do you mean?" Jayson asked, confused.

"The forest spirit replied with another question, "Didn't you find a change in your surroundings last night?"

"Umm... yes. There happens to be more trees and strange creatures around... creatures I have never seen before."

As he turned around, he saw a green figure standing in front of him. No, she was floating mid-air, Jayson observed. The green figure had clothes made of leaves that made her look like an animated character he had seen in a TV show some years back.

“Who... who are you?” Jayson mustered up the courage to ask.
“I am the forest spirit. I know that I don’t come out often and hence you might be shocked to see me or probably don’t even know I exist but I am the spirit of the forest and I exist everywhere you find greenery... although, in your time, that is quite rarely found...”
“What do you mean?” Jayson asked, confused.
“The forest spirit replied with another question, “Didn’t you find a change in your surroundings last night?”
“Umm... yes. There happens to be more trees and strange creatures around... creatures I have never seen before.”
“That’s because when the Ashley comet passed yesterday night, the device on your wrist turned back the time. You are now transported back in time... a time when there were more trees and creatures... a time when humans hadn’t exploited mother nature so much.”
Jayson looked at the watch. Now the symbols made sense. They were ancient runes that symbolized elements of nature like fire, water and wind. He realized how much damage nature had faced in the face of development and urbanization.
“I am sorry...” It was all Jayson could mutter.
“Don’t be. You are not to blame particularly. It is a combined sin of humans. You should not be punished for it. Rather, I feel you can help us.” the spirit replied.
“How? Is there a way I can go back to where I came from? And if I do, can I tell people about my experience?” Jayson asked.
“Of course you can, this watch is a magical tool that can transport you to different times but it only activates when some natural phenomenon occurs around it. And since I happen to be the spirit of the forest, I can induce rain to activate the device to take you back to where you came from. But as you know, you have to fulfill your promise and help mother nature and us survive. You have to tell the people to stop harming us any further.”
“I will surely do that. I am so grateful to you for letting me go back. I will never forget this debt and I shall do everything in my might to help you.” Jayson said, with tears in his eyes.
On hearing that, the spirit disappeared into thin air.

Jayson thought that the spirit had felt hurt or betrayed and had left him stranded in a forest of the past. But soon he realized that the spirit of the forest had materialized herself into rain.

As he turned around, he saw a green figure standing in front of him. No, she was floating mid-air, Jayson observed. The green figure had clothes made of leaves that made her look like an animated character he had seen in a TV show some years back.
“Who... who are you?” Jayson mustered up the courage to ask.
“I am the forest spirit. I know that I don’t come out often and hence you might be shocked to see me or probably don’t even know I exist but I am the spirit of the forest and I exist everywhere you find greenery... although, in your time, that is quite rarely found...”

-Raiz Mohammad(6B)



-Lakshaya .R. (8C)

ಕರ್ನಾಟಕದ ಮಹತ್ವದ ಸಂಗತಿಗಳು

೧. ಕರ್ನಾಟಕದಲ್ಲಿ ಒಟ್ಟು ೧೩ ಭಾಷೆಗಳನ್ನು ಮಾತನಾಡುತ್ತಾರೆ .
೨. ಐದು ನದಿಗಳು ಹರಿಯುವ ಕರ್ನಾಟಕದ ಒಂದು ಜಿಲ್ಲೆ ಬಿಜಾಪುರ
೩. ಕರ್ನಾಟಕದಲ್ಲಿರುವ ಶ್ರವಣಬೆಳಗೋಳದ ೫೮ ಅಡಿ ಎತ್ತರದ ಗೊಮ್ಮಟೇಶ್ವರ ಪ್ರತಿಮೆಯು ವಿಶ್ವದ ಅತಿದೊಡ್ಡ ಏಕಾಶಿಲೆಯ ಪ್ರತಿಮೆಯಾಗಿದೆ
೪. ಕರ್ನಾಟಕದ ೮ ಸಾಹಿತಿಗಳಿಗೆ ಜ್ಞಾನಪೀಠ ಪ್ರಶಸ್ತಿ ಪುರಸ್ಕೃತಿ ದೊರೆತಿದೆ
೫. ೨೦೦೧ ರಲ್ಲಿ ಮೊದಲ ಖಾಸಗಿ ರೇಡಿಯೋ ಕೇಂದ್ರವನ್ನು ಸ್ಥಾಪಿಸಿದ ಮೊದಲ ರಾಜ್ಯ ಕರ್ನಾಟಕವಾಗಿದೆ .
೬. ಸರ್ ಚಂದ್ರಶೇಖರ್ ವೆಂಕಟ ರಾಮನ್ ಕರ್ನಾಟಕದ ಮೊದಲ ನೋಬಲ್ ಪ್ರಶಸ್ತಿ ಪಡೆದ ವಿಜ್ಞಾನಿ
೭. ಆಲದ ಮರದ ತಾಯಿ ಎಂದು ಸಾಲು ಮರದ ತಿಮ್ಮಕ್ಕನನ್ನು ಕರೆಯುತ್ತಾರೆ .

ಕುಮಾರ ದೀಪಕ್ ರೆಡ್ಡಿ(5)



-Saanvitha (3C)

ಗಂಟು-ಕಗ್ಗಂಟಿನ ನಂಟು (ಕವಿತೆ)

ಬರೆದ ಹಸ್ತಕ್ಕೆ ಮನದ
ಭಾರವನಿಳಿಸಲು ಅರಿತಂತೆ,
ಯೋಚನಾಲಹರಿಯೇ
ಬದಲಾಯಿಸಲು
ಹೃದಯವು ಬುದ್ದಿಯ
ಮೊರೆಯಿಟ್ಟಂತೆ,
ಪರರ ನಯ ನುಡಿಗಳ
ಆಲಿಸದಿರಲು ಒಲಿದ
ವ್ಯಕ್ತಿತ್ವಕ್ಕಿಂದು ಮತ್ತೊಂದು
ಹೊಣೆ ಹೆಗಲೆರಿದಂತೆ
ಬದುಕು-ಬವಣೆಗಳಾಟದ
ಜಾಲದ ಸುಳಿಗಳಲಿ
ಬಿಡಿಸಲಾರದ ಗಂಟಾಗದೇ,
ಒಲವಿನ ನಂಟಾಗುವಂತೆ
ಭರವಸೆಯ ಬಂಧವಿರಲಿ!!



-ವಿಜಯಲಕ್ಷ್ಮಿ ಕೆ ಎಸ್
ಕನ್ನಡ ಭಾಷಾ ಶಿಕ್ಷಕಿ



ಇಂದಿನ ಮಾನವ ಜೀವ

ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಸಮಸ್ಯೆಗಳ ಪಡೆ,
ಮನುಷ್ಯರಿಗೆ ಕಷ್ಟವನ್ನು ಕೊಡುತಿದೆ.
ಆ ಸಮಸ್ಯೆಗಳ ವಿರುದ್ಧ ಹೋರಾಡೋಣ,
ನಮ್ಮಲ್ಲಿ ಒಗಟನ್ನು ಬಿತ್ತೋಣ.

ಜಾತಿ-ಕುಲ-ಮತ-ಧರ್ಮ ಎಂಬ ಪಾಶಗಳು
ಮನವೀಯ ಮೌಲ್ಯಗಳನ್ನು ಕೊಂದಿದೆ.
ಕೆಳಗೆ ಬಿದ್ದಿರುವ ಈ ಮೌಲ್ಯಗಳನ್ನು
ಮೇಲೆಬ್ಬಿಸಿ ಹೊಸ ಭರವಸೆಗಳ ಕಟ್ಟೋಣ

ಭೇಧಭಾವಗಳನ್ನು ಉಂಟುಮಾಡುವ
ವಸ್ತುಗಳನ್ನು ತೊಲಗಿಸಿ ಸಮಾಜದಲ್ಲಿ
ಸಂತೋಷವನ್ನು ಸ್ಥಾಪಿಸೋಣ
ನಾವು ಮಾಡುವ ತಪ್ಪುಗಳನ್ನು ಒಪ್ಪಿಕೊಂಡು
ಮನುಷ್ಯರ ನಡುವೆ ಸೇತುವೆ ಕಟ್ಟೋಣ

ಮನುಷ್ಯರ ಕಾರಣದಿಂದ ಬರಡಾಗಿರುವ
ಕಾಡುಗಳು ಕಷ್ಟಪಡುತ್ತಿರುವ ಪ್ರಣಿಗಳಿಗೆ
ವಸಂತ ಋತುವಾಗೋಣ
ಜಲ ಮಾಲಿನ್ಯಕ್ಕೆ ಕಾರಣವಾದ
ನಾವು ಮುಂಗಾರಿನ ಮಳೆಯಾಗೋಣ
ಮುಂಗಾರಿನ ಮಳೆಯಾಗಿ
ನದಿಜಲಗಳನ್ನು ಸ್ವಚ್ಛಗೊಳಿಸೋಣ

ಇನ್ನೂ ಸಮಯವಿದೆ ಎಂದು ನೆನಪಿಟ್ಟುಕೊಂಡು,
ನಮ್ಮ ಮನಸನ್ನು ಬದಲಾಯಿಸೋಣ
ನಮ್ಮಲ್ಲಿರುವ ಒಳಗಿನ ಧ್ವನಿಯನ್ನು ಕೇಳಿ
ಒಳ್ಳೆಯ ಮನುಷ್ಯರಾಗೋಣ
ನಮ್ಮಲ್ಲಿರುವ ವ್ಯಕ್ತಿಯನ್ನು ಹೊರಗೆ ತಂದು
ಸಮಾಜದ ಸೇವೆ ಮಾಡಿ ಬೆಳಕನ್ನು ನೀಡೋಣ

-ಸಹನಾ(10)



-Lakshaya .R.(8C)



-Geethika (5C)

Shakespeare in India.

Shakespeare, originally, was an entertainer. He wrote his works for the stage and arranged his plots on the basis of audience's engagement. Eventually, when people started studying his plays, he became a literary phenomenon and that is when his actual fame began as a messenger; as a bard, who'd tell us stories that had some value and meaning. Shakespeare is a product of renaissance ethos. Renaissance wasn't a nation centric phenomenon and hence it didn't make Shakespeare or his work nation centric. Shakespeare's works were meant to travel the world. His work is not based on local knowledge but on human experience and hence it has been relatable to the audience over the centuries. Shakespeare has thus become a tool for us to understand people and their problems and then to understand our problems and find a solution to it. Shakespeare's works came to India around the 1700s with the building of the Calcutta Theatre (1774) under the 'civilizing mission' of the British East India Company. Shakespeare's works were predominantly used for implementing this mission. Around the same time, theatres were also set up in Bombay, the only difference being that, they were more inclined towards the Indian languages. This was during the occidental – oriental controversy. With the implementation of Lord Macaulay's 'Minutes on Indian Education', colleges were set up in various places across India, promoting the study of English texts, either in translation or in the original English language. One such college was Fort William in Calcutta, where a British official named Claude Monckton translated The Tempest in Bengali in 1809. This is the first known translation of Shakespeare into any Indian Language. Other colleges like the Hindu College (Now Presidency University) promoted the study of English through Shakespeare's works (Both reading and performing). Shakespeare was officially included in the Indian curriculum in 1857. Shakespeare's plays slowly started to be translated into local languages and performed with the much needed digressions in setting, costume, make-up and dialogues. Some famous stage adaptations are Piya Berupiya (a nautanki style adaptation of Twelfth Night), Kamdev ka Apna Basant Ritu ka Sapna (A Midsummer's Night Dream in Chattisgari culture), etc. Many other cultural adaptations followed which included Indian theatre and dance forms like Kathakali (pioneered by Sadanam Balakrishnan) and Jatra Shakespeare (Pioneered by Utpal Dutt) .

Why such adaptations were needed can be answered through Utpal Dutt's words:

"When I staged Shakespeare in English people were seeing the play with rapt attention but were not responding to it but as soon as I took it to Indian languages then the crowd started enjoying it more."

It did not take long for Bollywood to come up with their versions of Shakespeare's works and there have been commendable works like Khoon ka Khoon, Angoor, Do Dooni Chaar, Ram Leela, Issaq and the Vishal Bhardwaj's Trilogy: Omkara, Maqbool and Haider. Shakespeareans and film scholars provide an alternative history of the development of Indian cinemas through its negotiations with Shakespeare focusing on the inter-textualities between Shakespearean theatre, regional cinema, performative traditions, and literary histories in India.

The purpose is not to catalog examples of Shakespearean influence but to analyze the interplay of the aesthetic, historical, socio-political, and theoretical contexts in which Indian language films have turned to Shakespeare and to what purpose.

Cultural Materialism and Shakespeare:

Shakespeare was being translated and performed in various parts of the world even before there was a term associated with it. The adaptations were made according to the audience's needs and wants and that is what was defined by Raymond Williams as Cultural Materialism, who used it to describe a theoretical blending of leftist culture and Marxist analysis. Cultural materialists deal with specific historical documents and attempt to analyze and recreate the zeitgeist of a particular moment in history.

In other words, Cultural Materialism is a process of literary criticism that places texts in material, that is socio political or historical to show that canonical texts (like Shakespeare or Austen) are bound up with a repressive, dominant ideology, yet they also provide scope for dissidence. It explains cultural similarities and differences as well and shows models for cultural change within a societal framework.

Shakespeare's plays are not original. Rather, Shakespeare sourced his plots and characters from historical accounts and classical texts. Shakespeare was well-read and drew from an extensive range of texts. It is often difficult to prove a direct link between Shakespeare's plays and the original sources, but there are some of the sources of Shakespeare that have been confirmed. They are Giovanni Boccaccio's 'Decameron' (Source for All's well that ends well and The Two Gentlemen of Verona Saxo Gramaticus' 'Gesta Danorum' (Source for Hamlet.), Raphael Holinshed's 'Holinshed's Chronicles' (Source for Henry IV, Henry V, Henry VI, Henry VIII, King Lear and Macbeth) Since Shakespeare's sources were so vastly different and spanned across many empires and their cultures, it made his plays the most culturally adaptive. Hence, Shakespeare's plays have been adapted and performed across cultures, to portray political and social issues plaguing the society during their time.

Cultural Materialism in Haider (2014):

Haider is a modern-day adaptation of William Shakespeare's tragedy Hamlet and also an adaptation of Basharat Peer's memoir Curfewed Night. It is set amidst the insurgency-hit Kashmir of 1995 and civilian disappearances. Haider (Adapted name for Hamlet), a young student and a poet, returns to Kashmir at the peak of the conflict to seek answers about his father's disappearance and ends up being tugged into the politics of the state. Instead of showing the royal background of Hamlet, Haider's father, Hilal Meer (Adapted name for King Hamlet) has been portrayed as a doctor, who is righteous and doesn't want to see Kashmir torn into pieces between the opposite forces that were at work at the time. Following the disappearance of Hilal Meer, his wife (Haider's mother) Ghazala (Adapted name for Gertrude) consorts with his brother Khurram (Adapted name for Claudius) much to the disbelief and disappointment of Haider. He soon learns from a freedom fighter named Roohdaar that his father was killed by Khurram and that Haider must take revenge of his father's death.

The digression from the original plot was made because supernatural elements like the appearance of a ghost might not have been received well by a modern audience. The rest of the story follows the original plot until Khurram realizes that Haider knows about his crimes. He tries to corrupt Haider by saying that Roohdar killed his father, resulting in the famous dilemma of Haider. Haider decides to go to Pakistan and train for killing Khurram but is also skeptical about it. The film's departure from the original plot, such as the absence of supernatural elements like the ghost of King Hamlet, reflects a conscious choice to resonate with modern audiences while adhering to the cultural and political realities of Kashmir. This adaptation strategy aligns with the principles of Cultural Materialism, which emphasizes the significance of socio-political and historical contexts in literary analysis. Furthermore, "Haider" explores themes of betrayal, vengeance, and political manipulation, echoing the timeless themes of Shakespeare's "Hamlet" within the specific socio-political context of Kashmir. The character dynamics, particularly the relationship between Haider and his mother Ghazala, adapted from Gertrude, and his uncle Khurram, adapted from Claudius, are reshaped to reflect the complexities of familial loyalty and political allegiances amidst conflict. To conclude, "Haider" exemplifies how Cultural Materialism can inform adaptations of canonical texts to reflect the socio-political realities of a specific time and place. Through its reinterpretation of "Hamlet" in the context of Kashmir, the film not only pays homage to Shakespeare's universal themes but also sheds light on the contemporary issues and struggles faced by marginalized communities.



-Pushpita , Teacher

Unraveling the Mystery: A Review of "Inferno" by Dan Brown

Dan Brown's engrossing thriller "Inferno" weaves history, art, and science into a compelling story as it transports readers through the alleys of Florence, Venice, and Istanbul. In "Inferno," the fourth book in Brown's Robert Langdon series, the Harvard symbologist must work quickly to answer a riddle based on Dante's "Inferno" while exposing a plot that could cause a worldwide emergency.

Set against the backdrop of Dante Alighieri's epic poem, "The Divine Comedy," "Inferno" begins with Langdon waking up in a hospital in Florence with no memory of how he got there or why he is being pursued by mysterious assailants. As he teams up with the enigmatic Sienna Brooks, Langdon discovers a trail of clues hidden in the works of art and literature scattered across the cities of Italy.

One of the strengths of "Inferno" lies in Brown's meticulous research and attention to detail, which brings to life the rich history and cultural heritage of the places visited by Langdon. From the majestic Duomo in Florence to the labyrinthine streets of Venice and the iconic landmarks of Istanbul, the novel immerses readers in a vividly depicted world filled with ancient mysteries and modern intrigue.

Moreover, Brown masterfully weaves together elements of art, literature, and science to craft a multi-layered plot that keeps readers guessing until the very end. As Langdon delves deeper into the puzzle, he uncovers shocking revelations about bioethics, overpopulation, and the ethics of genetic engineering, forcing both him and the reader to confront ethical dilemmas with far-reaching implications.

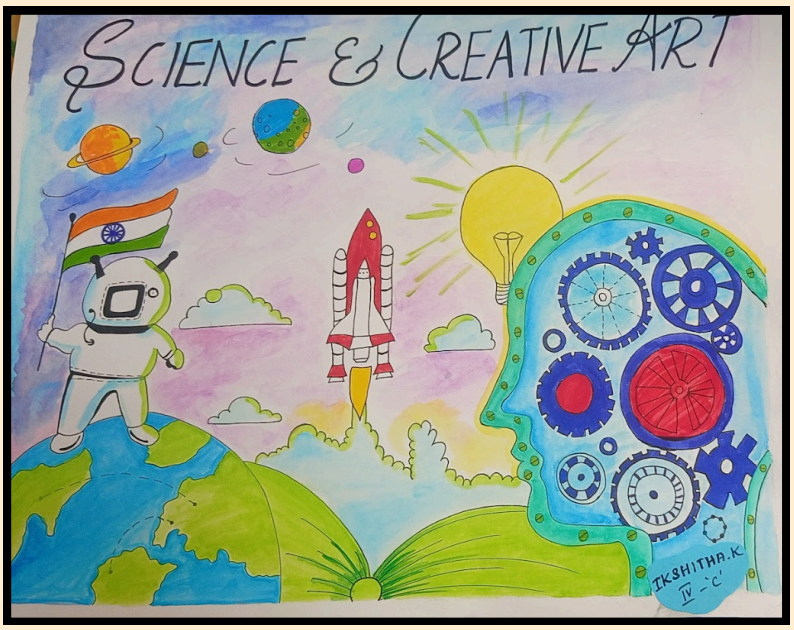
While "Inferno" delivers all the thrills and twists that fans of the Robert Langdon series have come to expect, it also delves into deeper philosophical and existential themes, exploring questions about the nature of humanity, the consequences of our actions, and the pursuit of redemption in the face of moral ambiguity.

However, some readers may find fault with the novel's pacing, as the relentless action and frequent plot twists can at times feel overwhelming. Additionally, the character development of Langdon and other central figures may be overshadowed by the intricacies of the plot, leaving readers longing for more depth and nuance in their motivations and relationships.

Overall, "Inferno" is a gripping and thought-provoking thriller that seamlessly blends history, art, and science into a compelling narrative. With its fast-paced plot, richly drawn settings, and provocative themes, the novel is sure to captivate readers and leave them eagerly anticipating the next adventure in the Robert Langdon series.



- Shabnam Naveen
Teacher



-Ikshitha .K(4C)

ಕನ್ನಡ ಜೋಕ್ಸ್



ಜ್ಯೋತಿಷಿ : ನಿನ್ನ ಹೆಸರು ಗವಿಯಪ್ಪ ,ನಿನಗೆ 54 ವರ್ಷ
ಗವಿಯಪ್ಪ : ಹೌದು ಸ್ವಾಮಿ ,ಕರೆಕ್ಟು
ಜ್ಯೋತಿಷಿ : ಜಲಜ ನಿನ್ನ ಹೆಂಡತಿ
ಗವಿಯಪ್ಪ :ಹೌದು ಬುದ್ದಿ
ಜ್ಯೋತಿಷಿ: ನಿನಗೆ ೨ ಗಂಡು ೧ ಹೆಣ್ಣು ಒಟ್ಟು ೩ ಮಕ್ಕಳು
ಗವಿಯಪ್ಪ : ಕರೆಕ್ಟು ಬುದ್ದಿ
ಜ್ಯೋತಿಷಿ : ನಿನ್ನ ತಾಯಿ ನಿನ್ನ ಜೊತೆಯಲ್ಲಿದ್ದಾರೆ
ಗವಿಯಪ್ಪ : ಸತ್ಯವನ್ನೇ ಹೇಳಿದಿರಿ ಸ್ವಾಮಿ
ಜ್ಯೋತಿಷಿ :ನೆನ್ನೆ ನೀನು ೧೫ ಕೆ. ಜಿ ಅಕ್ಕಿ ,೩ ಕೆ. ಜಿ ಸಕ್ಕರೆ ತಂದಿದ್ದೀಯಲ್ಲವೇ
ಗವಿಯಪ್ಪ : ದಿಟ ಸ್ವಾಮಿ, ಆಶ್ಚರ್ಯ ಗುರುಗಳೇ.. ಎಲ್ಲಾ ಹೇಳಿಬಿಟ್ಟರಲ್ಲ
ಜ್ಯೋತಿಷಿ : ಹುಚ್ಚ ಜ್ಯೋತಿಷಿಗಳ ಹತ್ತಿರ ಬರುವಾಗ ಜಾತಕ ತರಬೇಕು . ರೇಷನ್ ಕಾರ್ಡ್ ಅಲ್ಲ

ಬ್ಯಾಂಕ್ ಮ್ಯಾನೇಜರ್



ಗುಂಡ ಬ್ಯಾಂಕಿಗೆ ಹೋದ ಆ ಮ್ಯಾನೇಜರ್ ಗೆ ಯಾವಾಗಲೂ ಜನರಲ್ಲಾಲೆಡ್ಜ ಪ್ರಶ್ನೆ ಕೇಳುವ ಚಟ ಮ್ಯಾನೇಜರ್ ಕೇಳಿದ ಸೈಕ್ಲೋನ್ ಎಂದರೇನು ?ಅದಕ್ಕೆ ಗುಂಡ ಸೈಕಲ್ ಖರೀದಿಸುವುದಕ್ಕೆ ಕೊಡುವ ಸಾಲವೆ ಸೈಕ್ಲೋನ್ ಎಂದ ನಾಲೆಡ್ಜ ಪ್ರಶ್ನೆ ಕೇಳಲೆ ಇಲ್ಲ

ಸೊಸೆ ಮತ್ತು ಅತ್ತೆ

ಸೊಸೆ ಬುಕ್ ನೋಡಿ ಅಡುಗೆ ಮಾಡುತ್ತಿದ್ದಳು (ಆಗ ಅತ್ತೆ ಬಂದಳು)
ಅತ್ತೆ : ಏನಮ್ಮ ಚಪಾತಿ ಹಿಟ್ಟಿನ ಮೇಲೆ ದೇವರ ಘಂಟೆ ಯಾಕೆ ಇಟ್ಟಿದ್ದೀಯಾ ?
ಸೊಸೆ : ಬುಕ್ ನಲ್ಲಿ ಕೊಟ್ಟಿದ್ದಾರೆ ಹಿಟ್ಟು ಕಲಸಿ ೧ ಘಂಟೆ ಇಡಿ ಅಂತ ಬರೆದಿತ್ತು ಅದಕ್ಕೆ ಇಟ್ಟಿದ್ದೇನೆ .

-ಕುಮಾರ ಪವನ್ (5)



Pruthvi



Rishita Saikia(2C)

ಶ್ರಾವಣದ ಸೊಬಗು

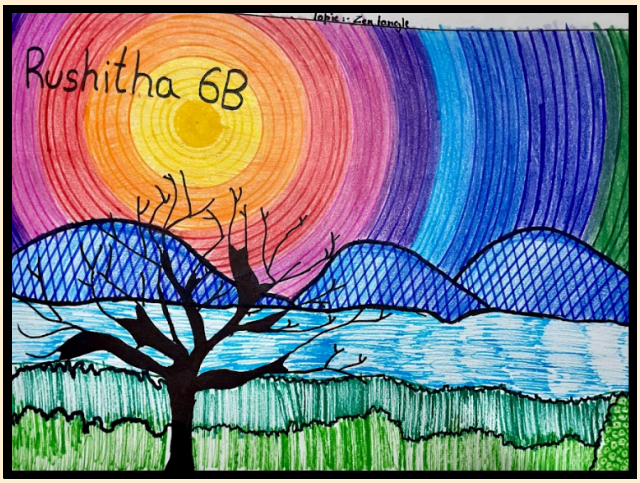
ಶುಭ ನಕ್ಷತ್ರಗಳ ಮಧುರ ಸಮ್ಮೇಳನ
ಇಳೆಯೊಳು ಶ್ರಾವಣಕೆ ಆಮಂತ್ರಣ
ಹರುಷದ ಹೊಳೆಯ ಸುಗ್ಗಿಯ ಆಗಮನ
ಭೂದಳದಿ ಪ್ರಕೃತಿ ಪುರುಷನ ಸಮ್ಮಿಲನ

ಭೂರಮೆಯು ನಾಚಿ ನೀರಾಗಿಹಳು
ಮಂಗಳ ಜಲದಿ ಮಿಂದೆದಿಹಳು
ಶ್ರಾವಣ ಸೊಬಗೊಳು ಮೈದಳೆದಿಹಳು
ಹಸಿರುಟ್ಟು ಶೃಂಗಾರಗೊಂಡಿಹಳು

ಮಿಂಚಿನೊಳು ಧರೆಗಿಳಿದ ಶ್ರಾವಣ
ಮನೆಮನಗಳಲ್ಲಿ ಹಬ್ಬಗಳ ತೋರಣ
ಕರಣಾಮೃತ ಸ್ತೋತ್ರಗಳ ಪಠಣ
ಸಂಸ್ಕೃತಿ ಸಮನ್ವಯಗಳ ಹೂರಣ

ಮಧುಮಾಸಗಳೊಡೆಯ ತೆರೇರಿ ಬಂದಿಹನು
ಸುಖ ಸಮೃದ್ಧಿಯ ಸೋಬಾನೆ ಹಾಡಿಹನು
ಸಂತಸದ ಹೊನಲನ್ನು ಧರೆಗೆ ಚೆಲ್ಲಿಹನು
ತುಂತುರು ಹೂನಗೆಯ ಶ್ರಾವಣ ಬೀರಿಹನು

ರಚನೆ - ಶ್ರೀಮತಿ ಆಶಾ ಮುನಿರಾಜ್ ಎನ್
ಕನ್ನಡ ಶಿಕ್ಷಕಿ



-Rushitha (6B)

The road less traveled by_ A Memoir of Choosing Literature and Arts Over Science and Medicine.

As I sit down to reflect on my journey, I am reminded of the poignant words from the film 'Dead Poets Society' that have echoed in my mind since the very beginning: "Medicine, law, business, engineering, these are noble pursuits and necessary to sustain life. But poetry, beauty, romance, love: these are what we stay alive for." These words encapsulate the essence of my decision to pursue literature and arts over the more conventional paths laid out for me.

My story begins with the weight of expectations resting squarely on my shoulders. In my high school days, I was a consistent student, scoring well above 85% in my 10th-grade board exams. Naturally, my father, like many others in our society, saw this as a sign that I should pursue a career in medicine. The dream of becoming a doctor was not mine, but rather a projection of my father's aspirations onto me. I was cajoled into joining a renowned coaching center for cracking entrance tests. However, it soon became apparent to me that science subjects were not my forte. I struggled to keep up with the rigorous curriculum both in school and at the coaching center. Each low score felt like a blow to my self-confidence, and the fear of disappointing my father and my entire family loomed over me like a dark cloud. Amidst this turmoil, a glimmer of hope emerged in the form of a compassionate biology teacher at the coaching center. One day, he stumbled upon a poem I had written and took the time to read it.

Instead of dismissing it as a distraction from my studies, he encouraged me to explore my passion for literature and arts. In that moment, he normalized the outrageous thought that I could choose a different path, one that resonated with my true self. But breaking away from the mold was not easy, especially in a family that held traditional beliefs about success and prestige. It took time and countless conversations to convince them that my heart was set on studying literature. Finally, they relented, albeit reluctantly, allowing me to pursue my dreams.

I poured my heart and soul into the preparation for the entrance exams of my dream university, determined to prove that my choice was not a mistake. And when the results were announced, I was overjoyed to discover that I had secured a good enough rank that would get me into the Arts program of the college.

It was a validation of my belief that I could carve out my own path, despite the doubts and uncertainties that had plagued me along the way. Fast forward seven years and three degrees later, and here I am, standing at the precipice of a new chapter in my life. I have chosen to become a teacher myself, not just to impart knowledge but also to guide students towards discovering their true passions. My journey has taught me that it's okay to veer off the beaten path, to follow the whispers of your heart even when the world is clamoring for conformity. It is a pleasure to witness a part of me in some students who excel in their way with words.

I look at them and hope that I will be able to help them with anything that they need to realize the dream of pursuing literature as a career path.

As I look back on the twists and turns that have brought me to this point, I am filled with gratitude for the courage I mustered to pursue my dreams, and for the mentors who believed in me when I doubted myself. And if there's one lesson I hope to impart to my students, it's this: don't be afraid to choose the path less traveled, for it may lead you to the most extraordinary destinations.

The words of Robert Frost would be the perfect conclusion to this essay as well as my journey,

“Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.”



-Pushpita
Teacher



Ishaan,Grade 7



-Dhatri (7B)



Lakshaya .R. (8C)





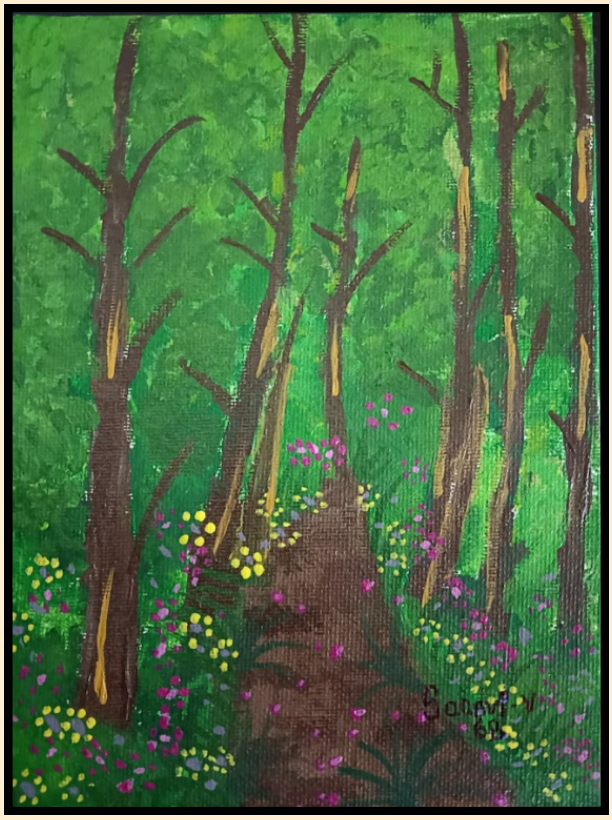
ಜಿಲೇಬಿ

ಶ್ರೀ ರಾಮಕೃಷ್ಣ ಪರಮಹಂಸರಿಗೆ ಅವರ ಶಿಷ್ಯ, ತನ್ನ ಗುರುವಿಗೆ ಪ್ರೀತಿಯಿಂದ ಊಣ ಬಡಿಸಿದನು.ಊಟದ ಕೊನೆಯಲ್ಲಿ ಪರಮಹಂಸರು ಹೊಟ್ಟೆಯಲ್ಲಿ ಒಂದೇ ಒಂದು ಸಾಸಿವೆ ಕಾಳಿಗೂ ಸ್ಥಳವಿಲ್ಲ ಮತ್ತೇನು ಬಡಿಸಬೇಡ ಎಂದರು.ಆಗ ಊಟ ಬಡಿಸುತ್ತಿದ್ದ ಶಿಷ್ಯ ಹೆಚ್ಚಿಗೆ ಹಾಕುವುದಿಲ್ಲ ಕೇವಲ ಒಂದೇ ಒಂದು ಜಿಲೇಬಿ ಹಾಕುತ್ತೇನೆ ಎಂದನು

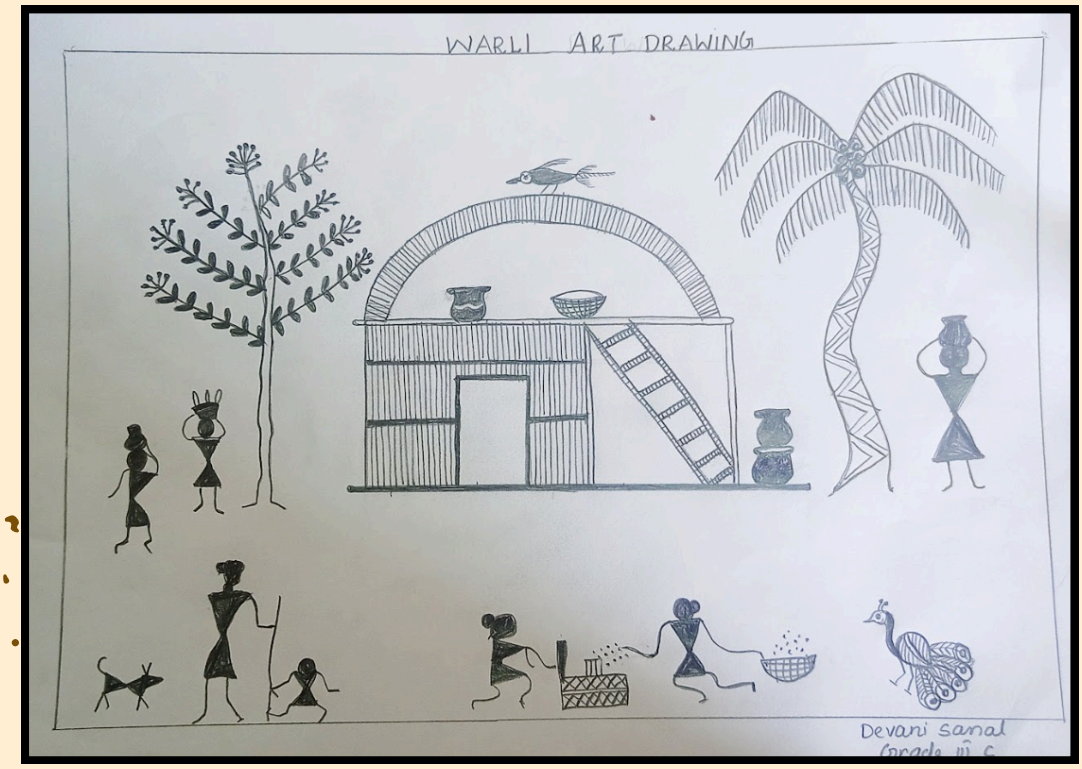
ಪರಮಹಂಸರಿಗೆ ಜಿಲೇಬಿ ಎಂದರೆ ಪ್ರಿಯವಾದದ್ದು ಜಿಲೆಬೀಯದರೆ ಒಂದು ಹಾಕಿ ಬಿಡು ಎಂದರು.

ಪರಮಹಂಸರ ಪಕ್ಕದಲ್ಲಿ ಕುಳಿತಿದ್ದ ವ್ಯಕ್ತಿ ಏನು ಸ್ವಾಮಿ ಸಾಸಿವೆ ಕಾಳಿಗೂ ಹೊಟ್ಟೆಯಲ್ಲಿ ಸ್ಥಳವಿಲ್ಲ ಎಂದವರು ಜಿಲೇಬಿ ಹಾಕಿಸಿಕೊಂಡಿರಲ್ಲ ಎಂದನು. ಆಗ ಪರಮಹಂಸರು ಏನಪ್ಪಾ ನೀನು ಕಲ್ಕತ್ತೆಯ ಬೀದಿಗಳಲ್ಲಿ ಜನಗಳ ದಟ್ಟನೆ ಇರುವುದನ್ನು ನೋಡಿದ್ದಿ ತಾನೆ ?ಆದರೆ ಅಂತಹ ಗದ್ದಲದಲ್ಲೂ ಗವರ್ನರ್ ಸಾಹೇಬರ ಗಾಡಿ ಬಂತೆಂದರೆ ಅದಕ್ಕೆ ಧಾರಾಳವಾಗಿ ಮಾರ್ಗ ಸಿಗುತ್ತದೆ . ಅದೇ ರೀತಿ ನಾನು ಈವರೆಗೆ ತಿಂದ ತಿನಿಸುಗಳಲ್ಲಿ ಜಿಲೆಬೀಯೆಂದರೆ ಗವರ್ನರ್ ಸಾಹೇಬರ ಗಾಡಿಯಿದ್ದಂತೆ ತಿಳಿಯಿತೆ ?ಎಂದರು .

- ಕುಮಾರಿ ಹಂಸಿನಿ (3)



Saanvi V(6B)



Devani Sanal (3C)



Lakshaya R (8C)

ಬುದ್ಧ - ಬೆಳಕಿನೊಡೆಯ

ಜಗವೆಲ್ಲ ಮಲಗಿರಲು ಎಚ್ಚರಗೊಂಡನೊಡೆಯ
ಕಾಣದ ದಾರಿಯಲ್ಲಿ ಹುಡುಕುತ್ತ ಕೊನೆಯ
ಅರಿಯುವುದಿಜಗ ಅವನ ಬೆಳಕಿನ ದಾರಿಯ
ಜ್ಞಾನದ ಜ್ಯೋತಿಯ ಪಸರಿಸಿದ ಪರಿಯ

ಲುಂಬಿನಿಗೆ ವೈಶಾಖದ ಹುಣ್ಣಿಮೆಯ ಬೆಳಕಾಗಿ ಬಂದನು
ಮಾನವೀಯತೆಯ ಸಾಕಾರ ಮೂರ್ತಿಯಾಗಿ ನಿಂತನು
ಭವ-ಭಾವಗಳ ಬಂಧನ ಕಳಚಿ ಏಕಾಂಗಿಯಾದನು
ಸರ್ವ ಸಂಪತ್ತನ್ನು ತೊರೆದು ಸರ್ವರ ಸರ್ವಸ್ವವಾದನು

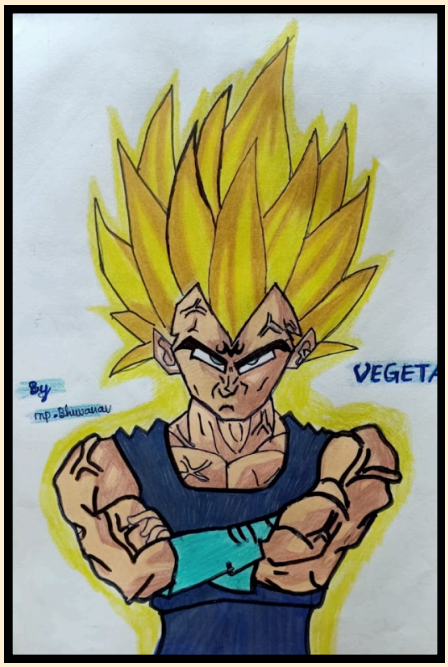
ಚತುರಾರ್ಯ ಸತ್ಯಗಳ ಸಂಸ್ಥಾಪಕನು
ಅಷ್ಟಾಂಗಿಕ ಮಾರ್ಗಗಳ ಪಥಸಂಚಾಲಕನು
ಗುರು ಸಿದ್ದ ಪುರುಷರರಸಿ ಮೆಚ್ಚಿದವನು
ದಿಗ್ನಿಕಾಯ ಪ್ರಕಾಶ ಪ್ರಜಾಪತಿ ಗೌತಮನು

ಪರರಿಗಾಗಿ ಮಿಡಿದವನು ಪರಮಾತ್ಮಾನಾದವನು
ಪರಪಂಚದ ಮಿಡಿತ ಅವನು ಬೆಳಕಿನೊಡೆಯನಾತನು
ಅವನ್ಯಾರೆಂದು ನೀ ಬಲ್ಲೆಯಾ ಅವನ ಸತ್ಯ ಅರಿತೆಯಾ
ಅವನಡೆದ ದಾರಿಯಲಿ ನಿನ್ನ ಹೆಜ್ಜೆ ಗುರುತು ಉಳಿಸೆಯಾ

✍️**ಶ್ರೀಮತಿ ಆಶಾ ಮುನಿರಾಜು. ಎನ್**
ಕನ್ನಡ ಶಿಕ್ಷಕಿ



B.Soujanya (5B)



MP Bhuvanav

Embracing Health and Wellness: A Holistic Approach to Flourishing

The adage "health is wealth" has taken on new dimensions in recent years as people increasingly recognize the invaluable link between financial well-being and physical health. In today's fast-paced world, the pursuit of health and wellness has become paramount. The concept of "The New Wealth" extends beyond monetary riches to include a holistic approach to well-being, with health emerging as a central pillar. With stress levels rising and lifestyle diseases becoming more prevalent, there's a growing awareness of the importance of nurturing both our physical and mental well-being. Health and wellness are not just about the absence of illness; they encompass a state of complete physical, mental, and social well-being. Adopting a holistic approach to health and wellness can lead to a fulfilling and vibrant life. The New Wealth places emphasis on proactive measures to enhance physical, mental, and emotional health. This involves cultivating healthy habits such as regular exercise, balanced nutrition, adequate sleep, and stress management. Additionally, prioritizing mental health through practices like mindfulness, therapy, and self-care has become increasingly important in navigating the complexities of modern life. Health, once viewed as a secondary concern, is now recognized as the foundation upon which all other forms of wealth are built. This paradigm shift reflects an understanding that without good health, financial success, career achievements, and personal fulfilment lose their lustre. In essence, health is not merely a component of wealth but rather its gateway.

Physical Health: Physical health forms the foundation of overall well-being. Regular exercise, nutritious diet, adequate sleep, and proper hydration are fundamental pillars of physical wellness. Engaging in physical activities not only strengthens the body but also boosts mood and reduces the risk of chronic diseases such as obesity, diabetes, and cardiovascular ailments. Embracing a balanced diet rich in fruits, vegetables, lean proteins, and whole grains provides the body with essential nutrients for optimal functioning. Prioritizing sleep hygiene ensures adequate rest, allowing the body to rejuvenate and repair itself. Hydration, often overlooked, is crucial for maintaining bodily functions and promoting overall health.

Mental Health: Just as important as physical health is mental well-being. In today's interconnected world, stress has become a common adversary. Chronic stress can take a toll on mental health, leading to anxiety, depression, and other psychological disorders. Practicing mindfulness, meditation, and stress-reduction techniques can help manage stress levels and promote mental resilience. Building strong social connections and seeking support from friends, family, or mental health professionals fosters emotional stability and enhances overall quality of life. Additionally, engaging in activities that bring joy and fulfillment, such as hobbies, creative pursuits, or spending time in nature, contributes to mental well-being.

Social Health: Human beings are inherently social creatures, and our social connections play a vital role in our well-being. Nurturing meaningful relationships with others promotes a sense of belonging, support, and purpose. Whether through spending time with loved ones, participating in community activities, or volunteering, social interactions enrich our lives and contribute to our overall happiness. Building a strong support network not only provides emotional support during challenging times but also enhances resilience and strengthens mental health.

Emotional Health: Emotional health involves recognizing, understanding, and effectively managing our emotions. It's essential to cultivate self-awareness and develop healthy coping mechanisms to navigate life's ups and downs. Practicing self-care, setting boundaries, and prioritizing activities that promote emotional balance are key components of emotional well-being. Honouring our feelings, whether positive or negative, without judgment allows for greater self-acceptance and inner peace.

This paradigm shift acknowledges that true prosperity goes beyond financial riches and emphasizes holistic well-being. Indeed, individuals who prioritize their health tend to enjoy greater energy, vitality, and resilience to navigate life's challenges. They also experience fewer healthcare expenses and enjoy a higher quality of life overall. Investing in health has become a cornerstone of personal development, with people dedicating resources to nutritious diets, regular exercise, mindfulness practices, and preventive healthcare. Moreover, the integration of technology and healthcare has empowered individuals to take a proactive approach to their well-being through tools such as wearable fitness trackers, telemedicine services, and health monitoring apps.

Embracing a holistic approach to health and wellness involves nurturing the interconnected aspects of our being—physical, mental, social, and emotional. By prioritizing regular exercise, nutritious eating, adequate sleep, and stress management techniques, we can enhance our physical health. Cultivating mindfulness, fostering strong social connections, and seeking support when needed contribute to our mental and emotional well-being. Ultimately, by integrating these practices into our daily lives, we can achieve a state of flourishing and lead lives filled with vitality, purpose, and joy.



-Susan Pati
Teacher

ಪ್ರಾಣದಾಯಿ ಜಲಸಂಪನ್ಮೂಲ



‘ನೀರನ್ನು ಮಿತವಾಗಿ ಬಳಸಿ ಜೀವ ಸಂಕುಲವನ್ನು ಉಳಿಸಿ’

ನಮ್ಮ ಜೀವಕ್ಕೆ ಬಹಳ ಪ್ರಮುಖವಾದುದು ನೀರು ಅಂದರೆ ಜಲ.
ನೀರಿಲ್ಲದೆ ಬದುಕಲು ಸಾಧ್ಯವಿಲ್ಲ . ನೀರು ಉಳಿಸಲು ಅನೇಕ ವಿಧಾನಗಳಿವೆ . ಕೈ -ಕಾಲು ಅಥವಾ ಮುಖ ತೊಳೆಯುವಾಗ ನಿರಂತರವಾಗಿ ಹರಿಸಲು ಬಿಡದೆ ಅನಗತ್ಯ ಸಮಯದಲ್ಲಿ ನಲ್ಲಿಯನ್ನು ನಿಲ್ಲಿಸಬೇಕು . ಹಲ್ಲನ್ನು ಉಜ್ಜುವಾಗ ,ಪಾತ್ರೆ ತೊಳೆಯುವಾಗ ,ಬಟ್ಟೆ ಒಗೆಯುವಾಗ ಆಗತ್ಯವಿರುವಷ್ಟು ನೀರು ಹಿಡಿದುಕೊಂಡು , ನಲ್ಲಿಯ ನೀರನ್ನು ನಿಲ್ಲಿಸಿ ಕೆಲಸವನ್ನು ಮಾಡಬೇಕು . ನಾವು ಸ್ನಾನ ಮಾಡುವಾಗ ಶವರ್ ಬದಲಿಗೆ ಬಕೇಟ್ ನೀರನ್ನು ಬಳಸಬೇಕು . ಅಕ್ಕಿ ತರಕಾರಿ ಮತ್ತು ಹಣ್ಣುಗಳನ್ನು ತೊಳೆದ ನೀರನ್ನು ಗಿಡಗಳಿಗೆ ನೀರುಣಿಸಲು ಬಳಸಬಹುದು
ನೀರು ಮಾನವನಿಗೆ ದೇವರು ಕೊಟ್ಟಿರುವ ಉಡುಗೊರೆ. ಭೂಮಿಯ ಮೇಲೆ ೭೧ % ನೀರು ಇದೆ . ಅದರಲ್ಲಿ ಜೀವಿಗಳ ಉಪಯೋಗಕ್ಕೆ ಯೋಗ್ಯವಾದಂತಹ ನೀರು ೨.೭% ಅದರಲ್ಲಿಯೇ ಪ್ರಪಂಚದ ಎಲ್ಲ ಜೀವರಾಶಿಗಳು ತಮ್ಮ ಆಗತ್ಯತೆಗಳನ್ನು ಪೂರೈಸಿಕೊಳ್ಳಬೇಕು .ಹಾಗಾಗಿ ನಾವು ಮಳೆ ನೀರು ಕೊಯ್ಲು ಮಾಡಬಹುದು ಅಂತರ್ಜಲದ ಮೂಲಕ ಸ್ವಲ್ಪ ಮಟ್ಟಿಗೆ ನೀರು ಶೇಖರಣೆ ಮಾಡಬಹುದು .

“ ನೀರು ಜೀವನ ಅದರ ಸಂರಕ್ಷಣೆ ಭವಿಷ್ಯ”
“ನೀರನ್ನು ಮಿತವಾಗಿ ಬಳಸಿ ,ಜೀವವನ್ನು ಉಳಿಸಿ”

- ಕುಮಾರಿ ಮನಸ್ವಿನಿ (5)

ಸಾಧನೆಯ ದಾರಿ



- ಪ್ರತಿಯೊಂದು ಹೆಜ್ಜೆ ಹೆಜ್ಜೆಯಲ್ಲೂ ಕಲ್ಲು ಮುಳ್ಳುಗಳಿರುತ್ತವೆ.
  ಆ ಕಲ್ಲು , ಮುಳ್ಳುಗಳ ದಾರಿಯನ್ನು ತೊರೆದು ಬರುವ ದಾರಿಯೇ ಸಾಧನೆಯ ದಾರಿ

- ಈ ಸಾಧನೆಯ ದಾರಿಯನ್ನು ಪಡೆಯಲು ಪಡುವ ಕಷ್ಟಗಳನ್ನು
  ಸವಿ ಜೇನಿನಂತೆ ಸವಿದಾಗಲೇ ಆ ಸಾಧನೆಯೇ ಒಂದು ಶಕ್ತಿದಾಯಕವಾಗಿರುತ್ತದೆ.

ಶ್ರೀಮತಿ ರೇಣುಕಾ ಶಿವರಾಜ್



MP Bhuvanav



Purab 3C

ಬೇಸಿಗೆ ರಜೆ

ಬೇಸಿಗೆ ರಜಾ ಬರಲು ನವ ಚೈತನ್ಯ ಮನದಲಿ
ಹರುಷ ತರುವ ಹೊಂಗನಸು ಎಲ್ಲರ ಕಣ್ಣೆದುರಲಿ
ಅರೆಗಳಿಗೆ ಹೆಚ್ಚು ನಿದ್ರಿಸಬಹುದೆಂಬ ನೆಮ್ಮದಿಯಲಿ
ಕುಟುಂಬದೊಂದಿಗೆ ಹಬ್ಬದೂಟ ತಿನ್ನುವ ಹಂಬಲದಲಿ

ಮುಂಜಾನೆಯ ಎಚ್ಚರಿಕೆಯ ಘಂಟೆಯ ನಾದವಿಲ್ಲ
ತರಹೇವಾರಿ ತಿಂಡಿಡಬ್ಬಿ ತುಂಬಬೇಕೆಂಬ ಚಿಂತೆಯಿಲ್ಲ
ಹಾಜರಾತಿಗಾಗಿ ಗುರಿ ತಲುಪುವ ಮ್ಯಾರಥಾನ್ ಇಲ್ಲ
ರಸ್ತೆಗಿಳಿಯಲು ಸಂಚಾರ ಸ್ತಂಭನದ ಜಿಗುಪ್ಸೆಯಿಲ್ಲ

ಇಲ್ಲಗಳು ಇಲ್ಲವೆಂಬ ಸಂತಸದ ಸಂಗತಿ ಎದುರಿಗಿದೆ
ನನ್ನೂರು ನನ್ನ ಬಾಲ್ಯ ನನ್ನ ಕೈ ಬೀಸಿ ಕರೆಯುತ್ತಿದೆ
ಸ್ನೇಹಿತರೊಡನೆ ಸಮಯ ಕಳೆಯುವ ಹಂಬಲವಿದೆ
ಬಿರುಬಿಸಿಲು ತಂಪೆರೆದ ಮಧುರಕ್ಷಣಮರುಕಳಿಸುತ್ತಿದೆ

ವರುಷಗಳಿಂದ ಧೂಳಂಟಿದ ಆಸಕ್ತಿ ಉಸಿರಾಡಲಿವೆ
ಹಸಿರಾದ ಸವಿನೆನಪ ಸುವರ್ಣಾಕ್ಷರದಲ್ಲಿ ಬರೆಯುವೆ
ಪ್ರತಿ ವರ್ಷದಂತೆ ಈ ವರುಷವೂ ತಪ್ಪದೆ ನೀ ಬರುವೆ
ಕಣ್ಮುಚ್ಚಿ ತೆರೆಯುವ ತೆರದಿ ಹೋಗದಿರೆಂದು ಬೇಡುವೆ



-Dhriti .A.(5C)



Amogh Makam
1C

ನಾ ಕಂಡ ಹಂಪಿ

ಕಲೆಗಳ ನಾಡು ಕವಿಗಳ ತವರು
ನಮ್ಮೆಯ ಹೆಮ್ಮೆಯ ಕರುನಾಡು
ಕರುನಾಡಿನ ಚಂದದ ಕರು
ನಲ್ಮೆಯ ಹಂಪೆಯ ಬೀಡು

ವಿದ್ಯಾರಣ್ಯರು ಆಶೀರ್ವದಿಸಿದ
ಹಕ್ಕಬುಕ್ಕರ ಕನಸಿನ ಮಾಣಿಕ್ಯವು
ತುಂಗ ಭದ್ರೆಯ ಮಡಿಲಲಿ ರಾರಾಜಿಸಿದ
ಕೃಷ್ಣದೇವರಾಯರ ಮಣಿಮುಕುಟವು

ಕಲ್ಲು ವೀಣೆಯಾಗಿ ತಾ ಮೀಟಿ
ಸರಿಗಮ ಹೊರ ಹೊಮ್ಮುವುದು
ವಾಸ್ತು ಶಿಲ್ಪದ ವೈಭವದ ದಾಟಿ
ಜಗಕೆ ಸಾರಿ ತಾ ಹೇಳುವುದು

ಗತವೈಭವ ಮೆರೆದ ಮುತ್ತಿನ ಊರು
ಸಾಹಿತ್ಯ ಕಲೆಗಳ ಅಂದದ ತೊಟ್ಟಿಲು
ಧರ್ಮ ಸಂಸ್ಕೃತಿಗಳ ಸಮ್ಮಿಳಿತದ ಬೇರು
ವಿಶ್ವ ಪರಂಪರೆ ತಾಣವಾಗಲಾಯಿತು ಮೆಟ್ಟಿಲು



✍️ಶ್ರೀಮತಿ ಆಶಾ ಮುನಿರಾಜು. ಎನ್
ಕನ್ನಡ ಶಿಕ್ಷಕಿ



Tanish 4C



Mridula 5C



N Likshith Rayal 3B



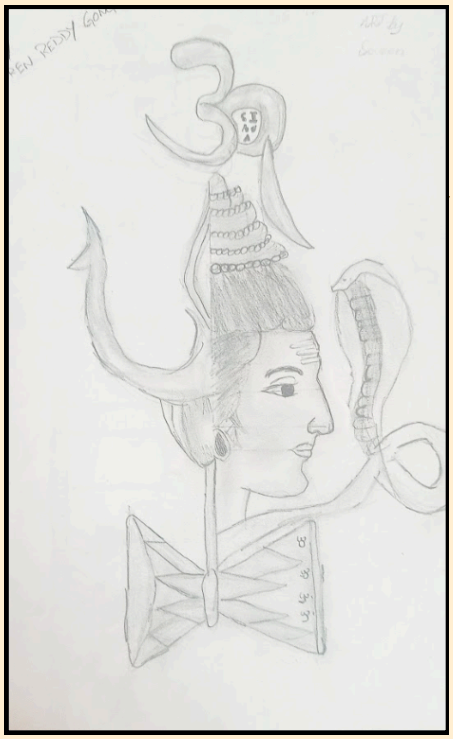
G.Varshika 6B



Pranathi Priya 1B



Adrith 2B



Sai Souren Reddy Gongati



Sai Souren Reddy Gongati

Diya Academy of Learning

Bringing Education and Values Together



SYNERGY

2023-24



Sources of Income



This theme by the Grade 1 students aimed to educate and enlighten visitors about different avenues through which income can be generated. At the entrance visitors were welcomed with vibrant displays. The students creatively introduced about the developments that have made in generating an income over the period of time.

- **Agriculture section**, students showcased the significance of farming and its contribution to the economy. Miniature models of farm and crops were on display.
- **Handloom section** highlighted the traditional art of weaving and its role in generating income. Students demonstrated the process of weaving, from spinning yarn to creating intricate patterns.
- **Influencers section**, students explored modern avenues of income generation through social media and digital platforms. They presented case studies of successful influencers and discussed the potential for leveraging online presence for financial gains. Interactive activities encouraged visitors to understand the power of influence in today's digital age.
- **Medical section** focused on healthcare professions as sources of income. Students dressed up as doctors from different eras, showcasing their roles and responsibilities.

The Bee Boat Currency Challenge engaged participants in a fun and educational activity, prompting them to identify currencies from around the world. Parents enjoyed the interactive nature of the challenge.





Click the link to view pictures

Evolution of Money





From the early days of bartering goods to the modern era of digital transactions, Grade 2 students delved into the captivating story of currency.

- **History and Evolution of Money**, was showcased on how people exchanged goods or services directly in the barter system, then discovery of the allure of metallic money, paper money, and the transition to fiat money, where trust became the backbone of currency was displayed.
- **Metal Coins: Unraveling the Currency Chronicles,** where the fascinating tales behind metal coins, including gold and silver, which glittered and shimmered through the ages, reflecting the prosperity of civilizations was uncovered.
- **British era's influence on currency**, the advent of ATM cards, debit cards, and credit cards, which revolutionized the way we manage transactions was also discussed. Recent denominations and the digital era, where electronic and virtual money redefine convenience and accessibility was also explored.

Moreover, parents engaged in puzzle games, where puzzles were solved to understand the value of these evolutions, fostering critical thinking and problem-solving skills in an interactive and enjoyable manner.

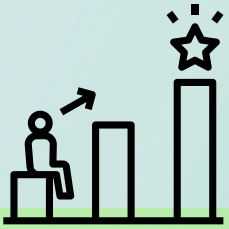




Click the link to view pictures



Setting Goals



The activities by Grade 3 students aimed to educate both students and parents about the importance of financial literacy and planning for a secure future.

- **Engaging activities** that were conducted to enhance understanding, practical knowledge and applications of financial concepts. These included a fun quiz on financial knowledge, setting short-term, mid-term, and long-term goals, budgeting exercises utilizing online tools, and a hands-on game of Needs and Expenses.
- **Fun quiz** to assess participants' financial knowledge, covering topics like budgeting, saving, and investing. Parents scanned a QR code to access the quiz on financial literacy.
- **Discussion on financial goals** using a spinning wheel to select goals. The activity aimed to help families understand the importance of setting achievable financial goals.
- **Budgeting exercise** using a Google Spreadsheet. Parents entered their income and expenses. Students also explained about online budgeting applications like YNAB, Honeydew, and Axio.
- **Game of needs and expenses** was played by parents. The game focused on real-life financial decisions, promoting financial responsibility and strategic planning in a fun and interactive manner.

One of the highlights of the event was the pledge taken by parents to manage their finances more effectively in the future and strive to become 'Super Savers'. The pledge emphasized commitments to saving a portion of their income, making mindful spending choices, and cultivating a savings habit for a more secure and prosperous life.



Click the link to view pictures



Home Business



The need for a home business can arise for various reasons, and individuals may choose this path for a range of personal and professional considerations and this was explored by grade 5 students.

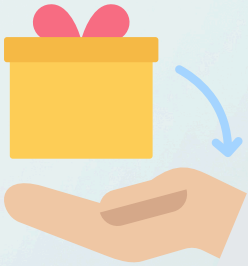
- **Types of Home based Business:**Participants explained the various types of home businesses that individuals can consider based on their skills, interests, and market demand.
- **Extraction of Groundnut oil** using cold pressed machine: Participants explained the extraction of groundnut oil using a cold press machine involves a mechanical pressing method that doesn't use external heat or chemicals. This process helps retain the natural flavours and nutrients present in the groundnuts.
- **Fixing the selling price:** Participants fixed the selling price by identifying all costs associated with the production of groundnut oil, including raw materials, labour, manufacturing, packaging, overhead, and distribution costs.
- **Labels:** Labels play a crucial role in product marketing and communication of any product was clearly explained by the participants through this activity. Participants explained the types of labels, and several reasons why labels are important for a product.
- **Marketing:** This Activity explained the 7 P's of marketing that helps businesses and marketers to consider various elements when developing and implementing a marketing strategy.





Click the link to view pictures

Needs and Wants

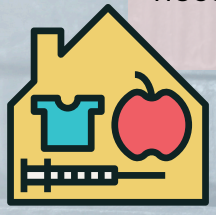




The 50/30/20 budgeting rule is a popular guideline for personal finance management. It suggests allocating 50% of income to needs, 30% to wants, and 20% to savings or debt repayment.

- **A 1,00,000 initial amount** were given to Participants and told to plan a monthly budget by the Grade 6 students. Participants were tasked with identifying and categorising their expenses into needs and wants based on the 50/30/20 rule. To make it interesting we kept some Ads and distractors and offers to make them buy more.
- **Collected data on their monthly expenses**. Prepared monthly Budget.They categorised each expense as a need or want according to the following criteria:
- **Needs:** Expenses essential for survival and maintaining a basic standard of living, including housing, utilities, groceries, transportation, healthcare, and minimum debt payments.
- **Wants:** Non-essential expenses that provide comfort, enjoyment, or luxury but are not necessary for survival, including dining out, entertainment, vacations, subscription services, and luxury items.
- **Calculated the percentage** of their income allocated to needs, wants, and savings/debt repayment to assess their adherence to the 50/30/20 rule.

Participants reflected on their spending patterns, identified areas for improvement, and set goals for adjusting their budget allocation if necessary.





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Role of RBI



Models/games were exhibited in Synergy by the Students of Grade 7.

- **Role of RBI in Printing Currency** - Students explained about the role of RBI in estimating the quantity of banknotes that are likely to be needed denomination-wise in a year and how RBI places indents with the various currency printing presses for supply of banknotes.
- **Role of RBI in controlling Inflation** - Students explained about the steps RBI takes to Keep Inflation under control. They displayed the inflation rate in India from 1947 to 2024 through a chart which was much appreciated by many parents.
- **Role of RBI in Foreign Exchange** - Students explained about the ways RBI fixes Value of Indian Currency through an Activity which showcased the Purchasing power Parity.
- **Money Puzzle Game** - Visitors were given irregularly cut pieces of Indian rupees and were challenged to assemble the parts to make the complete note within the given time frame.
- **Consumer Protection** - Students explained the rights of Consumer with the beautifully constructed model and demonstrated the operation of segregating Raw, Ripened and Rotten Fruits with the Lego model.
- **Quiz** - Visitors were challenged to answer a few questions based on this topic through the Electric Quiz board. Here they clubbed the science knowledge to make the quiz board. Keytags were given as take away.





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Natural Disasters



Students of Grade 9 elucidated the importance of understanding insurance policies, coverage, and claim procedures. Additionally, they provided valuable insights into assessing risks, selecting appropriate insurance plans, and building resilient financial portfolios.

- **Engaging workshops** were conducted to facilitate active learning and practical application of financial concepts. Participants actively participated in discussions, case studies, and simulations, enhancing their understanding of real-world scenarios and decision-making processes.
- **LEGO SIMULATION** activities, students simulated scenarios of natural disasters and explored the financial implications of such events. This experiential learning approach helped them grasp the practical significance of insurance and financial preparedness in safeguarding their assets and livelihoods.
- **Interactive question-and-answer sessions** provided participants with the opportunity to seek clarifications and deepen their understanding of complex financial concepts. Students actively engaged with industry experts,further enriching their learning experience.
- **Comprehensive resource materials**, online resources, were distributed among participants to serve as reference materials for ongoing learning and self-study.

Outcome and Impact: The financial literacy event held at Diya Academy of Learning yielded significant outcomes and left a lasting impact on the participants.



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Credit and Debit Card



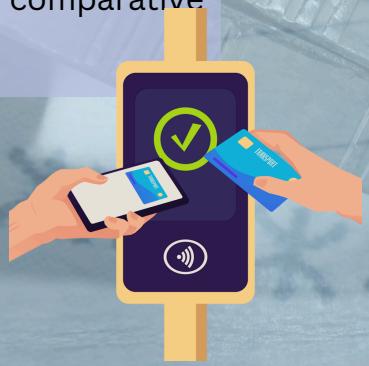


Grade 9 Students explained the importance the policies governing the credit and debit card functionalities across different banks in India. They provided valuable insights into the advantages of different credit and debit card types available to the customers.

- **Interactive games** to engage the guests which helped them understand the usage and features of the debit and credit cards that are provided to the customers from their respective banks.
- **Question-and-answer sessions** provided the guests with the opportunity to seek clarifications and deepen their understanding of the debit and credit card functionalities of different banks.
- **Interactive resources** such as power-point presentations, charts, 3D-video were used to highlight the credit and debit cards of different banks that are available for the customers to choose from.

The presentation was very neat and the students have been trained very well by the teachers. They were able to present the details and explained it all very clearly. It was a great experience to see them so involved." The students too had a lot to learn. They now understand how to use the credit and debit cards wisely and with full protection and also how not to fall into financial traps leading to further issues.

Most of the guests and students are now adept at choosing the best debit/credit card as per their requirement by making a comparative analysis as was explained to them during Synergy.



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Asset Management Company





Students of Grade 8 and 9 presented this concept and they were highly appreciated by the enormous amount of knowledge they showcased during their presentations.

- **Asset management** refers to the process of managing investments on behalf of individuals, institutions, or organizations to achieve specific financial objectives.
- It involves the **strategic management of various types of assets**, such as stocks, bonds, fixed deposits, recurring Deposits and Mutual funds. The primary goal of asset management is to optimize the performance of these assets while minimizing risks according to the investor& preferences and financial goals.
- Appreciating students who engage in discussions about financial topics like **fixed deposits, recurring deposits, investment portfolios, mutual funds and stocks** is a great way to encourage their interest in personal finance and investment.
- Students ability to **analyze different asset classes, assess risk, and discuss strategies for optimization** demonstrated a thorough grasp of the subject matter. Its evident that students put in considerable effort to familiarize themselves with this important aspect of finance, and their presentations were both informative and engaging.

Guests were particularly impressed by the clarity with which each of the student articulated key concepts and the depth of their understanding.



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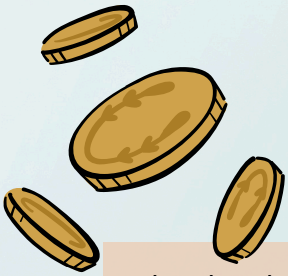
Bank of Diya



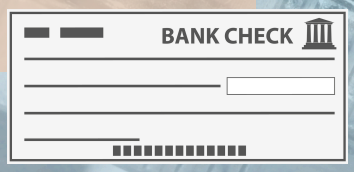


The bank's initiative to set up a role-play at our school exhibition underscores its commitment to promoting financial literacy among students.

- By providing **hands-on experience in banking operations**, the event aimed to empower students with practical knowledge about managing finances effectively.
- Through **interactive scenarios** meticulously crafted to mimic real-life banking procedures, students were not only able to grasp essential financial concepts but also develop critical skills in budgeting, saving, and investing.
- Moreover, by bringing **banking services directly into the school environment,** the initiative sought to bridge the gap between theoretical knowledge and practical application, thereby equipping students with the tools they need to navigate the complexities of the modern financial landscape.
- **Setup and Execution:**

The exhibition area was transformed into a mock bank branch, with teller windows, desks, and promotional materials. Students assumed roles such as tellers and managers, receiving training beforehand. Visitors participated in scenarios like opening accounts and applying for loans, through a game guided by the enthusiastic students. Students also talk about the history and future of banking.





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Super-Market



As a part of Synergy- Financial literacy, Grade 1-5 created a supermarket model. Goal of the supermarket was to give our guests and parents an experience of shopping at a supermarket and make them aware of pricing methods in the economy.

- The supermarket had **three sections ie. Jewellery, Home decor and Stationery.**
- The Specialty of the supermarket was that all the products of the supermarket were **handmade by students of Grade 1-5** with the guidance of teachers.
- Students engaged in marketing by explaining the **process of making and pricing the products** to our guests and parents.
- The products selected by the parents were billed at the billing counter and the **process of billing** also was explained. Additionally there was an activity counter where parents were given a chance to guess the price of products and win goodies.

Parents and guests were fascinated by the total supermarket experience. The whole idea of students making the products added a spark to the total experience. Also the billing format made by students was not less appreciated though.

"Diya Supermarket also had a noble cause wherein the virtual bills are compiled and the total amount is donated to charity. Even though no cash transactions were involved in the supermarket, many parents came forward to contribute to charity which shows the involvement of parents in school activities"



Click the link to view pictures

Lets Pledge

For a better tomorrow...

"I pledge to prioritize my financial well-being by making thoughtful decisions and cultivating responsible habits. I will strive to:

1. **Budget wisely, living within my means and avoiding unnecessary expenses.**
2. **Save diligently, setting aside a portion of my income for emergencies and future goals.**
3. **Invest prudently, seeking opportunities for long-term growth and diversification.**
4. **Educate myself about personal finance, continuously learning and adapting to changing circumstances.**
5. **Avoid debt traps, borrowing only when necessary and managing debt responsibly.**
6. **Plan for the future, including retirement, by setting clear goals and taking proactive steps to achieve them.**
7. **Practice moderation in spending, distinguishing between needs and wants.**
8. **Seek guidance when needed, consulting with financial advisors or trusted sources for advice.**
9. **Foster a healthy relationship with money, understanding its value and respecting its role in my life.**
10. **Lead by example, inspiring others to embrace financial wisdom and empowering them to take control of their financial futures.**

With this pledge, I commit to building a secure and prosperous future for myself and those around me."



Visitor's Reactions

Let's hear from them....

Every year Synergy is raising the bar of expectations. Good to experience

It was fabulous thanks a lot for hard working of students and teachers and other participants

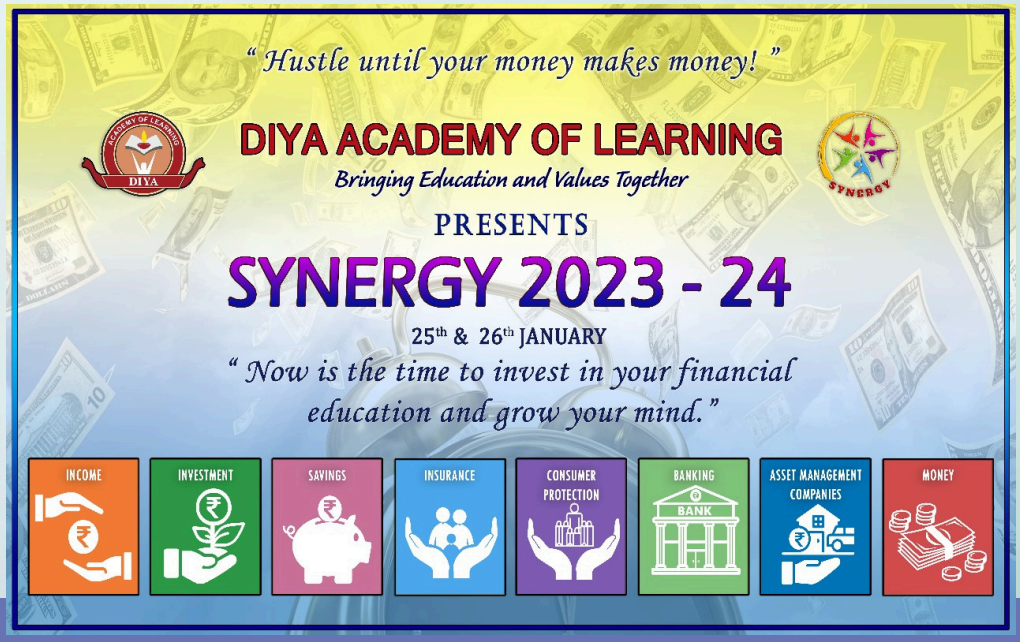
Concept and execution was top notch. Kudos to the planning team and the flawless performances of students!!

The presentation was very neat and the students have been trained very well by the teachers.

I am confident that with such poise school will reach new heights in the upcoming years!







The school's annual fest makes student more confident,creative, future ready and learners for life. It has also been a pleasure to have amongst us parents from pre-primary through grade 10, esteemed guests and also members of the management. Inspired, encouraged and motivated Diya Students cannot wait to return with zeal and a new theme for the upcoming events .



Diya Academy of Learning

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PP2 - COSMOS
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PP2 - LOTUS
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PP2 - TULIP
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PP3 DAFFODIL
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PP3 - JASMINE
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PP3 ZINNIA
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GRADE - 1 C
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GRADE - 2 A
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GRADE - 3 A
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GRADE - 4 A
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GRADE - 10 B
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GRADE - 10 C
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